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## MORPHEUS8 PRE AND POST CARE GUIDE

## PRE-TREATMENT INSTRUCTIONS

- Advise the patient to avoid skin irritation or intentional skin tanning. Sunscreen is advisable when outdoors during daylight hours.
- The patient should discontinue any irritant topical agents for 2-3 days prior to treatment.
- The patient should arrive for treatment with clean skin. There should be no lotion, makeup, perfume, powder or bath/shower oil present on the skin in the area to be treated.
- The patient is prepared: photos, informed consent, marking of areas, etc.
- Cavicide wipes or similar product can be an alternative to Alcohol 70% to clean the Fractora tips and Handpiece before and after the procedure. The Fractora and Morpheus8 tip cannot be fully submerged in the liquid to avoid electrical shorts.

## **POST CARE INSTRUCTIONS**

- Immediately after treatment, most patients will experience erythema (redness) for 1-3
  days, however for more aggressive treatments this may last longer. Slight to moderate
  edema (swelling) and a mild to moderate sunburn sensation are also common post
  treatment and may last 1-3 days. Skin may crust and peel for 2-7 days depending on
  treatment settings.
- Before discharge a topical ointment may be applied to the face, no bandages or wraps are necessary.
- There are no restrictions on bathing except to treat the skin gently, avoid scrubbing or trauma to the treated area.
- Avoid sun exposure to reduce the chance of hyperpigmentation.
- The use of a zinc oxide sun block SPF 30+ at all times after 24-48 hours.
- Multiple treatments over a period of several months may be required to achieve the desired response.

We want you to have a safe and exceptional experience at BeautyFix!

However, if you experience discomfort 12 hours after the treatment, please call BeautyFix at (212) 366 4787 or email us at <a href="mailto:customercare@beautyfixmedspa.com">customercare@beautyfixmedspa.com</a>.