

# PSHE Assessment Grid : Let's Talk About Me : Year 3



Let's Talk About Me																			
Group:		Year:		Term:															
PSHE																			
Lesson 1	Can children name some factors that contribute to a person's identity?																		
	Can children talk about and identify some factors that make up their own personal identity?																		
	Do children know to talk to someone if they don't feel good about themselves?																		
Lesson 2	Do children know and recognise the main emotions of happiness, sadness, anger and fear?																		
	Do children have a growing vocabulary of synonyms for each emotion?																		
	Do children understand that different synonyms for an emotion can convey a different intensity of feeling?																		
Lesson 3	Do children understand that emotions can cause physical sensations?																		
	Do children understand that emotions can affect our behaviour and actions?																		
	Can children identify how different emotions make them feel and act?																		
Lesson 4	Do children understand what is meant by the intensity of an emotion?																		
	Can children identify the intensity of an emotion they or others might feel in a given situation?																		
	Do children understand that sometimes feelings can become overwhelming?																		
Lesson 5	Do children know that intense emotions can sometimes lead to inappropriate/unhelpful responses?																		
	Can children talk about a range of different strategies that can help us manage our emotions?																		
	Can children identify a strategy that they would use to help them manage their feelings in a specific situation?																		