Colorguard Sizing Guide

PRODUCTS

- 1. **Chest** Measure around the body at the fullest part of the chest, under the arms, and with the arms down and relaxed.
- 2. **Waist** Measure around the waist at the narrowest point (usually just below the belly button).
- 3. **Hips -** Measure around the hips at the widest point.
- 4. **Girth -** Measure from edge of left shoulder, down the front of the body, through the legs, up the back of the body, and to the edge of the right shoulder.

1. Chest 3. Hips 2. Waist

Female

Size	Bust	Waist	Hip	Girth
2XS	29	24	30.5	55.5
XS	31	26	32.5	57
SM	33	28	34.5	58.5
MD	36	31	37.5	60
LG	39	34	40.5	61.5
XL	42	38	43.5	63
2XL*	46	42	47.5	65
3XL*	50	46	51.5	66
4XL*	54	50	55.5	67
5XL*	58	54	59.5	67.5

Female

Short				
under 5'3"				
Tall				
over 5'9"				

Male

Size	Chest	Waist	Hip
2XS	33.5	29	33
XS	35.5	31	35
SM	37.5	33	37
MD	40.5	36	39
LG	43.5	39	42
XL	46.5	42	45
2XL*	50.5	46	48
3XL*	54.5	50	52
4XL*	58.5	54	56
5XL*	62.5	58	60

* 2XL- 5XL will incur additional charges

Male

Short				
under 5'6"				
Tall				
over 6'1"				