



## CRYSTAL HEALING

 <p><b>Tiger Eye:</b> "confidence stone" inspires brave but sensible behavior</p>	 <p><b>Quartz:</b> "most powerful" tool for therapy &amp; is used to channel energy</p>	 <p><b>Lapis Lazuli:</b> "friendship stone" celestial energy &amp; protection</p>	 <p><b>Prehnite:</b> "self care" discernment &amp; enhances visualization</p>	 <p><b>Obsidian:</b> "protection stone" grounding, protection, &amp; knowledge</p>
 <p><b>Red Tiger Eye:</b> "stimulating stone" support motivation and a more active sex drive</p>	 <p><b>Rose Quartz:</b> "love stone" emotional healing &amp; compassion</p>	 <p><b>Sodalite:</b> "truth stone" communication, self-expression &amp; truth</p>	 <p><b>Purple Fluorite:</b> "dream stone" defends from evil spirits &amp; bad dreams</p>	 <p><b>Turquoise:</b> "power stone" kindness &amp; protection heaven &amp; earth</p>
 <p><b>Aquamarine:</b> "courage stone" soothing, balance &amp; peace</p>	 <p><b>Citrine:</b> "success stone" brightness, positive energy &amp; good luck</p>	 <p><b>Amethyst:</b> "peace stone" Intuition, balance &amp; higher wisdom</p>	 <p><b>Emerald:</b> "growth stone" spiritual awareness, wisdom &amp; protection</p>	 <p><b>Dumortierite:</b> "patience stone" intuition, self-esteem &amp; antidepressant</p>
 <p><b>Agate:</b> "earth stone" gentle, nourishing &amp; strengthening</p>	 <p><b>Amazonite:</b> "harmonize stone" allows one to see another point of view</p>	 <p><b>Black Tourmaline:</b> "clearing stone" helps connect to the Earth &amp; protect</p>	 <p><b>Garnet:</b> "reality stone" helps turn visions into physical reality</p>	 <p><b>Hematite:</b> "healing stone" help clear away confusion</p>
 <p><b>Herkimer Diamond:</b> "vision stone" enhance dreams &amp; visions</p>	 <p><b>Howlite:</b> "live &amp; let live stone" encourages you to enjoy life &amp; de-stress</p>	 <p><b>Malachite:</b> "insight stone" release suppressed emotions</p>	 <p><b>Aventurine:</b> "balance stone" balance mind, body &amp; spirit</p>	 <p><b>Alexandrite:</b> "empowerment stone" reacts to change in wearer's health</p>
 <p><b>Obsidian:</b> "earth stone" clears aura of negative energy &amp; used to scry</p>	 <p><b>Moonstone:</b> "journey stone" assists inwardly in finding hidden truths</p>	 <p><b>Sodalite:</b> "third eye stone" awakener of the third eye &amp; prepares mind</p>	 <p><b>Carnelian:</b> "enhancement stone" enhances creativity &amp; sexuality</p>	 <p><b>Kyanite:</b> "psychic stone" moves energy gently through the body</p>
 <p><b>Onyx:</b> "goal stone" directs energy towards goals &amp; stay the course</p>	 <p><b>Jade:</b> "inspiring stone" inspires &amp; induces ambition of goals</p>	 <p><b>Fuchsite:</b> "memory stone" enhances memory, intellect &amp; concentration</p>	 <p><b>Morganite:</b> "heart stone" brings healing, compassion &amp; promise</p>	 <p><b>Peridot:</b> "compassion stone" restful sleep &amp; peaceful relationships</p>