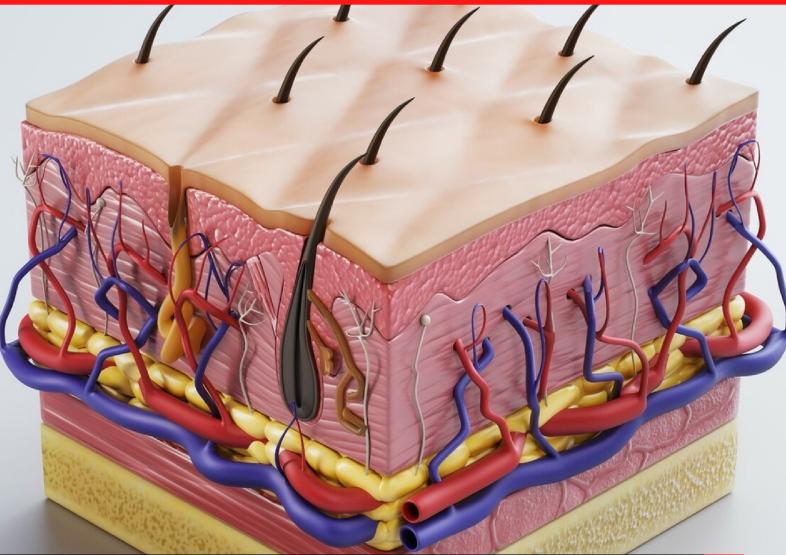
# PRACTICE EXAMS

ON CLINICAL

# DERMATOLOGY

#### MODEL ANSWERS INCLUDED





MCQ & SAQ QUESTIONS





#### A Message From Our Team

Revising for medical exams is stressful; believe us, we know from experience! Trying to balance depth of knowledge with breadth of knowledge is always the challenge. And as a student, it's often hard to know where the right balance is, and it's easy to go down unnecessary and time-consuming rabbit holes that won't help you in the exams. That's where the experienced team at MedStudentNotes comes in!

In this series of **PRACTICE EXAMS** we have used our medical experience to create a comprehensive set of quizzes that are tailored just right to help you to ACE your exams and maximize retention. We have created numerous mini-quizzes (both multi-choice and short-answer) on all the subtopics relating to this subject. That way you can do them at your own pace and correct the questions you get wrong there and then!

#### If you are new to us, here are a few things to help get the most out of these Practice Exams:

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**What's included:** A comprehensive set of university-level multiple-choice (MCQ) and short-answer (SAQ) exam questions covering everything to do with **Clinical Dermatology**. All answer keys are provided directly after each quiz so that you can revise and reassess as you go, helping you learn better and improve retention.

#### Quizzes in this booklet:

- SKIN STRUCTURE AND FUNCTIONS
- THE EPIDERMIS
- THE DERMIS
- THE HYPODERMIS
- AUXILIARY COMPONENTS OF SKIN
- SKIN INJURY & HEALING
- DERMATOLOGICAL TERMINOLOGY
- BENIGN CYSTIC SKIN LESION
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- PREMALIGNANT AND MALIGNANT SKIN CONDITIONS
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#### MCQ: Skin structure and functions:

- 1. Which of the following is not a function of the skin?
  - a. Protection
  - b. Sensation
  - c. Thermoregulation
  - d. Electrolyte balance
- 2. Which layer of the skin contains the blood vessels, lymphatic vessels, and hair follicles?
  - a. Epidermis
  - b. Dermis
  - c. Subcutaneous tissue
  - d. None of the above
- 3. The epidermis is primarily composed of which type of cells?
  - a. Fibroblasts
  - b. Keratinocytes
  - c. Melanocytes
  - d. Langerhans cells
- 4. Which sublayer of the epidermis contains actively dividing cells?
  - a. Stratum corneum
  - b. Stratum lucidum
  - c. Stratum granulosum
  - d. Stratum basale
- 5. The dermis is composed of two sublayers. What are they?
  - a. Papillary and reticular layers
  - b. Epidermal and subcutaneous layers
  - c. Stratum lucidum and stratum corneum
  - d. Melanocytes and fibroblasts
- 6. What is the function of the sweat glands in the skin?
  - a. To regulate body temperature
  - b. To produce melanin
  - c. To produce sebum
  - d. To provide sensation
- 7. The subcutaneous tissue is also known as:
  - a. The hypodermis
  - b. The papillary layer
  - c. The reticular layer
  - d. The stratum basale

- 8. What is the function of melanin in the skin?
  - a. To provide sensation
  - b. To regulate body temperature
  - c. To protect against UV radiation
  - d. To produce sweat
- 9. Which layer of the skin contains adipose tissue?
  - a. Epidermis
  - b. Dermis
  - c. Subcutaneous tissue
  - d. None of the above
- 10. Which of the following is a notable feature of the stratum lucidum?
  - a. It is only present in thick skin
  - b. It is the most superficial layer of the epidermis
  - c. It contains melanocytes
  - d. It contains sweat glands

### Answer key: 1. d 2. b 3. b 4. d 5. a 6. a 7. a 8. c 9. c 10. a

AQ: Skin structure and functions:		
1.	Describe the structure and function of the stratum corneum.	
2.	Name the two types of sweat glands and describe their primary functions.	
3.	What is the function of Langerhans cells in the skin?	
4.	Describe the composition and function of the subcutaneous tissue.	

5. What is the role of collagen and elastin fibers in the dermis?

#### Answer key:

- 1. The stratum corneum is the most superficial layer of the epidermis and is composed of several layers of flattened, dead keratinocytes. Its primary function is to provide a barrier against environmental stressors and prevent water loss from the body.
- The two types of sweat glands are eccrine glands and apocrine glands. Eccrine glands
  are located throughout the body and produce sweat that helps regulate body
  temperature. Apocrine glands are primarily located in the axillary and anogenital
  regions and produce a thicker, more odorous sweat that is associated with
  emotional sweating.
- 3. Langerhans cells are specialized immune cells that are located in the epidermis. Their primary function is to recognize and respond to foreign substances that come into contact with the skin.
- 4. The subcutaneous tissue, also known as the hypodermis, is composed of adipose tissue and connective tissue. Its primary function is to insulate the body and provide a cushion against mechanical stressors.
- 5. Collagen and elastin fibers are two types of fibers that are present in the dermis. Collagen fibers provide tensile strength and resistance to stretching, while elastin fibers provide elasticity and recoil. These fibers work together to provide support and structure to the skin.

#### MCQ: The epidermis:

- 1. Which layer of the epidermis is composed of dead keratinocytes?
  - a. Stratum corneum
  - b. Stratum lucidum
  - c. Stratum granulosum
  - d. Stratum basale
- 2. Which sublayer of the epidermis contains Langerhans cells?
  - a. Stratum corneum
  - b. Stratum lucidum
  - c. Stratum granulosum
  - d. Stratum spinosum
- 3. The stratum granulosum contains what type of granules?
  - a. Melanin granules
  - b. Langerhans cell granules
  - c. Keratohyalin granules
  - d. Collagen granules
- 4. What is the primary function of melanocytes in the epidermis?
  - a. To produce sweat
  - b. To regulate body temperature
  - c. To provide sensation
  - d. To produce melanin
- 5. Which layer of the epidermis is only present in thick skin?
  - a. Stratum basale
  - b. Stratum lucidum
  - c. Stratum corneum
  - d. Stratum spinosum
- 6. What is the primary function of keratinocytes in the epidermis?
  - a. To produce melanin
  - b. To provide sensation
  - c. To produce sebum
  - d. To produce keratin
- 7. Which sublayer of the epidermis contains desmosomes?
  - a. Stratum corneum
  - b. Stratum lucidum
  - c. Stratum granulosum
  - d. Stratum spinosum
- 8. Which of the following is not a notable feature of the stratum basale?
  - a. It contains melanocytes
  - b. It is the deepest layer of the epidermis
  - c. It contains actively dividing cells
  - d. It is composed of dead keratinocytes

- 9. What is the primary function of the stratum corneum?
  - a. To provide a barrier against environmental stressors
  - b. To produce melanin
  - c. To produce sweat
  - d. To provide sensation
- 10. Which sublayer of the epidermis contains the majority of the melanocytes?
  - a. Stratum corneum
  - b. Stratum lucidum
  - c. Stratum granulosum
  - d. Stratum basale

## Answer key: 1. a 2. d 3. c 4. d 5. b 6. d 7. d 8. d 9. a 10. d

1.	Describe the composition and function of melanin in the epidermis.
2.	What is the primary function of the stratum spinosum?
3.	How does the thickness of the epidermis vary between different regions of the body?
4.	Describe the role of desmosomes in the epidermis.
5.	What are the primary differences between the epidermis of thin skin and thick skin?

SAQ: The epidermis:

#### Answer key:

- 1. Melanin is a pigment produced by melanocytes in the stratum basale of the epidermis. Its primary function is to protect the skin from UV radiation by absorbing and scattering the radiation.
- 2. The primary function of the stratum spinosum is to provide support and structure to the epidermis. It contains desmosomes, which interlock with neighboring keratinocytes to provide tensile strength.
- 3. The thickness of the epidermis varies depending on the region of the body. For example, the epidermis is thickest on the palms of the hands and soles of the feet, and thinnest on the eyelids and genitals.
- 4. Desmosomes are specialized structures that are found between adjacent keratinocytes in the epidermis. They provide structural support and help to maintain the integrity of the epidermis.
- 5. Thin skin is composed of four layers of the epidermis, while thick skin is composed of five layers of the epidermis. The stratum lucidum is only present in thick skin. Thick skin also has a thicker stratum corneum and lacks hair follicles and sebaceous glands.

#### MCQ: The dermis:

- 1. The dermis is composed primarily of which type of tissue?
  - a. Epithelial tissue
  - b. Connective tissue
  - c. Muscle tissue
  - d. Nervous tissue
- 2. Which sublayer of the dermis is more superficial?
  - a. Papillary layer
  - b. Reticular layer
  - c. Subcutaneous layer
  - d. Epidermal layer
- 3. The dermal-epidermal junction is primarily composed of which type of junction?
  - a. Tight junctions
  - b. Desmosomes
  - c. Gap junctions
  - d. Hemidesmosomes
- 4. Which type of fiber provides tensile strength and resistance to stretching in the dermis?
  - a. Collagen fibers
  - b. Elastin fibers
  - c. Reticular fibers
  - d. Myosin fibers
- 5. What is the primary function of fibroblasts in the dermis?
  - a. To produce collagen and elastin fibers
  - b. To produce melanin
  - c. To produce sebum
  - d. To provide sensation
- 6. Which type of cell in the dermis is responsible for producing and secreting histamine?
  - a. Mast cells
  - b. Fibroblasts
  - c. Melanocytes
  - d. Langerhans cells
- 7. Which sublayer of the dermis contains the majority of the blood vessels and nerve endings?
  - a. Papillary layer
  - b. Reticular layer
  - c. Subcutaneous layer
  - d. Epidermal layer

- 8. What is the function of sebaceous glands in the dermis?
  - a. To produce sweat
  - b. To produce sebum
  - c. To regulate body temperature
  - d. To provide sensation
- 9. What is the primary function of the dermis?
  - a. To provide support and structure to the skin
  - b. To produce melanin
  - c. To regulate body temperature
  - d. To provide a barrier against environmental stressors
- 10. What is the function of the arrector pili muscle in the dermis?
  - a. To produce sweat
  - b. To produce sebum
  - c. To provide sensation
  - d. To erect the hair follicle

### Answer key: 1. b 2. a 3. d 4. a 5. a 6. a 7. a 8. b 9. a 10. d

1.	Describe the composition and function of the papillary layer of the dermis.
2.	What is the role of fibroblasts in the dermis, and how do they contribute to skin aging?
3.	Describe the process of wound healing in the dermis.
4.	What is the function of blood vessels in the dermis?
5.	How do sweat glands and sebaceous glands contribute to skin homeostasis?

SAQ: The dermis:

#### Answer key:

- 1. The papillary layer of the dermis is the more superficial of the two sublayers and is composed of loose connective tissue. It contains blood vessels and lymphatic vessels that supply nutrients and oxygen to the overlying epidermis. The papillary layer also contains nerve endings that provide sensation to the skin.
- 2. Fibroblasts are cells in the dermis that produce and secrete collagen and elastin fibers. These fibers provide support and structure to the skin. As we age, the activity of fibroblasts decreases, leading to a decrease in collagen and elastin production and a loss of skin elasticity.
- 3. Wound healing in the dermis involves several stages, including inflammation, proliferation, and remodeling. During the inflammation stage, blood vessels in the area dilate to bring immune cells and growth factors to the wound site. During the proliferation stage, new blood vessels form and new tissue, including collagen, is produced. During the remodeling stage, the wound site is reshaped and reorganized to form scar tissue.
- 4. Blood vessels in the dermis provide nutrients and oxygen to the skin cells and remove waste products. They also help to regulate body temperature by controlling blood flow to the skin.
- 5. Sweat glands and sebaceous glands contribute to skin homeostasis by producing and secreting sweat and sebum, respectively. Sweat helps to regulate body temperature and remove waste products, while sebum helps to moisturize the skin and protect it from environmental stressors.



#### **End of Sample**

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