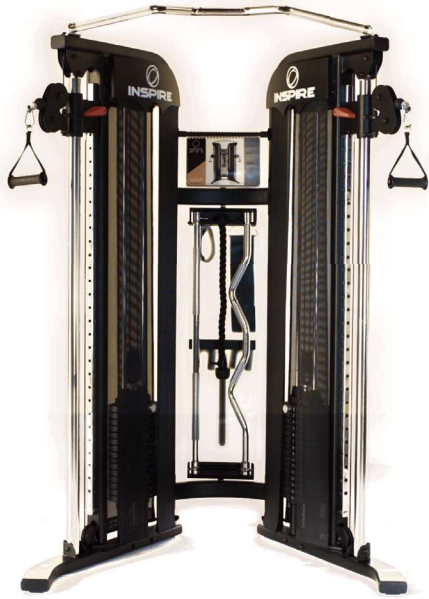


# FT1 Functional Trainer



## Weight

725 lbs / 329 kgs

## Dimensions

W - 54 in

L - 46 in (83 in with optional bench)

H - 83 in

W - 138 cm

L - 117 cm (211 cm with optional bench)

H - 211 cm

## Light Commercial Warranty

Limited Lifetime Frame, 10y parts



### Loaded Yet Compact

One of the industry's smallest footprints in a full Functional Trainer



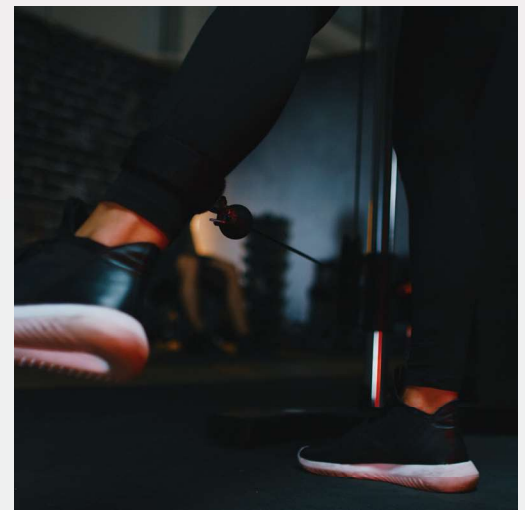
### Isolate Each Pulley

Two weight stacks & inventive engineering allow for independent movements



### Complete Freedom

30 swivel pulley positions provide movement in any direction for unrestricted exercises



**Frame** - Heavy-duty rectangular steel, matte black

**Included Accessories** - Tricep Rope, 2 x Rubber D Handles, Straight Bar, EZ Curl Bar, Ankle Strap, Multi-Function Belt, Sport Handle Exercise Booklet, 2 x 5 lbs Add-On Weights, Exercise Booklet

**Optional Add Ons** - 2 x 50 lbs, (107.5 lbs max per pulley), Bench, Preacher Curl Attachment, Ab Bar

**Weight Stacks** - 2 x 165 lbs (75 kgs) (1:2 ratio for 82.5 lbs per pulley, 85 lbs with 5 lbs Add-On Weights)