

# HOW TO START A COMPOST!

## Want to make use of food waste?

COMPOSTING YOUR FOOD WASTE IS A FUN AND EASY WAY TO GET KIDS INVOLVED. GET YOUR HANDS DIRTY AND FEED YOUR GARDEN BY UPCYCLING YOUR FOOD SCRAPS BY FOLLOWING THIS EASY COMPOST GUIDE!



### BROWNS:

- Dry leaves
- Wood chips
- Shredded paper
- Paper towel/toilet paper roll tubes
- Straw or hay
- Cardboard
- Paper bags

### 1. KNOW THE FACTS

Composting is based on balancing the amount of nitrogen and carbon to create perfect conditions for decomposition.

### 2. GATHER SUPPLIES

You will need: a 5 gallon bucket, food scraps, greens, browns, water, sawdust or potting soil.

### 3. LAYER BY LAYER

Starting with brown, then green, add layers of waste to fill your compost bin up 1/2 way. Keep moist as you go.

### 4. FOOD SCRAPS

Add the food scraps you have collected to the middle of the pile. Cover with potting soil or sawdust until 3/4 full. Keep moist.

### 5. TURN & WATER IT

Every few days open the bucket to mix and water the compost. Compost should be ready in 2-4 weeks.

### GREENS:

- Fruit and vegetable scraps
- Coffee grounds
- Tea bags
- Eggshells
- Plant scraps
- Grass clippings
- Flowers

Note: Never put meat, bones or fish in your compost. Also avoid fruit peels with pesticides and dairy. If you are unsure, do your own research to make sure you are only adding safe things!



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