

PSHE Assessment Grid : Being Healthy : Year 2



Being Healthy																				
Group: <input type="text"/>		Year: <input type="text"/>		Term: <input type="text"/>																
PSHE																				
Lesson 1	Can the children explain what being healthy means?																			
	Can the children explain some of the things people can do to stay healthy?																			
	Can the children differentiate between healthy and unhealthy activities?																			
Lesson 2	Can the children differentiate between healthy and unhealthy activities?																			
	Can the children recall what things we can do to stay healthy?																			
	Can children suggest how to make more healthy choices?																			
Lesson 3	Can the children explain why it is important to keep our teeth healthy?																			
	Can the children identify ways we can keep our teeth healthy?																			
	Can the children describe how to brush their teeth correctly?																			
Lesson 4	Can the children explain why people take medicines sometimes?																			
	Can the children explain how to store and use medicines safely?																			
	Can children explain how to stay safe in the sun?																			
Lesson 5	Can the children explain why exercise is important to the body?																			
	Can the children suggest how we can include more physical activity within our everyday lives?																			
	Can the children explain what happens to breathing rate and heart rate after we exercise?																			