



Alberta Team Trials #1 (ABT1)

Leduc, Telford Lake, 2023-06-04



*** ASRCA invites feedback directly to the ASRCA Excellence Lead (EL) at el@asrca.com by April 30th.**

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ABT1 – General Information

The Alberta Sprint Racing Canoe Association (ASRCA) serves as the provincial governing body to promote and develop the sport of Sprint Canoe & Kayak in Alberta. ASRCA will hold the first of two 2023 Alberta Team Trials (Spring - ABT1 & Fall - ABT2) as part of the ongoing assessment of provincial sprint canoe and kayak competitors and utilize results to nominate athletes for Provincial Teams. Note: This document only deals with ABT1.

- Location – Leduc, Telford Lake
- Date – Sunday, June 04, 2023
- Events – C1 and K1: 2000m Time Trials and 200m Races
- Registration at www.asrca.com
 - Open May 8, 2023
 - Due by May 23, 11:59 pm
 - Entry Fee - \$50, including lunch / \$40 if no lunch
 - \$60 late entry (after May 21)
- Team Leaders Meeting – Wednesday, May 24, 7:00 pm MST
 - Google Meet joining info
 - Video call link: <https://meet.google.com/vne-nbzt-qcu>
 - Or dial: (CA) +1 587-786-9826 PIN: 373 002 877#

ABT1- 1. Purpose

- a) Establish discipline and overall provincial athlete ranking lists
- b) Monitor the state of the competitive provincial population (Depth of Field Inventory)
- c) Nominate athletes to the Alberta 2023 Canada Cup East Race Team "Team AB."

ABT1- 2. Eligibility

- a) Open to ASRCA club members; of all ages; who are in good standing with the ASRCA clubs.
- b) Athletes must be current competitive members with Canoe Kayak Canada (RAMP Registration).
- c) Entries must have the endorsement of a Sprint Canoe Kayak Coach (ELCC minimum). Coaches should use sound judgment as athletes must complete the course within the scheduled time.
- d) Club uniforms are not required.

ABT1- 3. Rules

- a) Entries:
 - i) Athletes may register for canoe or kayak disciplines but not both.
 - ii) ABT1 registration will serve as an entry for all event distances.
 - iii) Registration is final, and fees are not refundable.
 - iv) The withdrawal or scratch of an entry is final if made after the Team Leaders Meeting.

| | Men Kayak | Men Canoe | Women Kayak | Women Canoe |
|--------------|------------------|------------------|------------------|--------------|
| 10:30 | MK 2000m | | | |
| 10:45 | | MC 2000m | | |
| 11:00 | | | WK 2000m | |
| 11:15 | | | | WC 2000m |
| LUNCH BREAK | | | | |
| 1:00 | 200m Heat 1 | | | |
| 1:03 | 200m Heat 2 | | | |
| 1:06 | 200m Heat 3 | | | |
| 1:09 | 200m Heat 4 | | | |
| 1:12 | 200m Heat 5 | | | |
| 1:15 | | 200m Heat 1 | | |
| 1:18 | | 200m Heat 2 | | |
| 1:21 | | 200m Heat 3 | | |
| 1:24 | | | 200m Heat 1 | |
| 1:27 | | | 200m Heat 2 | |
| 1:30 | | | 200m Heat 3 | |
| 1:33 | | | 200m Heat 4 | |
| 1:36 | | | 200m Heat 5 | |
| 1:39 | | | | 200m Heat 1 |
| 1:42 | | | | 200m Heat 2 |
| 1:45 | | | | |
| COURSE BREAK | | | | |
| 2:30 | Semi A | | | |
| 2:33 | Semi B | | | |
| 2:36 | Semi C | | | |
| 2:39 | | Semi A | | |
| 2:42 | | Semi B | | |
| 2:45 | | | | |
| 2:48 | | | Semi A | |
| 2:51 | | | Semi B | |
| 2:54 | | | Semi C | |
| 2:57 | | | | Semi A |
| 3:00 | | | | Semi B |
| 3:03 | | | | |
| FINALS | | | | |
| 3:48 | 1-6 from SF | | | |
| 3:51 | 7-12 from SF | | | |
| 3:54 | 13-18 from SF | | | |
| 3:57 | 19-25 from Heats | | | |
| 4:00 | | 1-6 from SF | | |
| 4:03 | | 7-12 from SF | | |
| 4:06 | | 13-18 from Heats | | |
| 4:09 | | | 1-6 from SF | |
| 4:12 | | | 7-12 from SF | |
| 4:15 | | | 13-18 from SF | |
| 4:18 | | | 19-25 from Heats | 1-6 from SF |
| 4:21 | | | | 7-12 from SF |

Start order and lane assignments:

Starting order of 2000m Time Trials is by discipline with Men Kayak 1st, Men Canoe 2nd, Women Kayak 3rd, and Women Canoe 4th
 Within each discipline, older athletes start before younger. 2000m results will be used to seed 200m heats.

Progression from 2000m results to 200m Heats if 2-5 heats:

| | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|--------|--------|--------|--------|--------|
| Heat 1 | 9 | 5 | 1 | 4 | 8 | 12 |
| Heat 2 | 10 | 6 | 2 | 3 | 7 | 11 |

| | | | | | | |
|--------|----|---|---|---|----|----|
| Heat 1 | 13 | 7 | 1 | 6 | 12 | 18 |
| Heat 2 | 14 | 8 | 2 | 5 | 11 | 17 |
| Heat 3 | 15 | 9 | 3 | 4 | 10 | 16 |

| | | | | | | |
|--------|----|----|---|---|----|----|
| Heat 1 | 17 | 9 | 1 | 8 | 16 | 24 |
| Heat 2 | 18 | 10 | 2 | 7 | 15 | 23 |
| Heat 3 | 19 | 11 | 3 | 6 | 14 | 22 |
| Heat 4 | 20 | 12 | 4 | 5 | 13 | 21 |

| | | | | | | |
|--------|----|----|---|----|----|----|
| Heat 1 | 21 | 11 | 1 | 10 | 20 | 30 |
| Heat 2 | 22 | 12 | 2 | 9 | 19 | 29 |
| Heat 3 | 23 | 13 | 3 | 8 | 18 | 28 |
| Heat 4 | 24 | 14 | 4 | 7 | 17 | 27 |
| Heat 5 | 25 | 15 | 5 | 6 | 16 | 26 |

Progression to Semi Finals from 200m Heats if 2-5 heats:

| | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|--------|--------|--------|--------|--------|
| Semi 1 | 7:NBT | 3:NBT | H1:1st | 2:NBT | 6:NBT | 10:NBT |
| Semi 2 | 8:NBT | 4:NBT | H2:1st | 1:NBT | 5:NBT | 9:NBT |

| | | | | | | |
|--------|--------|-------|--------|-------|-------|--------|
| Semi 1 | 10:NBT | 4:NBT | H1:1st | 3:NBT | 9:NBT | 15:NBT |
| Semi 2 | 11:NBT | 5:NBT | H2:1st | 2:NBT | 8:NBT | 14:NBT |
| Semi 3 | 12:NBT | 6:NBT | H3:1st | 1:NBT | 7:NBT | 13:NBT |

Progression to Finals from 200m Semi Finals if 2-3 Semi Finals:

| | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|----|--------|--------|--------|--------|--------|--------|
| FA | 2:NBT | S3:1st | S1:1st | S2:1st | 1:NBT | 3:NBT |
| FB | 8:NBT | 6:NBT | 4:NBT | 5:NBT | 7:NBT | 9:NBT |

| | | | | | | |
|----|--------|--------|--------|--------|--------|--------|
| FA | 2:NBT | S3:1st | S1:1st | S2:1st | 1:NBT | 3:NBT |
| FB | 8:NBT | 6:NBT | 4:NBT | 5:NBT | 7:NBT | 9:NBT |
| FC | 14:NBT | 12:NBT | 10:NBT | 11:NBT | 13:NBT | 15:NBT |

Figure B: Sample of race day program including 2000m Time Trials and 200m events (NBT=Next By Time).
 NOTE: Start times and Intervals may change – check before the event at www.asrca.com

- b) Late entries:
 - i) The Chief Official may, in exceptional circumstances, accept late additions on the day of competition.
 - ii) Late additions must be given in a written form to the Chief Official at least one (1) hour before the day's first race.
 - iii) Late additions will not be permitted if resulting in additional heats.
- c) Canoe Kayak Canada Sprint Competition rules will govern racing, with any rule modifications being included in this document or communicated during the Team Leaders Meeting.
- d) ABT1 event order & time:
 - i) Event and start times will depend on entries and will be updated at the Team Leaders meeting and posted at www.asrca.com; the chief official will communicate further modifications made on the day of the competition. See Figure B for a sample race day format.
 - ii) To meet the ASRCA objectives, the ASRCA Technical Director (TD) or appointed representative may instruct the Chief official to alter the competition program.
 - iii) The sequence of races and the intervals between the competitions program races are binding on the Chief Official unless authorized by the TD or appointed representative.
 - iv) If the outlined process cannot occur, ASRCA reserves the right to modify, cancel or replace procedures to meet its objectives.

ABT1- 4. Placement

- a) 2000m Time Trials:
 - i) Start order will be by discipline, with Men Kayak starting first, followed by Men Canoe, Women's Kayak and then Women's Canoe.
 - ii) Within each discipline, older competitors will start before younger ones.
- b) 200m Races:
 - i) Heats, Semi-finals and finals will have a maximum of 6 entries with lane markers on both sides and spanning the length of the competition course for all athletes.
 - ii) Requests to 'place' athletes or for entry modification based on boat availability, conflicts, etc., will not be considered.
 - iii) Results from heats will advance athletes to the semifinals and finals.
 - iv) If no heats are required, progression to the final will be from 2000m results.
 - v) Finals are limited to A, B, C and D (24 athletes).
 - vi) Scratched entries from heats will remain empty unless redrawn to fewer heats to re-balance the field.
 - vii) If an athlete withdraws from a final, and if there is sufficient notice, a lower-ranked athlete(s) will be advanced; lane assignments will be adjusted.

ABT1- 5. Equipment

- a) Boats:
 - i) Shorter than regulation length sprint competition boats (mini-boats) may compete without meeting the minimum weight requirement; however, results achieved in a mini-boat or underweight boat will not be eligible for Teams selection.
 - ii) Athletes are solely responsible for their equipment to meet the required specifications.

b) Boat Weight:

- i) Boat weight will be monitored and must meet minimum regulations (K1 – 12kg, C1 – 14kg). Athletes selected for a post-race boat weighing must proceed directly.
- ii) Officials are not responsible for knowing what entries use mini-boat; ALL must report to boat control when called, regardless of the boat used.
- iii) The boat scale will be available to athletes 2 hours before the first scheduled race.
- iv) ASRCA is not responsible for providing athletes with boat ballast. Sand, tape and bags may be available but not guaranteed. Teams and athletes should not assume such ballast or supplies will be provided.
- v) The Chief Official retains the authority to call any/all boats to the weigh station following an event.
- vi) At a minimum, the top 3 crews in each race and one randomly selected will report to boat control.
- vii) Athletes should not interact with others and proceed directly to the boat weigh station. Failing to do so may result in disqualification.
- viii) Failure to report to boat control will result in disqualification from the specific event and no rank recorded.

c) Number plates:

- i) ASRCA will provide 2000m boat number plates..
- ii) Athletes and clubs are responsible for 200m race boat number plates..
- iii) The starter 'may' have extra boat numbers, which the athlete can request.
- iv) If an athlete reports to the race start with an improper or missing number plate, the competitors club will be assessed a penalty fee of \$30 and, when possible, the competitor will be provided with a replacement number by the starter or allowed to race without a number. After 1-hour, if a number provided by the starter is not returned, an additional \$25 fee will be billed to the club.

ABT1- 6. Authority

- a) The ASRCA appoints the Chief Official who will administer the competition. The TD or appointed ASRCA representative is the overarching authority.
- b) Team AB nominations are the authority of a TD appointed selection panel, with the TD serving as chair. The TD will appoint panel members, and the ASRCA president must approve.
- c) The TD may terminate the appointment of any Selection Panel member or appoint additional member(s) if they consider it appropriate to do so.
- d) The TD may direct any member of the Selection Panel to vacate if biased or in a conflict of interest - see ASRCA conflict of Interest Policy.
- e) The ASRCA President may terminate the involvement of the TD with the Selection Panel if they consider it appropriate to do so. In this case, the President will appoint a replacement, or if proper, themselves as the chair of the Selection Panel.
- f) The Selection Panel will submit nominations to the ASRCA board for final approval.
- g) If criteria cannot be used under fair conditions or as intended, the TD and the selection panel may use alternative methods.

ABT1- 7. Participant Responsibility



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- a) Familiarity with the racecourse and event details; assessment and selection policies as communicated via official channels such as presented at the Team Leaders meeting or posted to www.asrca.com.
- b) Where incorrect or conflicting information exists, the details in the most recent PDF of this document, posted to www.asrca.com, will be considered correct.
- c) Costs to attend the event, including but not limited to; travel, equipment, accommodation, and entry fees.

ABT1- 8. Appeals

- a) The ASRCA Appeals Policy is available on the ASRCA website.
- b) Athletes shall only be permitted to appeal when they are directly affected by a decision. Any athlete not considered for a crew/team/pool shall not have the right to appeal a selection decision.

ABT1- 9. Safety Considerations

- a) The local hosting group will have a site-specific Safety Plan.
- b) All competitors must abide by the Canoe Kayak Canada Code of Safety
- c) All competitors must wear a PFD if required by CKC or the local authority. Note: Inflatable PFDs are not acceptable for U16 age-class competitors.

2023 CANADA CUP EAST RACING TEAM ("Team AB")

CCE 1. Team AB

- a. ASRCA will use results from ABT1 to select Team AB for the 2023 Canada Cup East.
- b. The ASRCA objective is to provide appropriate competition experience to potential 2025 Canada Summer eligible competitors and high-level competitors older than 2025 CSG age.

CCE 2. Eligibility

- a. CSG 2025 Potentials:
 - i. All athletes must meet the 2025 Canada Summer Games Eligibility.
 - ii. Team AB will select athletes in the CKC Long Term Athlete Development Stage 'Learn to Compete'; accordingly, Team AB's minimum age is 14 (born 2011); the maximum is U22 as of January 01, 2025 (born 2003 or later).
 - iii. Athletes must be a CKC competitive sprint member, in good standing, and have no outstanding fines/fees payable to ASRCA.
- b. SENIOR athletes must have a combined ranking above all CSG 2025 Potentials.

CCE 3. Team Size

- a. CSG 2025 Potentials:
 - i. 4 athletes in each discipline will be selected to allow for K4 and C4 Crews.
 - ii. 2 left, and 2 right-sided canoe athletes for men and women crews will be selected.
 - iii. Maximum Team Size of 16 (8 men and 8 women).
 - iv. If 4 athletes in a given discipline cannot be selected, the selection committee will award the remaining spots to the same gender.
- b. Senior Team:
 - i. A maximum of 2 competitors in each discipline will be selected.

CCE 4. Nomination Procedure

- a. For each discipline and distance, the winner of the Final-A will be nominated to the team, provided they achieve a Top-6 discipline combined-distance rank.
- b. The remaining spots will be filled from the 2000m/200m combined distance ranking.
- c. Discipline ranking lists will be calculated based on points awarded in all
- d. distances.
- e. Competitors with the highest accumulated point totals will be nominated before those with lower point totals.
- f. The winner of Final-A will receive 16 points, with 2nd place receiving 15, 3rd receiving 14 etc.,
- g. Athletes selected based on a win in one or more of the distances will be removed from the discipline ranking list, and the list will be recalculated before filling the remaining spots.
- h. Where a tie exists, the athlete with the highest 200m placing will rank above the other.
- i. If a race-off is needed, the challenging crew will face off against the lowest-ranked athlete named to the team. For canoe, left-right considerations will apply (the left challenger will race the lowest-ranked left; the right challenger will race the lowest-ranked right).



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- j. The Selection Committee will meet within two days of the conclusion of the ABT1 to finalize nominations.
- k. Athletes nominated to Team AB will be announced within 5 days of the conclusion of the ABT1.

CCE 5. Accepting a Nomination

- a. Athletes who wish to accept a Team AB nomination must sign the Athlete Code of Conduct and any team-specific contract necessary. By accepting a nomination to Team AB, an athlete agrees to participate fully in all team events, including training camps, competitions, and seminars deemed mandatory by ASRCA (unless they receive approval from the TD).

CCE 6. Removal/Withdrawal

- a. Once selected for Team AB, athletes must abide by ASRCA, CKC, and Canada Summer Games policies and remain in good standing.
- b. If an athlete breaches a policy, athlete code of conduct, or team-specific contract or does not act in the sport's best interest, their case will be referred to the technical committee for review.
- c. The TD will have the final say on the outcome, and the athlete may be removed from Team AB.
- d. If an athlete cannot meet team obligations, the next ranked athlete will be nominated to fill the vacant spot.

CCE 7. Competition Entries

- a. The Canada Cup East Team AB Coach will determine all race entries.

ASRCA DEPTH OF FIELD & RANKING

DEP 1. Discipline Ranking

- a) ASRCA monitors the provincial pool of competitive athletes and may use results from ABT1 and other events to establish a depth-of-field inventory and calculate ranking lists.
- b) The depth-of-field and associated ranking lists are not Team AB lists. See Specific Selection Criteria for Team AB.
- c) Distance-specific and overall ranking lists will be for Canoe Men, Kayak Men, Canoe Women, and Kayak Women.
- d) Age classes will be identified (U14, U16, U18, U22, Senior).
- e) If there are 30 competitors, the winner gets 30 points; the second place gets 29 points; the third place gets 28 points, and so on.
- f) Athletes will be ranked according to the combined distance score, with the highest score representing the best rank.
- g) If an athlete earning a final entry fails to complete the final, the athlete will be assigned the lowest available ranking within the final; if 6 entries, the athlete will be ranked 6th.
- h) No athlete from a lower-level final will be ranked above one from a higher-level final, regardless of performance.

DEP 2. Overall Ranking (Cross-Discipline)

- a) The overall ranking uses performance time across disciplines by converting performance times to a percentage of discipline-specific world standards.
- b) World standards are based on multi-year World Championship or Olympic results.
- c) An example of World-Standard-Times is below for U23. Standards used may be re-calculated based on recent international data.

TABLE MAY BE UPDATED

| | | | | | | |
|----------|--|----------|--|----------|--|----------|
| MC1 500m | | MK1 500m | | WK1 500m | | WC1 500m |
| 1:50.0 | | 1:38.5 | | 1:49.5 | | 2:08.0 |

CSG Triennial (2023-2025)

Requirements: Canada Games eligible & minimum age of 14

Updated: Apr 12, 2023

CANADA GAMES QUADRENNIAL FRAMEWORK (ASRCA)

