

# medi footsupport Junior - Size Chart

| Length (mm) |          |             |           |
|-------------|----------|-------------|-----------|
| Foot        | Orthotic | UK Size     | EU Size   |
| 116         | 126      | <b>3</b>    | <b>19</b> |
| 123         | 133      | <b>3.5</b>  | <b>20</b> |
| 129         | 139      | <b>4</b>    | <b>21</b> |
| 136         | 146      | <b>5</b>    | <b>22</b> |
| 143         | 153      | <b>6</b>    | <b>23</b> |
| 149         | 159      | <b>7</b>    | <b>24</b> |
| 156         | 166      | <b>8</b>    | <b>25</b> |
| 163         | 173      | <b>8.5</b>  | <b>26</b> |
| 170         | 180      | <b>9</b>    | <b>27</b> |
| 176         | 186      | <b>10</b>   | <b>28</b> |
| 183         | 193      | <b>11</b>   | <b>29</b> |
| 190         | 200      | <b>11.5</b> | <b>30</b> |
| 196         | 206      | <b>12</b>   | <b>31</b> |
| 203         | 213      | <b>13</b>   | <b>32</b> |
| 210         | 220      | <b>1</b>    | <b>33</b> |
| 216         | 226      | <b>2</b>    | <b>34</b> |

Please measure your foot from the longest dimension to the heel.