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Eat More Fruit and Vegetables							
Group: Year: Term:							
DT							
Lesson 1	Can children identify and describe familiar fruits and vegetables?						
	Can children gather data about the most popular fruits and vegetables?						
	Can children present data in a pictogram?						
Lesson 2	Can children identify different parts of fruits and vegetables, such as the skin, flesh and seeds?						
	Can children explore a range of fruits and vegetables using their different senses?						
	Can children draw, label and describe a variety of fruits and vegetables?						
Lesson 3	Can children identify ways of working safely with sharp objects such as knives and graters?						
	Can children identify ways of working hygienically with food?						
	Can children follow health and safety procedures when preparing food?						
Lesson 4	Do children understand that fruits and v <mark>eget</mark> ables are an <mark>impo</mark> rtant part of a healthy diet?						
	Can children design a salad or smoothie for a particular purpose?						
	Can children identify what ingredients and tools they will need to make their salad or smoothie?						
Lesson 5	Can children identify and follow rules for food safety and hygiene?			- 8			
	Can children follow a design to make a smoothie or salad?						
Les	Can children evaluate their finished products and say what they think and feel about them?						

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