



Alberta Team Trials #2 (ABT2)

2023-10-01

Updated on September 26, 2023 - Section 8 (200m & 1000m lane assignments) is now corrected for the 9-lane course rather than the 6-lane course used in Leduc for ABT1. Updates are shown in red text.

The Alberta Sprint Racing Canoe Association (ASRCA) serves as the provincial governing body to promote and develop the sport of Sprint Canoe/Kayak in Alberta. ASRCA will hold Alberta Team Trials (ABT2) as part of ongoing monitoring of the provincial sprint canoe-kayak athlete pool. ASRCA may utilize results to identify athletes for provincial initiatives, and in such instances, the ASRCA selection panel will make recommendations to the ASRCA Board for approval.

Note: In any case that incorrect or conflicting information is communicated, the details contained in the most recent time-stamped PDF of this document, posted to www.asrca.com, will be considered correct.

1. Event Details

- Location – Calgary Canoe Club
- Date – Sunday, Oct 1, 2023
- Events – C1 and K1: 200, 1000 races and 2000m Time
- Registration at asrca.com
 - Open Sep 14, 2023
 - Due by Sep 26, 11:59 pm
 - Late entries are permitted to fill empty lanes until Sep 30th (3 pm)
 - Entry Fee: \$50 with lunch / \$40 no lunch
 - \$60 late entry (if space permits)
- Leaders Meeting – Thursday, September 28 · 7:00 – 7:30 pm
 - Video call link: <https://meet.google.com/xiv-xugt-vs2>
 - Or dial: (CA) +1 226-314-8484 PIN: 257 432 560#

2. Purpose

- a. Establish discipline and overall provincial athlete ranking lists
- b. Monitor the state of the competitive provincial population (Depth of Field Inventory).
- c. Provide competitive opportunity.

3. Eligibility

- a. Open to ASRCA club members of all ages who are in good standing with the ASRCA clubs.
- b. Athletes must be current competitive members with Canoe Kayak Canada (RAMP Registration).
- c. Entries must have the endorsement of a Sprint Canoe Kayak Coach (ELCC minimum). Coaches should use sound judgment as athletes must complete the course within the scheduled time.
- d. Athletes may enter Canoe or Kayak but not both.
- e. Club uniforms are not required.

4. On-Site Logistics

- a. Sunday at the Calgary Canoe Club is a busy time with many members and the public using the club and the grounds. To minimize congestion, CCC paddlers taking part in ABT2 will operate as a visiting team.
- b. Athletes are to check-in at the boat weigh station when arriving on-site the day of the event. b) Participants are to avoid the Canoe and Rowing boat bay area when possible.
- c. Team trailers must remain in the paved parking areas (**NOT ON GRASS**)

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- d. Paddlers will be stationed with equipment on the grassy field above the canoe club.
- e. Subway lunch will be provided as an option in the on-line registration process.
- f. All competitors must wear a PFD:
 - i. PFD regulations are governed by CKC sprint competition rules and CKC Code of Safety.
 - ii. Inflatable PFDs are NOT acceptable for U16 or younger age-class competitors.
 - iii. Site-specific PFD regulations for the Glenmore Reservoir require paddlers to wear a PFD (inflatable PFDs are acceptable for those above the U16 competitive age class).

5. Race and Time Trials Course

- a. The 200m and 1000m course will be directly in front of the Calgary Canoe Club with the course completion in front of the judging tower. Viewing is available from many high vantage points around the canoe club. Please leave the area around the docks clear for paddlers, both competitors and other users.
- b. Figure A (below) outlines the 2000m time trial course with the start and finish both 500m north of the start tower to minimize the impact of winds. The 1000m turn point will be marked by a single marker visible with an elevated flag. The finish area is likewise 500m south of the tower but close to shore in a channel with two finish markers designating the end of the course.
- c. It is recommended that all coaches and athletes familiarize themselves with the course by walking the bike path that runs parallel to the course or paddle the course. Turn judge(s) will be stationed to have a clear view of the turn and record its successful navigation. Turn judges will not provide navigation feedback to athletes once the event is underway, as this would amount to external assistance. If an athlete fails to navigate the turn marker correctly, their coach will be informed by the chief official after the event and disqualified.
- d. Viewing of the 2000m course is possible from the bike path next to the Earl Grey Golf Course (see image). Spectators can walk or bike to the viewing area from the Canoe Club parking lot.



Figure A: 2000m time trial course



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6. Covid-19 Considerations

- a. All participants are required to follow Alberta Health Guidelines <https://www.alberta.ca/coronavirus-info-for-albertans.aspx>

7. Participant Responsibility

- a. Athletes/teams are responsible for all costs associated with attending the event.
- b. Familiarity with:
 - i. Course format and event details; ranking, assessment and selection policies as outlined in this document.
 - ii. Any modifications presented at the pre-event or information meetings held by the chief official.

8. Races: 200m and 1000m (updated: Sep 27, to reflect the 9-lane course)

- a. Canoe Kayak Canada Sprint Competition rules will govern racing.
- b. Heats and finals will have a maximum of 9 entries.
- c. Finals are limited to three: Final A, B, C.
- d. When heats are required, seeding will be from ABT1 rankings and specific to distance.
- e. When heats are required, lane 5 in each heat will be filled first by the top-ranked athlete, followed by lane 4, lane 6, lane 3 and so on to create a balanced field.
- f. Where no ABT1 ranking exists, athlete assignments will be by random draw, see the example below in Table 1 for 2 heats and having 5 unranked ABT1 entries.
- g. When an entry is scratched in a heat, the lane will remain empty unless it results in fewer heats.
- h. Where an athlete is scratched in a final, lower-ranked athletes will be advanced to fill the space and the lane assignments will be adjusted accordingly.
- i. Where no heats are required, seeding in finals will place the top-ranked in the middle of the course: rank 1 - lane 5, rank 2 - lane 4, rank 3 - lane 6, rank 4 – lane 3 and so on until 9 lanes are filled.
- j. When 10-18 entries (2 heats), the top 3 ranked in each heat, and the next 3 best times overall will advance to Final-A, and the remaining crews advance to Final B-Final by performance time.
- k. When 19-28 entries (3 heats), Finals A, B, C will be filled with the winner in each heat, followed by the next best times.
- l. When greater than 28 entries (4 or more heats), finals will be based solely on performance time.
- m. No result may be considered above those in a higher-level final, regardless of performance time.
- n. Athletes must provide boat numbers for the 200m and 1000m races. ASRCA will provide boat numbers for the 2000m Time Trial.

Table 1: Lane assignment for 18 entries (2 heats), of which 5 are unranked from ABT1.

Heat 1		Heat 2	
Lane	Entry	Lane	Entry
1	Un-ranked	1	Un-ranked
2	ABT1 - Rank 11	2	ABT1 - Rank 12
3	ABT1 - Rank 7	3	ABT1 - Rank 8
4	ABT1 - Rank 3	4	ABT1 - Rank 4
5	ABT1 - Rank 1	5	ABT1 - Rank 2
6	ABT1 - Rank 5	6	ABT1 - Rank 6
7	ABT1 - Rank 10	7	ABT1 - Rank 9
8	ABT1 - Rank 13	8	Un-ranked
9	Un-ranked	9	Un-ranked



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9. Time Trials: 2000m

- a. Start order will be by discipline (1st - Men Kayak, 2nd - Men Canoe, 3rd - Women Kayak and 4th - Women Canoe) and within discipline by age (oldest first).
- b. In the case of a false start, one 'failed attempt' to complete the course will be recorded.
- c. Failed attempt: In the case that the competitor attempts but cannot complete the course while making a legitimate good-faith effort, a second attempt will be permitted; the 2nd attempt will have the athlete start in the next available start position (last in line).

10. Event Order

- a. Events will be run in order: 200m, 1000m then 2000m.
- b. Figure B provides a sample event format. Further modifications to event start times made on the day of the event will be communicated by the chief official.

	Men Kayak	Women Kayak	Men Canoe	Women Canoe		Men Kayak	Women Kayak	Men Canoe	Women Canoe
10:30	200m Heat 1				1:30	1000m Heat 1			
10:33	200m Heat 2				1:37	1000m Heat 2			
10:36	200m Heat 3				1:44	1000m Heat 3			
10:39		200m Heat 1			1:51		1000m Heat 1		
10:42		200m Heat 2			1:58		1000m Heat 2		
10:45		200m Heat 3			2:05		1000m Heat 3		
10:48			200m Heat 1		2:12			1000m Heat 1	
10:51			200m Heat 2		2:19			1000m Heat 2	
10:54				200m Heat 1	2:26				1000m Heat 1
10:57				200m Heat 2	2:33				1000m Heat 2
12:00	200m Final A				3:00	1000m Final A			
12:03	200m Final B				3:07	1000m Final B			
12:06	200m Final C				3:14	1000m Final C			
12:09		200m Final A			3:21		1000m Final A		
12:12		200m Final B			3:28		1000m Final B		
12:15		200m Final C			3:35		1000m Final C		
12:18			200m Final A		3:42			1000m Final A	
12:21			200m Final B		3:49			1000m Final B	
12:24				200m Final A	3:56				1000m Final A
12:27				200m Final B	4:03				1000m Final B
					4:30	2000m T-Trials	2000m T-Trials	2000m T-Trials	2000m T-Trials

Figure B: Sample of race day format with 200m, 1000m heats and finals along with the 2000m time trial to end the day. *NOTE: Start times and Intervals may not be exactly as shown.*

11. Boat Weighing

- a. Boat weight will be monitored and must meet minimum regulations (K1 – 12kg, C1 – 14kg). Post-race boat weighing will occur directly after all the 200m, 1000m and 2000m races.
- b. The boat scale will be available to athletes 2 hours before the scheduled first race start.
- c. Sand, tape and bags may be provided to paddlers, but it is recommended that paddlers have personal supplies in case there is not enough available. ASRCA is not responsible for providing athletes with boat weight.
- d. Novice class k1 and c1 (minis) will not be required to meet minimum weight but if called, must report post-race.



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- e. For the 200m and 1000m, the top 3 crews and one randomly selected will report to boat control. Failure to report to boat control will result in disqualification from the specific event and no rank recorded. The Chief Official has the authority to call any/all boats to the weigh station following an event.
- f. Athletes are not to interact with others and proceed directly to the boat weigh station. Failing to do so may result in disqualification.
- g. All 2000m competitors are required to report to the boat weigh station following completion of the event.

12. Discipline Ranking

- a. ASRCA will compile discipline ranking lists for Canoe Men, Kayak Men, Canoe Women, and Kayak Women.
- b. Within each discipline, age-class (U14, U16, U18, U21, Senior) ranking lists will be produced.
- c. Ranking will be made using the 200m and 1000m race results only.
- d. Ranking points will be independently assigned for each 200m and 1000m final with first place - 30 points, second - 29 points, third - 28 points, and so on.
- e. The discipline rank points will be added to establish a combined distance rank score. Athletes will be ranked according to the combined score, with the highest score representing the best rank.
- f. Results at both distances are required for calculation of rank. Completion of one event only will not qualify for assessment or ranking and will not be included in ranking calculations.
- g. Where two (2) Athletes have a tied points total, the athlete who achieves the best placing in the 1000m distance will be ranked higher.

13. Overall Performance Time Ranking (Cross-Discipline)

- a. The overall ranking uses performance time for the assessment of performance level relative to discipline specific world standards.
- b. The overall ranking uses the combined 200m and 1000m finals performance times, with both distances weighted equally and presented as a percentage of the discipline-specific 200m World Podium Time (PT200). See Appendix A.
- c. Ranking lists aim to be posted at www.asrca.com within one week following the ABT2.

Table 2: Example of the overall (across-discipline) ranking calculation:

	Paddler A (Men Canoe)	Paddler B (Men Kayak)	Paddler C (Women Canoe)	Paddler D (Women Kayak)
200m Result	00:43.0	00:37.0	00:48.0	00:41.0
200m Result x 5	03:35.0	03:05.0	04:00.0	03:25.0
1000m Result	04:18.0	03:42.0	04:48.0	04:06.0
Combined time	07:53.0	06:47.0	08:48.0	07:31.0
Combined Time / 10	00:47.3	00:40.7	00:52.8	00:45.1
PT200m	00:40.1	00:34.9	00:47.8	00:40.1
% PT200*100	118%	117%	110%	112%

From the sample, the resulting overall ranking is:

- Rank 1: Paddler C – 110%
- Rank 2: Paddler D – 112%
- Rank 3: Paddler B – 117%
- Rank 4: Paddler A – 118%



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14. Authority

- a. Event results are provided by the chief official.
- b. Where the results may be used for any ASRCA selection, the Technical Director (TD) will appoint a selection panel and serve as chair. The TD may terminate the appointment of any Selection Panel member or appoint additional member(s) if they consider it appropriate to do so. The TD may direct any member of the Selection Panel to vacate the relevant Selection Panel for such period as the TD considers appropriate where the TD considers, in their sole discretion, the Selection panel member has an association with an athlete which may give rise to a question of bias or conflict of interest in the selection process. See ASRCA conflict of Interest Policy. Where required, The Selection Panel will recommend nominations to the ASRCA board for final approval.
- c. The ASRCA President may terminate the appointment of the TD from the Selection Panel if they consider it appropriate to do so. In this case, the President will appoint a replacement, or if appropriate, themselves as the chair of the Selection Panel.
- d. The ASRCA Excellence Lead in consultation with the Provincial staff, under the direction of the Technical Director, is responsible for the implementation and procedures in this document.

15. Exceptional Circumstances

- a. These criteria are intended to apply where fair conditions exist, but situations may arise where unforeseen circumstances or circumstances beyond ASRCA's control do not allow selection to take place in a fair manner or in the best interests of the priorities and general principles for selection as indicated; or do not allow the procedure as described in this document to be applied.
- b. In the event of such unforeseen circumstances the TD and the selection panel will, in consultation with the appropriate parties, determine if the circumstances justify an alternative process.

16. Appeal Policy

- a. ASRCA utilizes the Canoe Kayak Canada Appeal Policy Appeals of ASRCA decisions may be pursued only through the ASRCA's Appeals Policy available on the ASRCA website.
- b. Athletes shall only be permitted to appeal when they are directly affected by a decision. As such, any athlete who was not considered for a crew/team/pool shall not have the right to appeal a selection decision.



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Appendix A

200m PODIUM TIMES (PT200): In recent years, the 200m has been shared across all disciplines at the Sr. World Championships. Using the 200m as a common point of measure, the average of the 200m podium times has been calculated to provide a criterion of cross-discipline ranking. Calculating the percentage time difference of each ABT result from the appropriate PT200 time makes a relative level of performance across disciplines possible. Only years that all disciplines raced 200m are used in calculating the PT200.

For example, relative to world-leading performances, the Men Canoe may perform higher than the Women Canoe or others. Rank 1 in each discipline does not indicate they are all at the same performance level. Assuming all performers try for their best time result, not just the best rank result, the PT200 can provide a single performance ranking relative to world-class, regardless of discipline.

Men Canoe 200m Podium Times

	2023	2022	2021	2020	2019	2018	2017	2015	
Gold	00:38.7	00:39.3	No Race	No Race	00:39.2	00:42.3	00:39.5	00:38.6	Men Canoe PT200
Silver	00:38.8	00:39.3	No Race	No Race	00:39.5	00:42.4	00:39.7	00:38.8	
Bronze	00:39.0	00:39.4	No Race	No Race	00:39.5	00:42.4	00:40.0	00:38.9	
Average	00:38.8	00:39.3	--	--	00:39.4	00:42.4	00:39.7	00:38.8	

Women Canoe 200m Podium Times

	2023	2022	2021	2020	2019	2018	2017	2015	
Gold	00:44.8	00:49.9	00:46.5	No Race	00:49.3	00:45.5	00:45.5	00:48.7	Women Canoe PT200
Silver	00:45.4	00:50.5	00:46.8	No Race	00:49.7	00:46.2	00:46.1	00:48.8	
Bronze	00:45.6	00:50.5	00:46.9	No Race	00:50.0	00:46.8	00:47.2	00:49.2	
Average	00:45.3	00:50.3	00:46.7	--	00:49.7	00:46.2	00:46.3	00:48.9	

Men Kayak 200m Podium Times

	2023	2022	2021	2020	2019	2018	2017	2015	
Gold	00:35.3	00:36.4	00:34.8	No Race	00:34.9	00:35.3	00:33.7	00:34.8	Men Kayak PT200
Silver	00:35.4	00:36.7	00:34.8	No Race	00:35.0	00:35.4	00:34.4	00:35.0	
Bronze	00:35.4	00:36.8	00:35.0	No Race	00:35.1	00:35.5	00:34.6	00:34.4	
Average	00:35.4	00:36.7	00:34.8	--	00:35.0	00:35.4	00:34.2	00:34.7	

Women Kayak 200m Podium Times

	2023	2022	2021	2020	2019	2018	2017	2015	
Gold	00:38.9	00:41.9	00:40.0	No Race	00:39.4	00:38.8	00:38.4	00:40.1	Women Kayak PT200
Silver	00:40.0	00:42.9	00:40.7	No Race	00:42.3	00:40.5	00:39.0	00:40.7	
Bronze	00:40.4	00:43.1	00:40.8	No Race	00:42.3	00:40.6	00:39.6	00:41.7	
Average	00:38.8	00:42.7	00:40.5	--	00:41.3	00:40.0	00:39.0	00:40.8	