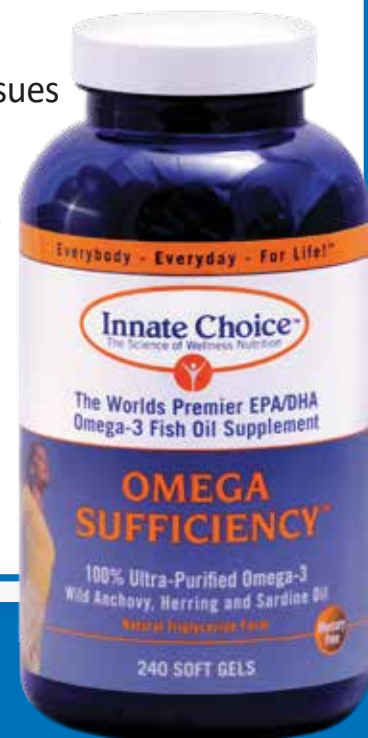




Essential Nutrients

Proven Benefits of Sufficiency of Omega-3 Fatty Acids

- Resolve Inflammation and Pain – less pain, stiffness, headaches
- Bone and Muscle Health – better bone density and strength, better muscle strength and function
- Brain and Nerve Health – better concentration, better moods, better sleep, better overall health
- Immune Function – fewer colds and flus, decreased autoimmune/allergy issues
- Digestive Health – less gut inflammation and digestive issues
- Heart Health – prevent cardiovascular disease, healthier blood lipid profiles, better heart function
- Significantly Reduced Risk of Cancer, Heart Disease, Depression, Irritable Bowel, Crohn's Disease, Autoimmune Issues, Arthritic Issues
- Significantly Improved Overall Health and Wellbeing



DIRECTIONS FOR USE

Omega-Sufficiency™ Fish Oil:

Amount per 18 kgs (40 lbs) of body weight: 2.5 ml (½ teaspoon) or 2 capsules

Adults: 2 teaspoons or 8 capsules per day.

Children: 2.5 ml (½ teaspoon), or 2 capsules per day for every 18 kgs (40 pounds) of body weight.

Liquid Oil must be refrigerated after opening. SHAKE WELL before each use. Capsules do not need to be refrigerated. Store away from direct sunlight.