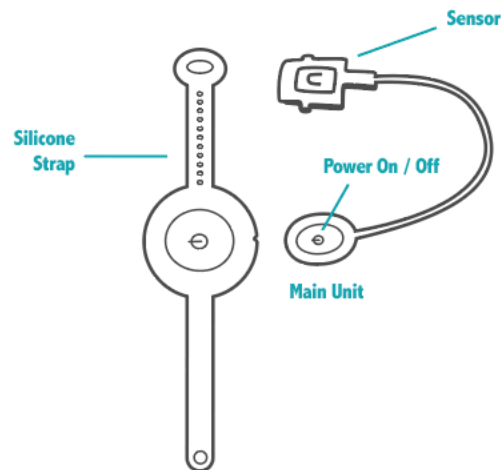
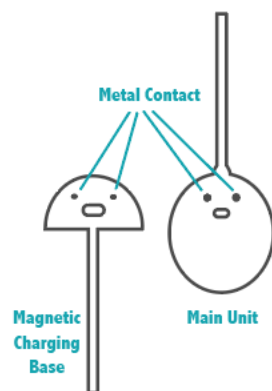


## A. Product Overview



## B. Initial Setup

1. Charge the main unit using the magnetic charging base with a 5V 1A AC adapter or computer USB port.



2. Remove the main unit from the silicone strap and place on the magnetic charging base by lining up the metal charging contacts. The charging base should magnetically snap on to the back of the main unit.

*\* Please charge before first use.*

*\* Device will be fully charged in about 2 hours.*


## C. Measure Oxygen Level and Pulse Rate

1. Press and hold the power button  to turn on the OxyKnight Watch Light. A red light will blink inside the finger sensor to indicate the OxyKnight Watch Light is ready for use.



## QUICKSTART GUIDE

### C. Measure Oxygen Level and Pulse Rate (Cont.)




2. Fully insert the index finger into the sensor, and then put the OxyKnight Watch Lite on your wrist. Adjust the silicone strap so the OxyKnight Watch Lite fits securely but comfortably on your wrist.
3. Now your OxyKnight Watch Lite should automatically start measurement. Connect with the OxyKnight Watch App to start recording and monitoring.
4. When measurement is completed, remove your finger from the sensor.
5. Press and hold the power button  to turn off the OxyKnight Watch Lite.

### D. Connect Mobile App

1. Download the OxyKnight Watch App from App Store or Google Play.
2. Follow the App on-screen instructions to connect device.



Scan QR code to download from App Store or Google Play. You can also search for "Oxyknight Watch".

 Telomed LLC  
5975 Shiloh Rd. Suite 114  
Alpharetta, GA 30005  
 1-800-864-5788  
 [info@telomed.us](mailto:info@telomed.us)

telomed  
[www.telomed.us](http://www.telomed.us)