



THE BLANC BRIDE *GUIDE*

WEDDING READY SKIN

Congratulations! Planning a wedding is an exciting time, yet with so many things to consider it can be a little stressful and overwhelming. You might still be unsure about your dress or catering, but one thing is for certain, you want to have clear, glowing bridal skin that you're proud to look back on.

When it comes to your skin, we know there are many treatments and options available and it can be confusing to know exactly what to do and where to start.

Our experience team of dermal therapists and cosmetic injectors have helped countless brides get close-up ready and we know what it takes to achieve your best skin yet.

Our regimes are designed to maximise results and deliver essential nutrients to your skin, resulting in a bridal glow that will stay with you long after you've said 'I do'!

Discover our favourite treatments to utilise in the lead up to your wedding day and view our Blanc Bride Packages to ensure your experience is simple and completely stress free!

CORRECTIVE PEELS

Peels are a wonderful way to reveal bright, baby-soft skin in a short space of time. They are perfect for people with sun-damage, acne, blemishes, ageing skin, uneven skin tone, pigmentation and superficial scars. Results are instantly visible and so satisfying to experience.

OMNILUX LED LIGHT THERAPY

With stress hormones running high, it's important that we continue to support the skin to prevent stress-induced inflammation and congestion from making an appearance at your wedding.

LED therapy is a non-invasive treatment that repairs and rejuvenates the skin using the power of light. Depending on the frequency used, this therapy triggers cell healing, encourages blood flow, oxygenates and detoxifies tissues, improves skin tone and stimulates the deeper layers of the skin for softening of fine lines.

SKIN NEEDLING

Skin Needling is a revolutionary treatment that triggers the skin to produce more collagen and elastin. You will notice your scars fade, wrinkles appear less pronounced and your skin become tighter and more lifted. You will observe your skin improve over the next 3-6 months as more collagen is produced.

NANO-FRACTIONAL SKIN RESURFACING

Using tiny pins to deliver heat through the skin's surface, we can stimulate healing, improve overall skin texture and reduce the signs of ageing in a comfortable session with little downtime. This treatment is effective in fading scars, smoothing wrinkles, reducing rosacea and so much more.

SKIN TIGHTENING

To lift and frame the face without invasive treatments, we recommend a relaxing Skin Tightening session. Using Multi-Polar Radio Frequency and Pulsed Electro Magnetic Fields, this therapy naturally boosts collagen, tightens the skin, improves radiance and reduces lines and wrinkles. It also helps to break down fat cells in the treatment area, which can give you a slimmer, contoured shape.

IPL SKIN REJUVENATION

Using Intensed Pulsed Light to target lines and wrinkles, sun damage, enlarged pores and visible veins, this treatment will address signs of ageing while evening out your skin tone, encouraging collagen production and improving skin laxity.

BIOLOGIQUE RECHERCHE FACIAL

The Biologique Recherche facial is a complete customized treatment using highly concentrated cold pressed boosters and products, to repair, replenish and restore skin health. Utilizing different massage techniques to lift, sculpt and support lymphatic drainage. The treatment includes face, neck and chest. You will walk out with sky high cheekbones, a defined jaw line and glowing skin.

DERMAPLANING

In the final days before your wedding it's time to put the final touches on this flawless canvas! Booking in for a dermaplaning session will gently remove dead skin cells and any 'peach fuzz' from your face (ideal for those close-up shots). The difference you'll notice is immediate, and will leave you with baby soft skin that will be the perfect base for your bridal makeup. Dermaplaning facial includes a light peel, oxygen therapy and peptide mask.

INJECTABLES



DERMAL FILLERS

Our Blanc Cosmetic Injectors are experts at delivering soft and natural enhancements with dermal filler ensuring that you still feel like 'you' on your wedding day. From jaw sculpting to profile balancing, lip enhancements and more, we will have you looking and feeling both refreshed and beautiful.

WRINKLE RELAXERS

The last thing we want is the stress of wedding planning to go straight to your face. We love recommending a subtle wrinkle relaxer regime that will give your skin a relaxed and smooth appearance, without restricting movement. The procedure takes minutes and there's no downtime. Results will stay with you for up to 3 months.

PLATELET RICH PLASMA (PRP)

Also known as the 'Vampire Facial', PRP treatment dramatically improves skin texture, dark circles, wrinkles and general 'dullness'. PRP utilises your own platelet-rich blood plasma to regenerate and repair tissue and stimulate collagen production. Once you try it, you'll understand why it's so popular with celebrities preparing for the red carpet.

FOR LONG LASTING RESULTS

While peels and clinical facials can work miracles, long-term results start with great skincare. You may be experiencing concerns such as hyperpigmentation, acne or dull texture, and these tissues take commitment to see results. This is why we recommend starting a good skincare regime as least six months before your wedding date, and please do not waste your dollars on drugstore skincare products!

Your wedding day skin deserves a clinical and professional-grade approach with highly effective skincare brands like The Secret Skincare, Biologique Recherche, Medik8, Cosmedix, Aspect and many more, which will give you the best possible foundation for more intensive treatments.



SKINCARE



Blanc Skin Bride Guide

BRIDAL *PACKAGES*

With a range of treatments to consider, we understand it can be overwhelming knowing which is most suitable for you. Visit the clinic for a Bride Skin Consultation where we will discuss a selection of Blanc Bridal Packages that are sure to have you feeling and looking your absolute best on your wedding day.

Simply sit back, relax and let us take care of you and your skin.

*All packages include a Bespoke Bride Skin Consultation with one of Blanc's experienced Dermal Therapists.

THE BRIDAL GLOW-UP PACKAGE \$699

This fuss-free package will give you fresh, glowing skin.

Example treatment plan:

1 x Corrective Peel

1 x Omnilux LED Light Therapy session

1 x Biologique Recherche Bespoke Facial (including Skin Instant Lab)

1 x Dermaplaning Facial (includes a light peel, oxygen therapy and a peptide mask)

10% Off Injectables (valid for 6 months only)

THE BRIDE TRANSFORMATION PACKAGE \$1899

Look your absolute best for your friends, family and photos with our Bride Transformation package.

Example treatment plan:

\$300 Skincare Pack

3 x Omnilux LED Light Therapy sessions

1 x Biologique Recherche Bespoke Facial (including Skin Instant Lab)

1 x Dermaplaning Facial (includes a light peel, oxygen therapy and a peptide mask)

1 x Complimentary Injectables Consult (optional)

10% Off Injectables (valid for 6 months only)

THE ULTIMATE BLANC BRIDE EXPERIENCE \$4000

This package includes everything you could want for a complete skin transformation. You will experience dramatic improvement in your complexion and will be feeling more beautiful and youthful than you could have imagined.

Booking this package will save you over \$400

Example treatment plan:

\$500 Skincare Pack

6 x Omnilux LED Light Therapy sessions

3x Tribella (includes 3x IPL, 3x Skin Tightening, 3x Nano-Fractional Resurfacing - full face)

1 x Biologique Recherche Bespoke Facial (including Skin Instant Lab)

1 x Dermaplaning Facial (includes a light peel, oxygen therapy and a peptide mask)

10% Off Injectables (valid for 6 months only)

BESPOKE PACKAGE

Got a specific budget in mind? Let us know and we will tailor a treatment plan to ensure you get the maximum value and results from your desired spend.

YOUR WEDDING GLOW STARTS HERE

Get in touch to book your Bespoke Bride Skin Consultation with one of our experienced Dermal Therapists.

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BOOK *YOUR CONSULTATION*