

USER INSTRUCTIONS

INDICAID™

Ovulation Rapid Test

REF P0172

Read all instructions carefully before performing the test. Failure to follow the instructions may result in inaccurate test results.


Performing Your Test

WHEN TO START TESTING

- Determine the length of your menstrual cycle before testing. The length of your menstrual cycle is the number of days from your first day of menstrual flow to the day before the next period begins.
- Use the table below to determine when you should start testing. (If menstruation is irregular, take the shortest one in the last three months)
- After calculating the start testing date, perform the test for consecutive 5 days, or until the LH surge has been detected. The content of this test kit (10 test strips) is sufficient for one month testing. If the test result is positive, it is recommended to perform multiple tests each day to find the best time for conception.

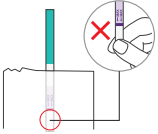
		Cycle Chart																			
Length of Your Cycle (days)		21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
The Day to Begin Testing (days)		6	6	7	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23

1 Collect urine in the sample container provided.



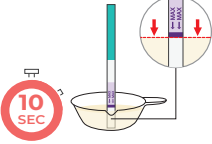
Do not use first morning urine. For the most accurate result possible, it is best to collect the urine at the same time every each day. **Water intake should be reduced** within 2 hours before urine collection to avoid impacting the testing result.

2 Remove the strip from the sealed pouch.



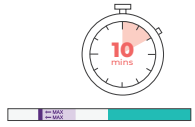
Do not touch the testing zone.

3 Immerse the strip into the urine with the arrow pointing towards the urine for 10 seconds.



Do not allow the urine level to exceed the MAX line, otherwise the test will not perform correctly.

4 Take out the strip and place the strip on a clean and level surface, then start the timer. Read results in 10 minutes.



Do not read results after 20 minutes.

INTENDED USE

INDICAID™ Ovulation Rapid Test is an in vitro diagnostic test for the qualitative detection of the surge in luteinizing hormone (LH) in human urine samples. It is used as an aid in predicting ovulation time.

Luteinizing hormone (LH) in the urine of normal women will increase dramatically in the middle of the menstrual cycle. The LH increase triggers ovulation which is when the egg is released periodically from normal fertile women. Ovulation surge is likely to occur within 24-48 hours following a positive test. It is important to note that there may be no LH surge or ovulation during the cycle.

MATERIALS PROVIDED

- Test strip x 10
- Sample container x 10
- User instructions x 1

MATERIALS REQUIRED BUT NOT PROVIDED

- Timer

STORAGE AND STABILITY

- Store in a dry place at 2-30°C
- Do not freeze
- Keep away from direct sunlight

LIMITATIONS

- This kit is a qualitative test and cannot be used to determine the amount of LH in the test.
- This kit can only be used to test the level of LH in the urine. It cannot be used for the diagnosis and screening of ovulation, nor can it be used for the detection of other LH related to hormone secretion disorders.
- Failure to follow the instructions may result in inaccurate test results.

Example: If your cycle is normally 28 days, the Cycle Chart indicates testing should begin on day 11 and perform the test for consecutive 5 days. The following calendar shows how to determine day 11.

The first day of menstrual bleeding day (Day 1)
 The day to begin testing (Day 11)

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

WARNINGS AND PRECAUTIONS

- For in vitro diagnostic use only.
- Use only the contents provided in the test kit.
- Do not use test strip beyond its expiration date.
- Do not use if any of the test kit content or packaging is damaged or opened.
- Use once. Do not reuse.
- Keep out of the reach of children.
- Leave test strip sealed in its pouch until just before use. Once opened, the test strip should be used within 1 hour.
- Users should not make any medical decisions without first consulting a healthcare professional.

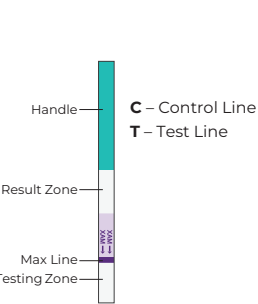
QUESTIONS AND ANSWERS

- The color of the control line (C) has a significant difference in two different tests. Does this affect the interpretation of the results?**
No, the difference in the color of the control line (C) does not affect the test results. You only need to compare the color of the control line (C) and the test line (T) on the same test strip to interpret the results.
- Do alcohol or common medications affect the test?**
No, but you should consult your doctor if you are taking any medication.
- How long should I continue to perform the test?**
At least 5 days or until the LH surge has been detected. The content of this test kit (10 test strips) is sufficient for one month testing. If the test result is positive, it is recommended to perform multiple tests each day to find the best time for conception.
- Once I see a positive result, when is the best time to have intercourse?**
Ovulation is likely to occur within 24-48 hours. This is your most fertile time. Sexual intercourse is advised within this time frame.
- I have received a positive result and had intercourse during these fertile days. I have not become pregnant. What shall I do?**
Many factors can affect your ability to become pregnant. Often you may need to use the test kit for 3-6 months. You and your partner should consult your doctor if pregnancy is not achieved after 3-6 months.
- Will the amount of liquid I drink affect the result?**
We suggest that you reduce your fluid intake for about two hours before you collect your urine. Heavy intake of fluids prior to testing will dilute the hormone in your urine.

Get help here
Please contact Customer Service at +852 3700 8888 or email to cs@indicaid.com

Interpreting Your Results

POSITIVE LH Surge



If **two color lines are visible**, and the test line (T) is **equal to or darker** than the control line (C), you will probably ovulate in the next 24-48 hours. You are most probably to conceive if sexual intercourse coincides during this period.

NEGATIVE No LH Surge

Only one colored line appears in the control line (C), or the colored line appears in the test line (T) but is **lighter** than the control line (C). It indicates that the LH surge has not appeared yet and daily tests need to be continued.

INVALID

No colored line appears in control line (C), even if there is a line appeared in the test line (T). Repeat with a new test strip.

TEST RESULT RECORD CHART

Record test results for future reference. Please fill in correct information to maintain accurate records.

No. of Test	Test Day	Test Time	Result	Remarks
Example	Day 1	15/9 AM 11:30	Positive/Negative	The T line did not appear
1 st Test	Day 1	AM PM	Positive/Negative	
2 nd Test	Day	AM PM	Positive/Negative	
3 rd Test	Day	AM PM	Positive/Negative	
4 th Test	Day	AM PM	Positive/Negative	
5 th Test	Day	AM PM	Positive/Negative	
6 th Test	Day	AM PM	Positive/Negative	
7 th Test	Day	AM PM	Positive/Negative	
8 th Test	Day	AM PM	Positive/Negative	
9 th Test	Day	AM PM	Positive/Negative	
10 th Test	Day	AM PM	Positive/Negative	

Record of changes in physical conditions such as **stomach ache**, **increased vaginal discharge** would serve as reference next time when consulting your doctor.

KEY TO SYMBOLS USED

- Do not reuse
- In vitro diagnostic medical device
- Contains sufficient for <n> tests
- Use by date
- Lot number
- Keep dry
- Consult instructions for use
- Keep away from sunlight
- Store at 2°C-30°C

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