

Being Kind to You and Me : ESR : Year 1/2

	Learning Objective	Overview	Assessment Questions	Resources
Lesson 1	To explore how kindness affects people around us.	In this first lesson the children will use the story 'Have You Filled a Bucket Today?' to help them sort kind and unkind actions and see the effects that these actions have on ourselves and others. They use the story to guide their discussions about a fictional character's bucket and what might happen to the bucket after different events throughout the character's day. They then practise their ideas but trying out a few kind words or actions on their classmates and discussing how it felt and how the other children might feel after their kind actions.	<ul style="list-style-type: none"> • Can children recognise a kind action? • Can children recognise an unkind action? • Are children able to think about how kindness affects themselves and others? 	<ul style="list-style-type: none"> • Slides • Have You Filled a Bucket Today?-Carol McCloud story • Paper cups • Marbles or similar • Henry's Bucket Cards • Worksheets 1A/1B • Star Template 1A • Picture Cards 1A • Discussion Cards 1A • Art materials (FSD? Activity only) • Name labels (FSD? Activity only)
Lesson 2	To recognise ways we can be kind to others.	Children put their ideas from the previous lesson into action as they become secret friends for one another and practise kind actions with people they might not normally be close to. They recall the kind actions discussed in the previous lesson and apply them to this new context.	<ul style="list-style-type: none"> • Can children name ways to be kind to their classmates? • Are children able to perform a kind action for someone else? • Are children able to explain how their actions make themselves and other people feel? 	<ul style="list-style-type: none"> • Slides • Names of class to be picked for secret friends • Kindness Certificate • Kind Action Cards • Worksheet 2A/2B • Wet-play games, word-searches etc (FSD? Activity only)
Lesson 3	To understand how we can be kind to other people in our community as well as our family and friends.	Children will shift the focus of being kind to others into their wider community. They will think about how they can be kind to people who may not be in their family and friends circle. They will discuss the differences in their actions for different people and why it is important to be kind to people, even those who aren't close to us. There is an opportunity to reflect on the rewards that we get from being kind and how these rewards might not be a physical thing, but the feeling of doing something good and getting a 'Thank you' for it.	<ul style="list-style-type: none"> • Do children understand that it is important to be kind to everyone? • Are children able to determine nice actions for different people? • Can children put their ideas into practice in their school community? 	<ul style="list-style-type: none"> • Slides • Person Cards 3A • Worksheet 3A/3B/3C • Action Cards 3A (FSD? Activity only)