

**IRON BROTHERS® WHEY**

AMINOSÄUREPROFIL PRO 100G PROTEIN / AMINO ACID PROFILE PER 100G OF PROTEIN

**Apple Crumble**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.438mg	L-Alanine	4.866mg
L-Leucine (BCAA)	12.308mg	L-Arginine	2.958mg
L-Valine (BCAA)	5.057mg	L-Aspartic Acid	11.258mg
L-Histidine	2.099mg	L-Cysteine	2.672mg
L-Lysine	10.209mg	L-Glutamine	17.460mg
L-Methionine	2.290mg	L-Glycine	1.813mg
L-Phenylalanine	3.721mg	L-Proline	4.866mg
L-Threonine	5.152mg	L-Serine	4.484mg
L-Tryptophan	2.004mg	L-Tyrosine	3.530mg

**Berry Buttermilk**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.470mg	L-Alanine	4.895mg
L-Leucine (BCAA)	12.380mg	L-Arginine	2.975mg
L-Valine (BCAA)	5.086mg	L-Aspartic Acid	11.325mg
L-Histidine	2.111mg	L-Cysteine	2.687mg
L-Lysine	10.269mg	L-Glutamine	17.563mg
L-Methionine	2.303mg	L-Glycine	1.823mg
L-Phenylalanine	3.743mg	L-Proline	4.895mg
L-Threonine	5.182mg	L-Serine	4.511mg
L-Tryptophan	2.015mg	L-Tyrosine	3.551mg

**Chocoholic Champion**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.211mg	L-Alanine	4.661mg
L-Leucine (BCAA)	11.791mg	L-Arginine	2.833mg
L-Valine (BCAA)	4.844mg	L-Aspartic Acid	10.785mg
L-Histidine	2.011mg	L-Cysteine	2.559mg
L-Lysine	9.780mg	L-Glutamine	16.726mg
L-Methionine	2.194mg	L-Glycine	1.737mg
L-Phenylalanine	3.565mg	L-Proline	4.661mg
L-Threonine	4.936mg	L-Serine	4.296mg
L-Tryptophan	1.919mg	L-Tyrosine	3.382mg

**IRON BROTHERS® WHEY****AMINOSÄUREPROFIL PRO 100G PROTEIN / AMINO ACID PROFILE PER 100G OF PROTEIN****Cookie Dough**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.438mg	L-Alanine	4.866mg
L-Leucine (BCAA)	12.308mg	L-Arginine	2.958mg
L-Valine (BCAA)	5.057mg	L-Aspartic Acid	11.258mg
L-Histidine	2.099mg	L-Cysteine	2.672mg
L-Lysine	10.209mg	L-Glutamine	17.460mg
L-Methionine	2.290mg	L-Glycine	1.813mg
L-Phenylalanine	3.721mg	L-Proline	4.866mg
L-Threonine	5.152mg	L-Serine	4.484mg
L-Tryptophan	2.004mg	L-Tyrosine	3.530mg

**Lemon Cheesecake**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.478mg	L-Alanine	4.901mg
L-Leucine (BCAA)	12.397mg	L-Arginine	2.979mg
L-Valine (BCAA)	5.093mg	L-Aspartic Acid	11.340mg
L-Histidine	2.114mg	L-Cysteine	2.691mg
L-Lysine	10.283mg	L-Glutamine	17.586mg
L-Methionine	2.306mg	L-Glycine	1.826mg
L-Phenylalanine	3.748mg	L-Proline	4.901mg
L-Threonine	5.189mg	L-Serine	4.517mg
L-Tryptophan	2.018mg	L-Tyrosine	3.556mg

**Peach Yoghurt**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.461mg	L-Alanine	4.886mg
L-Leucine (BCAA)	12.358mg	L-Arginine	2.970mg
L-Valine (BCAA)	5.077mg	L-Aspartic Acid	11.304mg
L-Histidine	2.108mg	L-Cysteine	2.682mg
L-Lysine	10.251mg	L-Glutamine	17.531mg
L-Methionine	2.299mg	L-Glycine	1.820mg
L-Phenylalanine	3.736mg	L-Proline	4.886mg
L-Threonine	5.173mg	L-Serine	4.503mg
L-Tryptophan	2.012mg	L-Tyrosine	3.545mg

**IRON BROTHERS® WHEY****AMINOSÄUREPROFIL PRO 100G PROTEIN / AMINO ACID PROFILE PER 100G OF PROTEIN****Stracciatella Icedream**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.334mg	L-Alanine	4.772mg
L-Leucine (BCAA)	12.071mg	L-Arginine	2.901mg
L-Valine (BCAA)	4.960mg	L-Aspartic Acid	11.042mg
L-Histidine	2.059mg	L-Cysteine	2.620mg
L-Lysine	10.013mg	L-Glutamine	17.124mg
L-Methionine	2.246mg	L-Glycine	1.778mg
L-Phenylalanine	3.649mg	L-Proline	4.772mg
L-Threonine	5.053mg	L-Serine	4.398mg
L-Tryptophan	1.965mg	L-Tyrosine	3.462mg

**Vanilla Cream**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.478mg	L-Alanine	4.901mg
L-Leucine (BCAA)	12.397mg	L-Arginine	2.979mg
L-Valine (BCAA)	5.093mg	L-Aspartic Acid	11.340mg
L-Histidine	2.114mg	L-Cysteine	2.691mg
L-Lysine	10.283mg	L-Glutamine	17.586mg
L-Methionine	2.306mg	L-Glycine	1.826mg
L-Phenylalanine	3.748mg	L-Proline	4.901mg
L-Threonine	5.189mg	L-Serine	4.517mg
L-Tryptophan	2.018mg	L-Tyrosine	3.556mg

**The Barista Whey**

<b>Essentielle Aminosäuren</b> <i>Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>	<b>Nicht Essentielle Aminosäuren</b> <i>Non-Essential Amino Acids</i>	<b>pro / per</b> <b>100g</b>
L-Isoleucin (BCAA)	5.478mg	L-Alanine	4.901mg
L-Leucine (BCAA)	12.397mg	L-Arginine	2.979mg
L-Valine (BCAA)	5.093mg	L-Aspartic Acid	11.340mg
L-Histidine	2.114mg	L-Cysteine	2.691mg
L-Lysine	10.283mg	L-Glutamine	17.586mg
L-Methionine	2.306mg	L-Glycine	1.826mg
L-Phenylalanine	3.748mg	L-Proline	4.901mg
L-Threonine	5.189mg	L-Serine	4.517mg
L-Tryptophan	2.018mg	L-Tyrosine	3.556mg

**IRON BROTHERS® WHEY**

AMINOSÄUREPROFIL PRO 100G PROTEIN / AMINO ACID PROFILE PER 100G OF PROTEIN

**The Golden Whey**

Essentielle Aminosäuren <i>Essential Amino Acids</i>	pro / per 100g	Nicht Essentielle Aminosäuren <i>Non-Essential Amino Acids</i>	pro / per 100g
L-Isoleucin (BCAA)	5.266mg	L-Alanine	4.711mg
L-Leucine (BCAA)	11.917mg	L-Arginine	2.864mg
L-Valine (BCAA)	4.896mg	L-Aspartic Acid	10.901mg
L-Histidine	2.032mg	L-Cysteine	2.587mg
L-Lysine	9.885mg	L-Glutamine	16.906mg
L-Methionine	2.217mg	L-Glycine	1.755mg
L-Phenylalanine	3.603mg	L-Proline	4.711mg
L-Threonine	4.989mg	L-Serine	4.342mg
L-Tryptophan	1.940mg	L-Tyrosine	3.418mg

**Spekulatius (Winter Special)**

Essentielle Aminosäuren <i>Essential Amino Acids</i>	pro / per 100g	Nicht Essentielle Aminosäuren <i>Non-Essential Amino Acids</i>	pro / per 100g
L-Isoleucin (BCAA)	5.211mg	L-Alanine	4.661mg
L-Leucine (BCAA)	11.791mg	L-Arginine	2.833mg
L-Valine (BCAA)	4.844mg	L-Aspartic Acid	10.785mg
L-Histidine	2.011mg	L-Cysteine	2.559mg
L-Lysine	9.780mg	L-Glutamine	16.726mg
L-Methionine	2.194mg	L-Glycine	1.737mg
L-Phenylalanine	3.565mg	L-Proline	4.661mg
L-Threonine	4.936mg	L-Serine	4.296mg
L-Tryptophan	1.919mg	L-Tyrosine	3.382mg

**Gingerbread (Winter Special)**

Essentielle Aminosäuren <i>Essential Amino Acids</i>	pro / per 100g	Nicht Essentielle Aminosäuren <i>Non-Essential Amino Acids</i>	pro / per 100g
L-Isoleucin (BCAA)	5.211mg	L-Alanine	4.661mg
L-Leucine (BCAA)	11.791mg	L-Arginine	2.833mg
L-Valine (BCAA)	4.844mg	L-Aspartic Acid	10.785mg
L-Histidine	2.011mg	L-Cysteine	2.559mg
L-Lysine	9.780mg	L-Glutamine	16.726mg
L-Methionine	2.194mg	L-Glycine	1.737mg
L-Phenylalanine	3.565mg	L-Proline	4.661mg
L-Threonine	4.936mg	L-Serine	4.296mg
L-Tryptophan	1.919mg	L-Tyrosine	3.382mg