

Keeping Safe : PSHE : Decision Making & Risk : Year 1

| | Learning Objective | Overview | Assessment Questions | Resources |
|-----------------|---|---|--|---|
| Lesson 1 | To understand how rules keep us safe | In this lesson, children learn why rules are needed to make sure everyone is treated fairly and keep people safe. Beginning with their own classroom as a starting point, children identify other places where rules are needed. These include roads, beaches, swimming pools, building sites and railways. They explore what the consequences would be if rules did not exist in these places. They also explore why certain products and activities have age restrictions. | <ul style="list-style-type: none"> Can the children identify why rules are needed in various real-life situations? Can the children imagine the consequences of not having rules in real-life situations? Can the children articulate their ideas and opinions clearly? | <ul style="list-style-type: none"> Slides Tambourine / bells (for warm-up activity) What Would Happen If? Cards Drama Cards (FSD? activity only) |
| Lesson 2 | To understand how to stay safe at home | In this lesson, children look at photos of hazards around a house. They identify the hazards and explore why they present a danger. After sorting activities into those that are safe and those that are unsafe, children produce a poster to advise others how to stay safe around the home. Alternatively, your class might use an electrical safety website to deepen their knowledge of electrical safety round the home. | <ul style="list-style-type: none"> Can children identify hazards within the home? Do the children know how to use electrical appliances safely? Can the children explain what to do if they come across a hazard at home? | <ul style="list-style-type: none"> Slides A toy car (for the warm-up activity) Poster Sheets 2A/2B/2C Picture Cards Electrical Safety Sheet (FSD? activity only) |
| Lesson 3 | To understand how to stay safe outside the home | In this lesson, children build on their knowledge of staying safe at home to keeping safe outside of the home. They explore risks attached to real-life situations such as walking by a river and visiting a beach. Children then explore actions that could be taken to minimise these risks. The message of the lesson is that although many activities outside of the home involve elements of risk, as long as actions are taken to minimise these risks, these activities should be enjoyed and not avoided. | <ul style="list-style-type: none"> Can the children explain what a risk is? Can the children identify risks and ways to minimise risks in everyday situations? Can the children explain their ideas and opinions with clarity? | <ul style="list-style-type: none"> Slides What's the Risk? Cards Activity Cards (FSD? activity only) Safety Cards (FSD? activity only) |
| Lesson 4 | To understand how to cross the road safely | In this lesson, children are taught the steps needed to cross the road safely. They find out places where it is unsafe to cross the road. Children then make a poster which teaches others how to cross the road safely. Alternatively, you might take your class out on the playground to produce video clips of how to cross the road safely. | <ul style="list-style-type: none"> Can the children explain how to cross the road safely? Can the children identify locations where it is unsafe to cross the road? Can the children explain why it is unsafe to use a mobile phone or listen to music whilst crossing the road? | <ul style="list-style-type: none"> Slides Poster Sheets 4A/4B/4C Chalks, digital recording devices (FSD? activity only) |
| Lesson 5 | To understand how to stay safe online | In this lesson, children read a story about Sam who has been given a new tablet for his birthday. Throughout the story, Sam encounters problems when using the internet and children are tasked with helping him make the correct decisions. Children learn about what personal information is and the importance of keeping this private. They learn to ask for help if something happens online that makes them feel upset or uncomfortable. | <ul style="list-style-type: none"> Can the children explain what to do in various situations they might find themselves in when using the internet? Can the children identify what constitutes personal information and why this should not be shared online? Can the children recognise safe and unsafe actions when using the internet? | <ul style="list-style-type: none"> Slides Scenario Cards Online Safety Cards (FSD? activity only) Worksheet 5A (FSD? activity only) |

Keeping Safe : PSHE : Decision Making & Risk : Year 1



End of Primary Phase Objectives:

Relationships Education - Online relationships

- the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them

Relationships Education - Being Safe

- how to recognise and report feelings of being unsafe or feeling bad about any adult
- how to report concerns or abuse, and the vocabulary and confidence needed to do so

Health Education - Internet safety and harms

- that for most people the internet is an integral part of life and has many benefits.
- about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.
- how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.
- why social media, some computer games and online gaming, for example, are age restricted.
- that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.
- how to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted.
- where and how to report concerns and get support with issues online.

Vocabulary

Rules decisions, actions, choice, assess, identify, manage, safe, unsafe, harm, risk, protect, worried, uncomfortable, comfortable, report, tell, trusted adult responsible, , emergency, familiar, unfamiliar, environment, home, online, internet household appliance, household product, medicine, fire safety, road safety, fire drill, private, personal information, age restriction

Teacher notes