

Buddhist Worship and Beliefs : RE : Year 5/6

| | Learning Objective | Overview | Assessment Questions | Resources |
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| Lesson 1 | To find out who Buddha was and why he is important to Buddhists today. | In this first lesson, children will begin to find out about the Buddhist religion. They will learn how Siddhartha Gautama achieved enlightenment and became the Buddha. They will then retell the story in a variety of different ways. | <ul style="list-style-type: none"> • Can children explain what Buddhism is and how/when it began? • Do children understand the story of how Prince Siddhartha became Buddha? • Do children recognise that Buddhists do not worship a god like most other world religions? | <ul style="list-style-type: none"> • Slides • Story Strips • Story Sheet • Worksheet 1A/1B • Challenge Cards |
| Lesson 2 | To find out about some of the core beliefs and teachings of Buddhism. | Children will learn about the Three Universal Truths and the Five Moral Precepts, both of which are core teachings of Buddhism. Children will be encouraged to discuss their own opinions of them. In their independent work children will explore these concepts in more detail, and define them in their own words. Alternatively, in groups children will generate their own list of morals to live by. | <ul style="list-style-type: none"> • Do children know what the Three Universal Truths are? • Do children know what the Five Moral Precepts are? • Can children discuss their own opinions about what is right and wrong? | <ul style="list-style-type: none"> • Slides • Worksheet 2A/2B/2C • Large sheets of paper (FSD? activity only) |
| Lesson 3 | To learn about the Four Noble Truths and the Eightfold Path. | Exploring the teachings of Buddha in greater depth, children will discuss, describe and explain the Four Noble Truths and the Eightfold Path in their own words. | <ul style="list-style-type: none"> • Do children understand what the Four Noble Truths are? • Do children know what the Eightfold Path is? • Can children use their own words to explain these Buddhist terms? | <ul style="list-style-type: none"> • Slides • The Eightfold Path Poster • The Four Noble Truths Cards • Dharma Wheel Sheet 1 & 2 • Worksheet 3A/3B • Worksheet 3C (FSD? activity only) |
| Lesson 4 | To find out about the Buddhist beliefs of karma and rebirth. | Children will learn that Buddhists believe in a continuous cycle of life, death and rebirth, which can only be broken by achieving enlightenment. They will find out what karma is, and how it can affect rebirth. | <ul style="list-style-type: none"> • Can children explain what karma is? • Can children explain what reincarnation is? • Can children offer their own opinions about these Buddhist beliefs? | <ul style="list-style-type: none"> • Slides • Worksheet 4A/4B/4C • Art materials (FSD? activity only) |
| Lesson 5 | To find out where and when Buddhists worship. | Children will find out what Buddhist places of worship are like, and how followers of Buddhism worship. They will learn about the most important Buddhist festival: Vesak, and how this is celebrated. Children will show what they have learned in their independent activities. In the FSD? activity, children will be challenged to create their own Buddharaipa. | <ul style="list-style-type: none"> • Do children know where Buddhists worship? • Can children know how Buddhists worship? • Can children explain what happens during Vesak celebrations? | <ul style="list-style-type: none"> • Slides • Picture Cards • Worksheet 5A/5B • Question Cards • Letter to a Buddhist • Art materials (FSD? activity only) • Access to internet (FSD? activity only, optional) |
| Lesson 6 | To investigate ways of worship and symbolism in Buddhism. | Children will learn about some of the activities, artefacts and symbols associated with Buddhist worship, and evaluate how they help Buddhists on their path to enlightenment. | <ul style="list-style-type: none"> • Can children explain some of the different ways in which Buddhists worship? • Do children know what some of the symbols associated with Buddhism represent? • Can children discuss the ways in which Buddhist worship is similar or different to worship in other religions? | <ul style="list-style-type: none"> • Slides • Eight Auspicious Symbols Sheet • Worksheet 6A/6B/6C • Meditation Guide Sheet (FSD? activity only) • End of Unit Quiz |