



POLALIGHT

ADVANCED TOOTH WHITENING SYSTEM

ENJOY A
BRIGHTER, MORE
CONFIDENT
SMILE IN 5 DAYS



EASY TO USE



FROM JUST
20 MINUTES
A DAY



PROFESSIONALLY
USED AND
RECOMMENDED



WHITER
TEETH IN
FIVE DAYS

PROFESSIONAL TOOTH WHITENING SYSTEM

Millions of people across 100 countries have trusted Pola to achieve a safer, quicker and whiter smile.

The Pola Light advanced tooth whitening system combines Pola's award winning whitening formula, with targeted LED technology. And all from the comfort of your home.

- Fast acting, delivering you whiter teeth in 5 days
- Formulated to safely remove long term stains
- Returns your smile to your whitest natural shade possible
- Extra hydration to minimise sensitivity
- Remineralization to strengthen your teeth
- Fully rechargeable LED light for your future tooth whitening treatments

DIRECTIONS FOR USE



- 1** Clean your teeth and record your tooth shade on the last page.



- 2** Attach the syringe tip provided to the syringe. Apply a small line of Pola gel evenly along the inner front of the top and bottom of your Pola LED mouthpiece.

Using the markings on the syringe as a guide, allow one fifth of the syringe (0.6g) per tooth whitening session on both top and bottom of the tray.



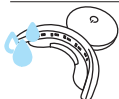
- 3** Fit the Pola LED mouthpiece to your mouth and bite down.
 - Press 'on' button twice for the **Blue** and **Red** LED light. LED light will activate for 10 minutes

Or the treatment time can be 15 minutes if there are no signs of sensitivity.

- Press 'on' button once for **Blue** LED light. LED light will activate for 15 minutes

When the LED light activation ends, your whitening session is complete. Repeat twice a day for 5 days.

For best results, we recommend completing the two applications one after the other.



- 4** After reaching your treatment duration, remove the mouthpiece and wipe away any excess gel/saliva with a dry tissue. Rinse the mouthpiece and wash it with lukewarm water. Do not submerge it in water.



- 5** Rinse mouth or brush teeth once whitening session is complete.

INSTRUCTIONS FOR USE

FOR PATIENTS AND DENTAL PROFESSIONALS

Pola Day 6% hydrogen peroxide Advanced tooth whitening system

Pola Day is a neutral pH take home tooth whitening solution. Pola Day is pleasantly flavoured, crystal clear with a unique blend of soothers, conditioners and a water content high enough to further reduce sensitivity.

INDICATIONS FOR USE:

- Whitening of discolored vital teeth.
- Whitening of discolored non-vital teeth.

STORAGE AND SHELF LIFE

- Store in a cool place and out of direct sunlight at temperatures between [2°-25°C / 35°-77°F].
- Do not use after expiration date.
- A warranty period of one (1) year is provided for the Pola LED mouthpiece. Please retain proof of purchase for you to claim the warranty.
- To charge the Pola Led mouthpiece : Once the LED light starts to flash, charge the Pola mouthpiece using the supplied USB charger cord. The light will continue to flash while charging and will stop flashing once fully charged.

FOR EFFECTIVE RESULTS

- Do not eat, drink or smoke during treatment.
- Do not smoke immediately after treatment - wait for at least two hours.
- Foods and drinks containing strong colors should be avoided for at least 48 hours after the treatment period or consumed in moderation.
- Use gel at room temperature.

PRECAUTIONS

- To be used under the supervision of a dentist.
- Keep out of reach of children and pets.
- Not to be used by pregnant or lactating women.
- Certain countries have age restrictions for whitening products where it is not to be used under a certain age. All European countries : under 18 years of age ;
New Zealand : under 16 years of age ;
- Patients with a history of chemical allergies are advised to carry out allergy testing by a specialist before using these products.
- Discontinue use if any unusual sensitivity or reactions occur and consult your dentist.
- Do not inject Pola Day into the body.
- CAUTION: FEDERAL LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A DENTIST. SDS available at www.sdi.com.au or contact your regional representative.

Note : Patients with sensitivity will require a day or two break between treatments. Shortening treatment time is also suggested.

FIRST AID

Eye (contact): Hold eyelids apart and flush with running water for at least 15 minutes. Seek medical advice if symptoms persist.

Skin (contact): Wash thoroughly with water and seek medical advice if symptoms persist.

Ingestion (large amount): If swallowed, do NOT induce vomiting. Rinse mouth. Drink plenty of milk or water and seek medical advice.

Inhalation: No symptoms expected.

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SDI | POLA
ADVANCED TOOTH WHITENING SYSTEM

SDI | YOUR SMILE. OUR VISION.

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Connect with us! Share your Pola Light moments!
We look forward to hearing from you.

INSTAGRAM
@pola_smile

FACEBOOK
Pola Smile

FOR MORE INFORMATION VISIT
polawhite.com.au



Got questions, please scan the QR code to see our frequently asked questions.

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