| Features | Benefits | SRC Pregnancy Leggings and Shorts | Pregnancy Support Belts | Elasticised Bandages / Tubing |
| :---: | :---: | :---: | :---: | :---: |
|  | Compression Level | Low | Varied DIY | Low |
| Gentle medical grade compression | Avoids muscle deactivation and allows for SRC Pregnancy garments to be worn day and night, delivering 24 hour wearability and pain relief. | $\checkmark$ | $\int X$ | $X$ |
| Anatomical Support Panels | Anatomically targeted panels deliver compression to address multiple conditions such as Lower Back Pain, Vulval Variscosities, Pelvic Instability and Pelvic Girdle Pain. | $\checkmark$ | $X$ | $X$ |
| Customised fabric design | Quality and longevity of the fabric means that it has superior ability to stretch and recover after wearing and washing. | $\checkmark$ | $\int x$ | $X$ |
| True Cross Compression | Multi-layered support panels provide consistent and anatomically targeted compression during movement. | $\checkmark$ | $X$ | $X$ |
| Special wicking fabric | Breathable, comfortable and dry. Moisture wicking fabric eliminates odour. | $\checkmark$ | $X$ | $X$ |
| Flatlock seams | Increased comfort. | $\checkmark$ | $X$ | $X$ |
| Easily adjustable elastic waistband | Allows perfect fit throughout your pregnancy. | $\checkmark$ | $\int X$ | $X$ |
| Patented product | You can be assured you are getting the perfect garment purposely designed for the needs of the expectant mother. | $\checkmark$ | $\int X$ | $X$ |
| Long lasting resilient high quality garment | Same great benefits for subsequent pregnancies. | $\checkmark$ | $\int X$ | $X$ |
| Multi-purpose garment | Ideal for exercise, work and everyday wear. | $\checkmark$ | $X$ | $X$ |
|  | Application | True Multi-function | Extra postural suppo Girdle Pain and Pelvic | ere symptoms of Pelvic y |


*This product is TGA listed

66 All my patients have reported positive results after making use of both the pregnancy and recovery shorts, commenting on their comfortable fit and ability to exercise freely in the garments while also being able to hide them discreetly under everyday clothing. 99 - Petra Koening, The Studio, Physio \& Pilates

