

What does a  
newborn baby  
actually need?



BUNDEL

# Clothing

- x6 short-sleeved/long-sleeved onesies depending on the season
- x6 sleepsuits
- Socks
- 2 beanies
- 1 sunhat
- 3-4 soft bibs
- A gentle laundry detergent suitable for baby
- A chest of drawers or somewhere to keep baby's clothes
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**A note on sizing:** You will need a mix of 0000 and 000 sizes. My tip would be to definitely be prepared with a few 0000 suits but don't take the tags off or wash until you have your baby because you may not use them (hopefully you can return them or regift! If you have been told your baby is measuring small or you are at risk of delivering prematurely then pick up a few 00000 sized suits (so teeny!).

# Sleeping

## Must Haves:

- Bassinet or Moses Basket + mattress.
- x2 fitted bassinet size sheets
- x2 mattress protectors
- Bassinet blanket
- x5-6 Swaddles
- Cot + mattress
- x2 fitted cot size sheets
- Cot size blanket
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## Nice to Have:

- White noise machine
- Baby Monitor
- Blockout blinds
- Dummy
- Travel cot
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# On the Move

## Must Haves:

- Car seat OR car capsule
- Car view mirror
- Sunblinds for the car
- A pram
- Carrier
- Nappy bag
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## Nice to Have:

- Pram clips
- Portable waterproof change mat for your nappy bag
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# Hygiene

## Must Haves:

- Nappies (disposables or reusable cloth nappies).
- Wipes (disposables or reusable dry wipes).
- Nappy cream.
- Change table with change mat OR portable change mat
- Baby bath
- Terry towels (old fashioned cloth nappies) for burping/wiping up spills.
- 2 x hooded bath towels (hooded to keep the heat in!).
- 15-20 baby washcloths.
- Baby bath wash.
- Massage oil.
- Thermometer.
- Nail Clippers and file or a Haakaa nail file set
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## Nice to Have:

- Bath support
- Bath toys
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# Feeding

## Must Haves if breastfeeding:

- x3-4 maternity bras or singlets
- Clothing suitable for breastfeeding
- Nursing/breast pads
- Nipple cream
- Breast pump (electric or a Haakaa pump)
- Freezer bags for storing milk
- A bottle and a bottle brush (for expressed milk)

## Must Haves if bottle-feeding:

- 4-5 bottles
- Bottle brush
- Steriliser
- Bottle warmer
- Formula
- Formula storage (for when you are out and about)

## Nice to Have:

- Nursing chair
- Breastfeeding pillow
- Bottle drying rack