

Components

- 1. Tiny bolt for crossbar with bolt cap-----2 sets
- 2. Short bolts with washer for post and connection 4 sets
- 3. Long for extension-----8 sets
- 4. Spring assisted pin+ dead locking bolt-----2 sets
- 5. Extra base support with tiny post support-----2 sets
- 6. Base post 2+ silver L pipe 2+ crossbar 1
- 7. Base 2+ extension 4+connection I

Steps

- 1. Check all the components and fittings.
- 2. Install posts to base(half tighten the bolts).
- 3. Connect connection and extra base+ post support in place (half tighten the bolts).
- 4. Fix crossbar to silver L pipe(dead tighten the bolt).
- 5. Insert silver L pipe to base pipe and assemble spring assisted pin+ dead locking bolt.
- 6. Pull the spring pin to adjust height (make sure adjust two posts together).
- 7. Loosen the silver bolt to slide post along base.
- 8. Deadlock all bolts and finish the installation.

WARNING

- Please keep the bar away from humid environment to prolong the life time.
- This equipment must be used with proper mats, spotting equipment, and qualified spotters for each activity or skill.
- Know your limitations and the limitations of your equipment. Consult a qualified instructor before attempting new activity or skill.
- Do not attempt to repair damaged or worn equipment or components yourself. Contact the manufacture to arrange for proper repair or replacement by a qualified professional.
- Test unit for stability prior to each use. Do not use it if you have any concerns about the stability, condition or suitability of this equipment.
- Inspect each component for damage, loose _fittings or signs of wear before each use. Do not use if you have any concerns as to the condition of this equipment.
- Use this equipment only for its intended purpose. Do not modify equipment in any way.
- Before each subsequent use, re-check stability and settings of this equipment.
- Remember that no equipment can eliminate the possibility of injuries.
- This equipment is to be used only by properly trained, qualified persons under supervised conditions. Use without proper supervision is dangerous and should never be undertaken nor permitted.
- Manufacturer shall not be liable or responsible for personal injury or property damages incurred through use of this equipment.