

Being Together : PSHE : Year 1

	Learning Objective	Overview	Assessment Questions	Resources
Lesson 1	To understand why we have rules.	In this lesson, children will learn why rules are needed to keep us safe, maintain order and make it fair for everyone. As a class, they will develop a set of classroom rules and will produce posters of these rules to display around the class.	<ul style="list-style-type: none"> Can the children give examples of where rules are needed in everyday life? Can the children explain why rules are important? Can the children remember what their classroom rules are? 	<ul style="list-style-type: none"> Slides Worksheet 1A/1B/1C
Lesson 2	To learn how to work and play cooperatively.	Images of various workers cooperating is used as a starting point to help children understand what is meant by 'cooperation'. Children sort those behaviours that are cooperative from those that are not. Then it's time to apply what they have learnt in some cooperative PE games or alternatively work in pairs to try and build the tallest tower!	<ul style="list-style-type: none"> Can the children explain what cooperation means? Can the children identify behaviours that help us cooperate with others? Can the children cooperate with others? 	<ul style="list-style-type: none"> Slides Tambourine / bells Cooperation Games Sheet (some activities require PE equipment) Tower Building Challenge Cards (FSD? activity only) Paper cups, plates, scrap paper, tape (FSD? activity only)
Lesson 3	To learn how to talk about and share our opinions.	In this lesson, children read a story to find out how to share their opinion positively. They then either look at various scenarios and offer advice to children struggling to cooperate or alternatively conduct surveys to find what is the most popular animal. At the end of the lesson, children see if they can sort the facts from the opinions.	<ul style="list-style-type: none"> Can the children explain the difference between a fact and an opinion? Can the children put forward their opinion positively? Can the children suggest how children could work together cooperatively? 	<ul style="list-style-type: none"> Slides Scenario Cards Survey Sheet 3A/3B (FSD? activity only)
Lesson 4	To learn how to be kind and how it affects others.	This lesson is all about the importance of being kind. They read <i>Room on the Broom</i> by Julia Donaldson and discuss who was being kind and unkind in the story and the effect on others. They then sort kind from unkind behaviours. Alternatively they help Professor Proton program his malfunctioning robot with kind behaviours!	<ul style="list-style-type: none"> Can the children explain how being kind affects others? Can the children explain how being unkind affects others? Can the children suggest how they would be kind in various scenarios? 	<ul style="list-style-type: none"> Slides Worksheet 4A/4B/4C Robot Sheet <i>Room on the Broom</i> by Julia Donaldson (not included)
Lesson 5	To learn how to treat ourselves and others with respect.	In this lesson, children explore what it means to be respectful. They learn how to be polite and correct impolite sentences. Alternatively they play a game of 'four in a row' in which they may take their turn if they pick a 'kind' behaviour card!	<ul style="list-style-type: none"> Can children explain what being respectful means? Can children sort respectful behaviours from disrespectful behaviours? Can children rephrase impolite sentences so they show good manners? 	<ul style="list-style-type: none"> Slides Respect Cards Manners Cards 5A/5B Manners Sheet Board Game Sheet and Scenario Cards (FSD? activity only)

Being Together : PSHE : Year 1

End of Primary Phase Objectives:

Relationships Education - Caring friendships

- the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties
- that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded

Relationships Education - Respectful relationships

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs
- practical steps they can take in a range of different contexts to improve or support respectful relationships
- the conventions of courtesy and manners
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority

Vocabulary

relationships peer, friend, friendship,, safe, unsafe, positive, negative, respect, politeness, manners, courtesy, rules, teamwork, co-operate, listen, share, take turns respect, rules, kind, unkind, empathy, manners, disagreement, conflict, tools, strategies, trust, trusted adult, ideas, feelings, lonely, worried, tell

Teacher notes

