



# HOW TO MAKE SEED BALLS

## PLANTABLE PAPER?!

Looking for a hands on activity, fun gift, or environmentally friendly fundraiser? Look no further. Seed balls are easy to make, fun for kids, and can be made entirely from recycled products!



1 week after planting



2 weeks after planting

### SUPPLIES:

- Recycled paper
- Seeds
- Water
- Food processor
- Bowl
- Strainer
- Tray

### WHAT TO PLANT?

- Native flowers
- Native herbs

*Note: Step 4 (drying) will take a while! Don't put seed balls into the oven, as that will kill the seeds. For fun shapes, you can press the dough into a shaped ice cube tray.*

1

### TEAR IT UP:

Tear or shred the paper into small pieces. Place these in a bowl of water to soak for 15 minutes.

2

### CHOP CHOP:

Process the soaked paper in small batches to make your "dough". Strain out any excess water until the dough does not drip.

3

### KNEAD THE DOUGH:

Break dough into small portions and knead seeds in. Aim for 20 seeds per ball. Set on tray once finished.

4

### LET IT DRY:

Keep seed balls inside, out of the sun, until they are dry. When you are ready, throw them in the ground and water!



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