# HOW TO START A COMPOSI

## WANT TO MAKE USE OF YOUR FOOD WASTE?

Composting your food waste is a fun and easy way to reduce your household waste. Follow this easy compost guide to upcycle your food scraps and feed your garden!

#### **BROWNS:**

- Dry leaves
- · Wood chips
- Shredded paper
- Paper towel/toilet paper roll tubes
- Straw or hay
- Cardboard
- Paper bags

#### **GREENS:**

- Fruit and vegetable scraps
- Coffee grounds
- Tea bags
- Eggshells
- Plant scraps
- Grass clippings
- Flowers

Note: Never put meat, bones, dairy, or fish in your compost. Also avoid fruit peels with pesticides. If you are unsure, do your own research to make sure you are only adding safe things!

#### **KNOW THE FACTS:**

Composting is based on balancing nitrogen and carbon to create the perfect conditions for decomposition.

## GATHER SUPPLIES:

You will need: a 5 gallon bucket, food scraps, greens, browns, water, and sawdust or potting soil.

## LAYER BY LAYER:

Starting with brown, then green, add layers of waste to fill your compost bin up 1/2 way. Keep everything moist as you go.

#### FOOD SCRAPS:

Add the food scraps you have collected to the middle of the pile. Cover with potting soil or sawdust until 3/4 full. Keep moist.

#### TURN & WATER IT:

Every few days open the bucket to mix and water the compost. Compost should be ready in 2-4 weeks.

