



Alberta Team Trials #2 (ABT2)

2021-10-02

Note: Updated Sept 17th, 2021 - Corrected order of finals to C->B->A (Page 5, section 10)

The Alberta Sprint Racing Canoe Association (ASRCA) serves as the provincial governing body to promote and develop the sport of Sprint Canoe/Kayak in Alberta.

ASRCA will hold the second of two Alberta Team Trials events (ABT1 & ABT2) held in 2021 as part of the ongoing assessment of provincial sprint canoe-kayak competitors and utilize results to identify athletes for provincial initiatives.

The information contained in this document is developed with feedback from ASRCA Technical Director (TD), Coaches, and Athletes Representatives. Where nominations to ASRCA Teams is required; the criteria are applied by the Selection Panel with the ASRCA Board having ultimate authority.

1) Event Details

- Location: – Calgary Canoe Club
- Date: – October 02, 2021
- Events: – C1 and K1: 200m, 1000m Races, 2000m Time Trial
- Pre-Event zoom meeting: Thursday, September 30thst, 6:30pm
<https://us02web.zoom.us/j/84873787702?pwd=UmRvMFBHcWJDcG8rcUx4Ui9TK1NKQT09>
Meeting ID: 848 7378 7702
Passcode: 741456
- Start Times – 10:30AM (first race)
 - Anticipate ~ 60-90min between discipline specific events
 - Event start times and lane assignments posted October 1st.
- Registration at asrca.com
 - Registration opens September 15th
 - Due September 29 @ 11:59pm
 - Fee: \$35 with lunch, \$25 without (\$55 after Sept 29)

2) Based on performance results, ASRCA will:

- a) Produce and publish (www.asrca.com) discipline and overall athlete ranking lists including all athletes who have participated.
- b) Nominate 2022 Canada Summer Games eligible athletes to take part in a C4 and K4 training camp (November 10-14th, Victoria BC).
- c) In the case where the here-in outlined process cannot occur, ASRCA reserves the right to modify, cancel or replace procedures to meet its objectives.

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3) Entries

- a) Athletes of all ages who are members and in good standing with an ASRCA club.
- b) Entries must be endorsed by a Sprint Canoe Kayak Coach (ELCC minimum). So as not to delay the event start times, coaches are encouraged to use sound judgement and enter athletes who can complete the course within the scheduled time.
- c) Athletes may enter canoe or kayak disciplines but not both.
- d) Late entries will be permitted to fill empty lanes until October 1st @ 3pm.
- e) Club uniforms are not required.

4) On-Site Logistics

Saturday at the Calgary Canoe Club is a busy time with many members and the public using the club and the grounds. To minimize congestion, CCC paddlers taking part in ABT2 will operate as a visiting team.

- a) Athletes are to check-in at the boat weigh station when arriving on-site the day of the event.
- b) Participants are to avoid the Canoe and Rowing boat bay area when possible.
- c) Team trailers must remain in the paved parking areas.
- d) Paddlers will be stationed with equipment on the grassy field above the canoe club.
- e) Subway lunch will be provided as an option in the on-line registration process.

5) Race and Time Trials Course

- a) The 200m and 1000m course will be directly in front of the Calgary Canoe Club with the course completion in front of the judging tower. Viewing is available from many high vantage points around the canoe club. Please leave the area around the docks clear for paddlers, both competitors and other users.
- b) Figure A (below) outlines the 2000m time trial course with the start and finish both 500m north of the start tower to minimize impact of winds. The 1000m turn point will be marked by a single marker visible with an elevated flag. The finish area is likewise 500m south of the tower but close to shore in a channel with two finish markers designating the end of the course.
- c) It is recommended that all coaches and athletes familiarize themselves with the course by walking the bike path that runs parallel to the course or paddle the course. Turn judge(s) will be stationed to have a clear view of the turn and record its successful navigation. Turn judges will not provide navigation feedback to athletes once the event is underway, as this would amount to external assistance. If an athlete fails to correctly navigate the turn marker, their coach will be informed by the chief official after the event and disqualified. Viewing of the 2000m course is possible from

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the bike path next to the Earl Grey Golf Course (see image). Spectators can walk or bike to viewing areas from the Canoe Club parking lot.



Figure A: 2000m time Trials course

6) Covid-19 Considerations

- a) All participants are required to follow Alberta Health Guidelines
<https://www.alberta.ca/coronavirus-info-for-albertans.aspx>

7) Participant Responsibility

- a) Athletes/teams are responsible for all costs associated with attending the event.
- b) Familiarity with:
 - i) Course format and event details; ranking, assessment and selection policies as outlined in this document.
 - ii) Any modifications presented at the pre-event or information meetings held by the chief official.
- c) In any case that incorrect or conflicting information is communicated, the details contained in the most recent time stamped PDF of this document, posted to www.asrca.com, will be considered correct.

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- d) All competitors must wear a PFD:
- i) PFD regulations are governed by CKC sprint competition rules and CKC Code of Safety.
 - ii) Inflatable PFDs are not acceptable for U16 age class competitors.
 - iii) Site specific PFD regulations for the Glenmore Reservoir require paddlers older than U15 wear a PFD (inflatable PFDs are acceptable).

8) Races: 200m and 1000m

- a) Canoe Kayak Canada Sprint Competition rules will govern racing.
- b) Heats and finals will have a maximum of 6 entries.
- c) Finals are limited to three: Final A, B, C.
- d) When heats are required, seeding will be from ABT1 rankings and specific to distance.
- e) When heats are required; lane 4 in each heat will be filled first by the top ranked athlete, followed by lane 3, lane 5, lane 2 and so on to create a balanced field.
- f) Where no ABT1 ranking exists, athlete assignments will be by random draw, see example below in Table 1 for 3 heats and having 4 unranked ABT1 entries.
- g) When an entry is scratched in a heat, the lane will remain empty unless resulting in fewer heats.
- h) Where an athlete is scratched in a final, lower ranked athletes will be advanced to fill the space and the lane assignments adjusted accordingly.
- i) Where no heats are required, seeding in finals will place the top ranked in the middle of the course: rank 1 - lane 4, rank 2 - lane 3, rank 3 - lane 5, rank 4 – lane 2 and so on until 6 lanes are filled
- j) When 7-12 entries (2 heats), the top 2 ranked in each heat and the next 2 best times overall will advance to Final-A, remaining crews advance to Final B-Final by performance time.
- k) When 13-18 entries (3 heats), Finals A, B, C will be filled with the winner in each heat, followed by the next best times.
- l) When greater than 18 entries, finals will be based solely on performance time.
- m) No result may be considered above those in a higher-level final, regardless of performance time.
- n) Athletes must provide boat numbers for the 200m and 1000m races. ASRCA will provide boat numbers for the 2000m Time Trial.

Table 1: Lane assignment for 18 entries (3 heats) of which 4 are unranked from ABT1.

Heat 1		Heat 2		Heat 3	
Lane	Entry	Lane	Entry	Lane	Entry
1	No Rank - Rand(2)	1	No Rank - Rand(3)	1	No Rank - Rand(4)
2	ABT1 - Rank 10	2	ABT1 - Rank 11	2	ABT1 - Rank 12
3	ABT1 - Rank 4	3	ABT1 - Rank 5	3	ABT1 - Rank 6
4	ABT1 - Rank 1	4	ABT1 - Rank 2	4	ABT1 - Rank 3
5	ABT1 - Rank 7	5	ABT1 - Rank 8	5	ABT1 - Rank 9
6	ABT1 - Rank 13	6	ABT1 - Rank 14	6	No Rank - Rand(1)

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9) Time Trials: 2000m

- Start order will be by discipline (1st - Men Kayak, 2nd - Men Canoe, 3rd - Women Kayak and 4th - Women Canoe) and within discipline by age (oldest first).
- In the case of a false start, one 'failed attempt' to complete the course will be recorded.
- Failed attempt: In the case that the competitor attempts but cannot complete the course while making a legitimate good-faith effort, a second attempt will be permitted; the 2nd attempt will have the athlete start in the next available start position (last in line).

10) Event Order

- Events will be run in order: 200m, 1000m then 2000m.
- Figure B provides a sample event format. Event and start times will be posted at www.asrca.com by the end of September 30th; further modifications to event start times made on the day of the event will be communicated by the chief official.
- Paper copies may be available on-site. In case of discrepancy, the on-line published version (www.asrca.com) will be considered correct.

	Men Kayak	Women Kayak	Men Canoe	Women Canoe		Men Kayak	Women Kayak	Men Canoe	Women Canoe
10:30	200m Heat 1				1:30	1000m Heat 1			
10:33	200m Heat 2				1:37	1000m Heat 2			
10:36	200m Heat 3				1:44	1000m Heat 3			
10:39		200m Heat 1			1:51		1000m Heat 1		
10:42		200m Heat 2			1:58		1000m Heat 2		
10:45		200m Heat 3			2:05		1000m Heat 3		
10:48			200m Heat 1		2:12			1000m Heat 1	
10:51			200m Heat 2		2:19			1000m Heat 2	
10:54				200m Heat 1	2:26				1000m Heat 1
10:57				200m Heat 2	2:33				1000m Heat 2
12:00	200m Final C				3:00	1000m Final C			
12:03	200m Final B				3:07	1000m Final B			
12:06	200m Final A				3:14	1000m Final A			
12:09		200m Final C			3:21		1000m Final C		
12:12		200m Final B			3:28		1000m Final B		
12:15		200m Final A			3:35		1000m Final A		
12:18			200m Final B		3:42			1000m Final B	
12:21			200m Final A		3:49			1000m Final A	
12:24				200m Final B	3:56				1000m Final B
12:27				200m Final A	4:03				1000m Final A
					4:30	2000m T-Trials	2000m T-Trials	2000m T-Trials	2000m T-Trials

Figure B: Sample of race day format with 200m, 1000m heats and finals along with the 2000m time trial to end the day. **NOTE: Start times and Intervals may not be exactly as shown.**

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11) Boat Weighing

- a) Boat weight will be monitored and must meet minimum regulations (K1 – 12kg, C1 – 14kg). Post-race boat weighing will take place directly after all the 200m, 1000m and 2000m races.
- b) The boat scale will be available to athletes 2 hours before the scheduled first race start.
- c) Sand, tape and bags may be provided to paddlers but it is recommended that paddlers have personal supplies in case there is not enough available. ASRCA is not responsible for providing athletes with boat weight.
- d) Novice class k1 and c1 (mini's) will not be required to meet minimum weight but if called, must report post-race.
- e) For the 200m and 1000m, the top 3 crews and one randomly selected will report to boat control. Failure to report to boat control will result in disqualification from the specific event and no rank recorded. The Chief Official has the authority to call any/all boats to the weigh station following an event.
- f) Athletes are not to interact with others and proceed directly to the boat weigh station. Failing to do so may result in disqualification.
- g) All 2000m competitors are required to report to the boat weigh station following completion of the event.

12) Discipline Ranking

- a) ASRCA will compile discipline ranking lists for Canoe Men, Kayak Men, Canoe Women, and Kayak Women.
- b) Within each discipline, age-class (U14, U16, U18, U21, Senior) ranking lists will be produced.
- c) Ranking will be made using the 200m and 1000m race results only.
- d) Ranking points will be independently assigned for each 200m and 1000m final with first place - 30 points, second - 29 points, third - 28 points, and so on.
- e) The discipline rank points will be added to establish a combined distance rank score. Athletes will be ranked according to the combined score, with the highest score representing the best rank.
- f) Results at both distances are required for calculation of rank. Completion of one event only will not qualify for assessment or ranking and will not be included in ranking calculations.
- g) Where two (2) Athletes have a tied points total, the athlete who achieves the best placing in the 1000m distance will be ranked higher.

13) Overall Performance Time Ranking (Cross-Discipline)

- a) The overall ranking uses performance time for the assessment of performance level relative to discipline specific world standards.
- b) The overall ranking uses the combined 200m and 1000m finals performance times, with both distances weighted equally and presented as a percentage of the discipline-specific 200m World Podium Time (PT200). See Appendix A.
- c) Ranking lists will be posted at www.asrca.com within one week following the ABT2.

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Table 2: Example of the overall (across-discipline) ranking calculation:

	Paddler A (Men Canoe)	Paddler B (Men Kayak)	Paddler C (Women Canoe)	Paddler D (Women Kayak)
200m Result	00:43.0	00:37.0	00:48.0	00:41.0
200m Result x 5	03:35.0	03:05.0	04:00.0	03:25.0
1000m Result	04:18.0	03:42.0	04:48.0	04:06.0
Combined time	07:53.0	06:47.0	08:48.0	07:31.0
Combined Time / 10	00:47.3	00:40.7	00:52.8	00:45.1
PT200m	00:40.1	00:34.9	00:47.8	00:40.1
% PT200*100	118%	117%	110%	112%

From the sample, the resulting overall ranking is:

Rank 1: Paddler C – 110%
 Rank 2: Paddler D – 112%
 Rank 3: Paddler B – 117%
 Rank 4: Paddler A – 118%

14) K4 & C4 CREW CAMP (November 10-14, 2021)

- a) ASRCA will nominate 2022 Canada Summer Games eligible athletes, to attend a K4 & C4 training opportunity to be held November 10-14, and is planned for Victoria BC to take advantage of the milder climate.
- b) Athletes must be a minimum of 14 years of age on November 10th, 2021.
- c) Athletes will be responsible for personal transportation to and from the camp and meals while at camp.
- d) If flying, a coach will meet the athlete(s) at the Victoria Airport.
- e) Athletes should arrive in Victoria on the evening of November 10th and depart the evening of November 14th.
- f) All athletes are strongly encouraged to be fully vaccinated for Covid-19 a minimum of two weeks prior to the start of camp. At the time of this posting, vaccination is not mandated but this could change. ASRCA retains the right to revisit the vaccination requirement at any time.

CREW CAMP SELECTION CRITERIA

- g) From the top 12 ranked athletes of the 200m and 1000m events, 4 or 8 athletes may be nominated.
- h) Nominations will be in order: 1st in 1000m, 1st in 200m, 2nd in 1000m, 2nd in 200m and continuing in the sequence.
- i) Suppose an athlete ranks among the top 4 in both distances; the lower ranked distance will be removed from the list, thus advancing next-ranked athletes.
- j) If athlete(s) declines nomination, the next ranked athlete(s) will receive a nomination. Regardless, nominations will not go to athletes outside the initially ranked top 12 discipline list.

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- k) Final team size will be determined based on budget considerations and the intent to fill one 'or' two complete crews of each men and women. The maximum team size is 32:

8 kayak women (4 or 8)
8 canoe women (2 or 4 left + 2 or 4 right)
8 kayak men (4 or 8)
8 canoe men (2 or 4 left + 2 or 4 right)
32 = maximum team size

- l) Where a race-off is granted as part of an appeal ruling, the challenging crew will race-off against the lowest ranked athlete named to the team. ie. If 4 athletes are named to a team and a race off is granted, the challenger races against the existing 4th ranked crew. In the case of canoe, left-right considerations apply.

Decision Making Authority

- m) Event results are provided by the chief official to the ASRCA Selection Panel.
- n) Selection Panel members shall be approved by the ASRCA President with the Technical Director serving as chair. The Technical Director (TD) will appoint panel members.
- o) The Technical Director may terminate the appointment of any Selection Panel member or appoint additional member(s) if they consider it appropriate to do so. The TD may direct any member of the Selection Panel to vacate the relevant Selection Panel for such period as the TD considers appropriate where the TD considers, in their sole discretion, the Selection panel member has an association with an athlete which may give rise to a question of bias or conflict of interest in the selection process. See ASRCA conflict of Interest Policy.
- p) The ASRCA President may terminate the appointment of the TD from the Selection Panel if they consider it appropriate to do so. In this case, the President will appoint a replacement, or if appropriate, themselves as the chair of the Selection Panel.
- q) The ASRCA Excellence Lead in consultation with the Northern Provincial Coach, under the direction of the Technical Director, is responsible for the implementation and procedures in this document.
- r) The Selection Panel will recommend nominations to the ASRCA board for final approval.

15) Exceptional Circumstances

- a) These criteria are intended to apply where fair conditions exist, but situations may arise where unforeseen circumstances or circumstances beyond ASRCA's control do not allow selection to take place in a fair manner or in the best interests of the priorities and general principles for selection as indicated in these criteria; or do not allow the procedure for nomination as described in this document to be applied.



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- b) In the event of such unforeseen circumstances the TD and the selection panel will, in consultation with the appropriate parties, determine if the circumstances justify an alternative process.

16) Appeal Policy

- a) ASRCA utilizes the Canoe Kayak Canada Appeal Policy Appeals of ASRCA decisions may be pursued only through the ASRCA's Appeals Policy available on the ASRCA website.
- b) Athletes shall only be permitted to appeal when they are directly affected by a decision. As such, any athlete who was not considered for a crew/team/pool shall not have the right to appeal a selection decision.

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Appendix A

200m PODIUM TIMES (PT): CALCULATED AVERAGE OF PAST 4 SENIOR WORLD CHAMPIONSHIP PODIUM TIMES.

Men Canoe 200m Podium Times

	2019	2018	2017	2015	
Gold	00:39.2	00:42.3	00:39.5	00:38.6	Men Canoe PT200
Silver	00:39.5	00:42.4	00:39.7	00:38.8	
Bronze	00:39.5	00:42.4	00:40.0	00:38.9	
Average	00:39.4	00:42.4	00:39.7	00:38.8	

00:40.1

Women Canoe 200m Podium Times

	2019	2018	2017	2015	
Gold	00:49.3	00:45.6	00:45.5	00:48.7	Women Canoe PT200
Silver	00:49.7	00:46.2	00:46.1	00:48.8	
Bronze	00:50.0	00:46.8	00:47.2	00:49.2	
Average	00:49.7	00:46.2	00:46.3	00:48.9	

00:47.8

Men Kayak 200m Podium Times

	2019	2018	2017	2015	
Gold	00:34.9	00:35.3	00:33.7	00:34.8	Men Kayak PT200
Silver	00:35.0	00:35.4	00:34.4	00:35.0	
Bronze	00:35.1	00:35.5	00:34.6	00:35.4	
Average	00:35.0	00:35.4	00:34.3	00:35.1	

00:34.9

Women Kayak 200m Podium Times

	2019	2018	2017	2015	
Gold	00:39.4	00:38.8	00:38.4	00:40.1	Women Kayak PT200
Silver	00:41.3	00:40.5	00:39.0	00:40.7	
Bronze	00:41.3	00:40.6	00:39.6	00:41.2	
Average	00:40.7	00:40.0	00:39.0	00:40.7	

00:40.1