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Asking for Help									
Group: Year: Term:									
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Lesson 1	Can children identify a scenario where they might need to ask for help?								
	Do children know who and how they can ask for help?								
	Do children understand that it is OK to ask for help?								
Lesson 2	Do children know that there are many different people who can help us and keep us safe?								
	Can children identify ways in which these people can help us or keep us safe?								
	Do children know the most appropriate person to go to for help in different situations?								
Lesson 3	Can children identify what is an emergency and what is not?								
	Do children know who can help them in an emergency?								
	Do children know how to make a 999 call?								
Lesson 4	Do children know what being 'online' means, and can they give examples?								
	Do children know how to keep safe online?								
	Do children know who to tell if they come across something online that makes them feel uncomfortable?								
esson 5	Do children know what worry can feel like?	1			- 8				
	Do children know that everyone experiences worry?								
Le	Do children know how to ask for help with their worries?								
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