

# ADAPT 230 | ADAPT 260 ADAPT 231 | ADAPT 261

Bluetooth® headset certified for Microsoft® Teams

### User Guide

1

## Contents

## Questions? Click to Live Chat

The ADAPT 200 series	2
Package contents	3
Product overview Overview of the headset Overview of the headset LED indications Overview of the headset buttons Overview of the icons Overview of the dongle Overview of the dongle LED indications Overview of the dongle button	
Getting started Pairing the headset with Bluetooth® devices Installing the EPOS Connect software Changing Audio settings for the headset – Microsoft® Windows	
Using the headset Turning the headset on and connecting it Turning the headset off Adjusting and wearing the headset Adjusting the volume Adjusting the headset's microphone volume for softphones Muting the microphone	
Making calls using the headset         Making a call         Accepting / rejecting / ending a call         Redialing         Using the voice assistant / voice dial         Managing multiple calls	
Using headset and dongle with Microsoft® Teams / Cortana Invoking Microsoft® Teams and check notifications Activating and using Microsoft® Cortana	17
Listening to audio using the headset	
Additional functions Charging the headset battery Verifying remaining battery power Storing and transporting the headset If you leave the Bluetooth range Reconnecting / disconnecting Bluetooth Enabling / disabling voice prompts	
Maintaining the products and updating the firmware Cleaning the products. Replacing the ear pads. Updating the firmware of the products.	
If a problem occurs Clearing the pairing list of the headset (Reset) Clearing the pairing list of the dongle (Reset)	
Specifications	

### The ADAPT 200 series

#### Access peak performance anywhere

If work means calls via multiple devices, choose a wireless headset that fits with your dynamic working style in the hybrid workplace. Lightweight, portable and wireless, this flexible audio companion keeps you at peak performance.

The boom arm gets you closer to the conversation and folds easily into the headband for a clean, modern look. Focus while listening to music at work with stereo sound and jump straight into virtual meetings via a Microsoft Teams certified or UC optimized solution.

#### Key benefits & features

Enjoy flexible connectivity and great audio Connect wirelessly via Bluetooth® to two of your favourite devices simultaneously and enjoy renowned stereo sound

Maximize your comfort and productivity With thick, soft, on-ear leatherette ear pads, enabling all-day comfort and passive noise damping

Microsoft Teams certified and UC optimized Certified for Microsoft Teams and optimized for UC for a seamless user experience that boosts your productivity

Stay stylish with sleek design

Look good at work or on-the-go with contemporary design and a boom arm that folds discreetly into the headband

Extremely portable to keep you moving With a smart fold-flat ear cup design and carry pouch, simply pack up and move on to your next working task

#### Additional benefits & features

Up to 27 hours battery life Reliable performance wherever and however you work

Jump straight into Teams meetings Via dedicated Microsoft Teams button

**Optimal call clarity** With noise-cancelling microphone to filter out ambient noise

Enjoy EPOS Voice™ technology For a more natural listening experience

Get a personalized fit With an adjustable, flexible headband

Avoid acoustic shock on calls With EPOS ActiveGard® technology

Smart noise limiter Enable noise limitation according to European and Australian standards via EPOS Connect



For safety instructions, consult the Safety Guide.

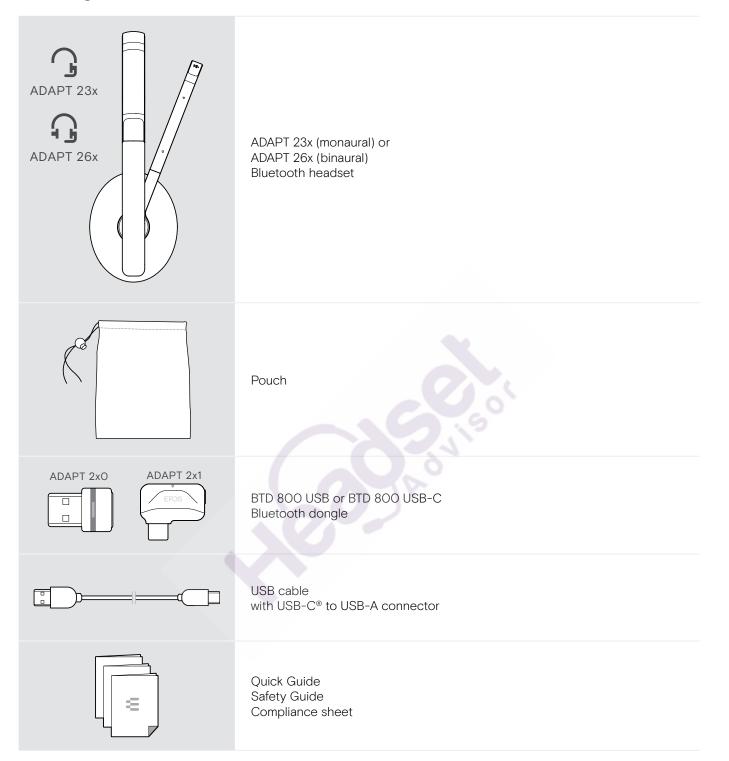
A list of accessories can be found on the product page at www.eposaudio.com.

#### **Trademarks**

The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by DSEA A/S is under license. USB Type-C<sup>®</sup> and USB-C<sup>®</sup> are trademarks of USB Implementers Forum.

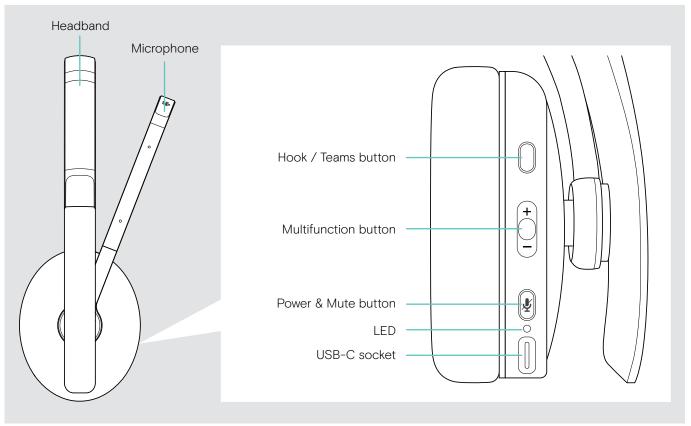
All other trademarks are the property of their respective owners.

## Package contents



## **Product overview**

#### Overview of the headset



#### Overview of the headset LED indications

• •	<ul> <li>Headset connected</li> <li>Headset turned off</li> <li>Headset fully charged</li> <li>Headset turns on</li> <li>Pairing list cleared</li> <li>Bluetooth device found</li> <li>Headset disconnected from mobile device/dongle</li> <li>Bluetooth reconnects</li> <li>Headset in pairing mode: searching for mobile device/dongle*</li> <li>Headset turns off</li> <li>Incoming call</li> <li>Battery power between 61 and 100%</li> </ul>
× <u>1*1•1*1</u>	<ul><li>Battery power between 21 and 60%</li><li>No Bluetooth device found</li><li>Rechargeable battery is weak</li></ul>

\*Once the headset is successfully connected, the LED goes off.

## Questions? Click to Live Chat

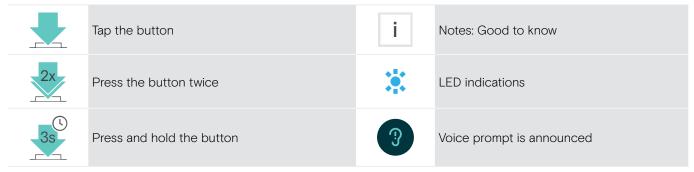
#### Overview of the headset buttons

Power & Mute button	Press	Function	Page
	2s	Turns the headset on / off	11
		Mutes / unmutes the microphone	13
		Cancels pairing (Pairing mode)	8
	2x	Requests remaining battery power	19
		Pairs the headset with a Bluetooth device	8
	4s	Clears pairing list (Pairing mode): Press Power & Multifunction button	25
Hook / Teams button	Press	Function	Page
		Initiates a call	14
	_	Accepts / ends a call	14
		2 calls: Answers incoming & ends active call	16
		2 calls: Ends active & unholds paused call	16
		Invokes Microsoft Teams	17
		Puts an active call on hold (pause) / unholds call	14
	2x	Redials the last number	15
		2 calls: Answers incoming & puts active on hold	16
		2 calls: Toggles between two calls	16
		Activates voice assistant / Cortana	15
		Rejects a call	14
	15	Enables voice prompts: Press Hook & Multifunction button in the direction +	21
		Disables voice prompts: Press Hook & Multifunction button in the direction -	

Multifunction button	Press	Function	Page
		Increases the volume (press or press and hold)	13
	+	Decreases the volume (press or press and hold)	13
		Starts / pauses audio playback	
	2x	<ul><li>Skips to the next track</li><li>Press and hold: Fast-forwards the track*</li></ul>	18
	3x	<ul> <li>Skips to the previous track</li> <li>Press and hold: Rewinds the track*</li> </ul>	
	4s	Clears pairing list (Pairing mode): Press Power & Multifunction button	25

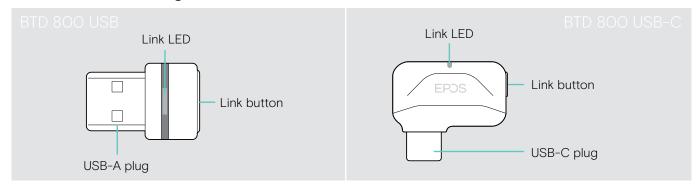
\* These functions are not supported by all connected Bluetooth devices.

#### Overview of the icons



## Questions? Click to Live Chat

### Overview of the dongle



### Overview of the dongle LED indications

	;;-;;-;;-;	Dongle in pairing mode: searching for headset
	3x ≑ — €	Pairing successful
	3x ≑ — ÷	Pairing failed
	;—; — ;—; —	Dongle tries to connect to a Bluetooth device
	<b>३</b> — €	Dongle and Bluetooth device connected
	;_; _ ;_; _	Incoming call
EROS	<b>≥</b> —€	<ul><li>Outgoing/active call</li><li>Audio playback</li></ul>
	÷—÷	Connected to Teams
	;—; — ;—; —	<ul><li>Teams notification</li><li>Connecting to Teams or Invoking Cortana</li></ul>
	;—; — ;—; —	Microphone of the connected Bluetooth device is muted

#### Overview of the dongle button

Link button	Press	Function	Page
	35	Pairs the dongle with the headset	8
		Reconnects the headset	21
	2x	Disconnects the headset	21

## Getting started

#### Pairing the headset with Bluetooth® devices

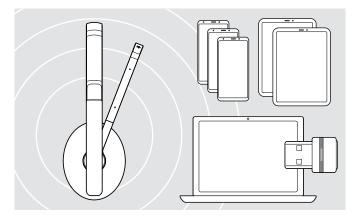


#### CAUTION Danger of malfunction!

The transmitted radio waves of mobile devices can impair the operation of sensitive and unprotected devices.

> Only use Bluetooth where it is permitted.

The headset complies with the Bluetooth 5.0 standard. Bluetooth devices need to support the "Hands-Free Profile" (HFP), the "Headset Profile" (HSP), "Audio Video Remote Control Profile" (AVRCP) or the "Advanced Audio Distribution Profile" (A2DP).



USB-C

•

USB-A

#### Connecting the headset via the dongle

To transmit data via Bluetooth, you first have to pair your headset to a wireless device. The delivered dongle is already paired with the headset.

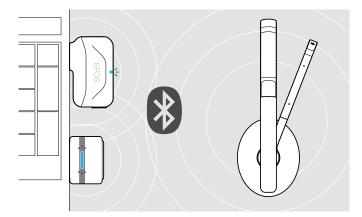
The headset can save up to eight paired devices. If you pair the headset with a ninth device, the device with the oldest activity in the pairing list will be overwritten. If you want to re-establish a connection with this device, you have to pair it again.

The headset can be connected to two of the paired devices at the same time. You can only connect another device by disconnecting one of the already connected devices.

To connect the headset wirelessly with a computer, use the BTD 800 USB or BTD 800 USB-C dongle.

The dongle and the headset in the bundles are already paired.

- > Turn the headset on (see page 11).
- ▷ Plug the dongle into the USB port of your computer.



The dongle LED flashes blue while searching and switches to dimmed blue when connected successfully to the headset.

3x ÷ — ∈ ▶ ३—-÷

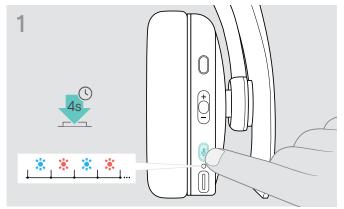
If Microsoft Teams is invoked: The dongle connects to Teams and lights up purple instead of blue.



The dongle shows Teams notifications (see page 17).

- To manually pair the headset and the dongle, activate the pairing mode for both:
- Press and hold the headset's Power button and the dongle's button until the LEDs alternately flashes blue and red. Once the dongle and the headset are connected, the dongle lights up dimmed blue.

#### Pairing the headset via Bluetooth with a mobile device



Press and hold the Power button until the LED flashes blue and red.

The headset is in pairing mode.



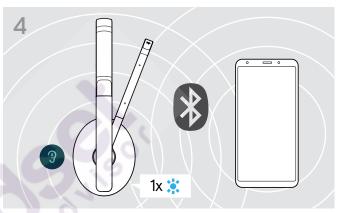
Select "EPOS ADAPT 2xx" to establish a Bluetooth connection to the headset.

i

To cancel pairing: Press the Power button. Questions? Click to Live Chat



Enable Bluetooth on your mobile device and start the search for Bluetooth devices – see instruction manual of your mobile device.

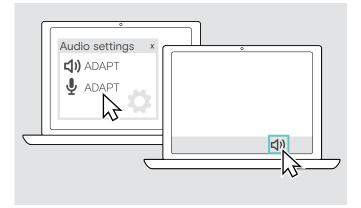


As soon as the headset finds a device to connect to, the LED lights up blue shortly and turns off.

#### Installing the EPOS Connect software



## Changing Audio settings for the headset – Microsoft® Windows



The free EPOS Connect software allows you to configure and update your headset and offers additional settings.

- ▷ Download the software from www.eposaudio.com/connect.
- ▷ Install the software. You need administrator rights on your computer - if necessary, contact your IT department.
- To make calls via the computer:
- ▷ Install a softphone (VoIP Software) or ask your admin for support.

Windows usually changes the Audio settings automatically if you connect a new headset.

If the headset is connected but you hear no sound:

- ▷ Right-click the Audio icon.
- ▷ Select under output ADAPT 2xx as speaker.
- ▷ Select under input ADAPT 2xx as microphone.

### Using the headset

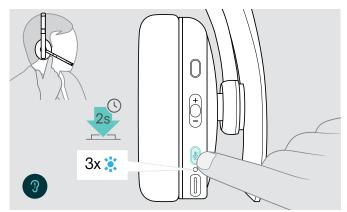


#### CAUTION Hearing damage due to high volumes!

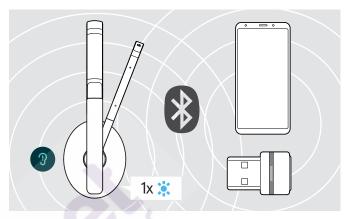
Listening at high volume levels for long periods can lead to permanent hearing defects.

- > Set the volume to a low level before putting on the headset.
- > Do not continuously expose yourself to high volumes.

#### Turning the headset on and connecting it



Press the Power button for 2 seconds.
 The headset turns on. The LED flashes blue shortly.
 The headset automatically tries to connect to available paired Bluetooth devices.

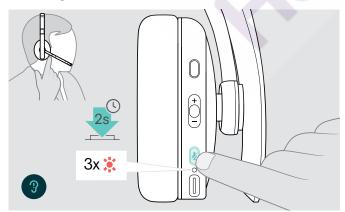


As soon as the headset finds a device to connect to, the LED lights up blue shortly and turns off.

If the LED flashes red, no paired device has been found.

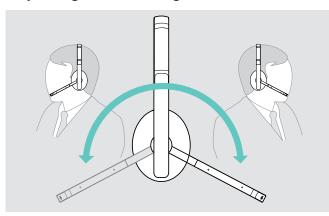
The search function is deactivated while the audio cable is connected.

#### Turning the headset off

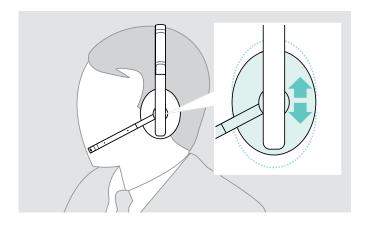


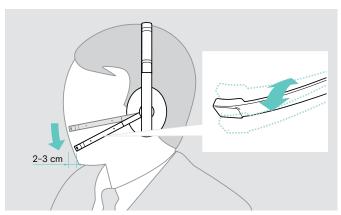
- Press the Power button for 2 seconds. The LED flashes red 3 times and turns off.
   All volume settings are saved automatically when the headset is turned off.
- Charge the headset (see page 19). OR
- > Store the headset (see page 20).

### Adjusting and wearing the headset



▷ Rotate the microphone boom.

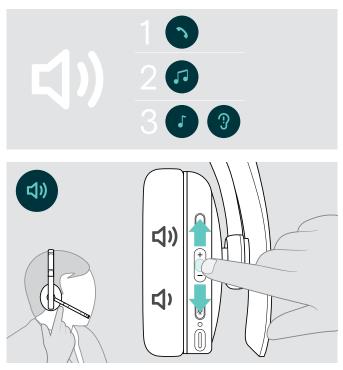




- ▷ Bend the microphone boom so that the microphone is about 0.8" (2 cm) from the corner of your mouth.
- $\triangleright$  Adjust the headset so that the
  - ADAPT 23x: ear pad rests comfortably on your right or left ear.
  - ADAPT 26x: the ear pads rest comfortably on your ears.

## Questions? Click to Live Chat

#### Adjusting the volume



You can adjust three independent volume settings for the headset:

- 1. Call volume: during an active call
- 2. Audio volume: during audio streaming
- 3. Volume for ring tone, tones and voice prompts: in idle mode – no active call or audio streaming
- Press the Volume button to increase or decrease the volume.

You hear a beep or double beep for maximum or minimum volume.

Alternatively you can adjust the volume on your connected device.

#### Adjusting the headset's microphone volume for softphones



Muting the microphone

- Initiate a call on your connected device to someone who will help you find the correct volume setting for your microphone.
- Change the microphone volume in your softphone application and/or in your PC audio application.

- ▷ Press the Mute button to
  - **J**JJ mute or
    - unmute the microphone.



## Making calls using the headset

The following functions depend on the connected device.

#### Making a call



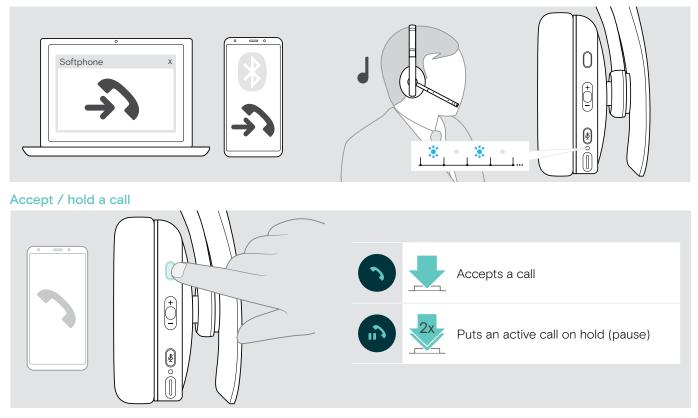
- Initiate the call on your connected device. OR
- Press the Hook button to initiate a call via your softphone.

If your call is not automatically transferred to the headset:

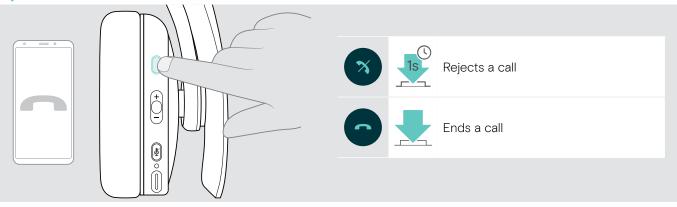
Search this function in the instruction manual of your connected device.

### Accepting / rejecting / ending a call

When you receive a call, you hear a ring tone and the LED flashes blue.

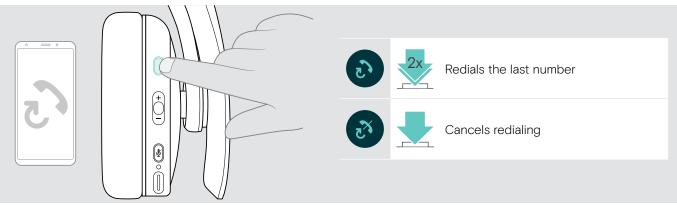


Reject / end a call



#### Redialing

## Questions? Click to Live Chat



#### Using the voice assistant / voice dial

The last connected Bluetooth device will be used for voice assistant or voice dial. For Microsoft Cortana: see page 17.



#### Managing multiple calls

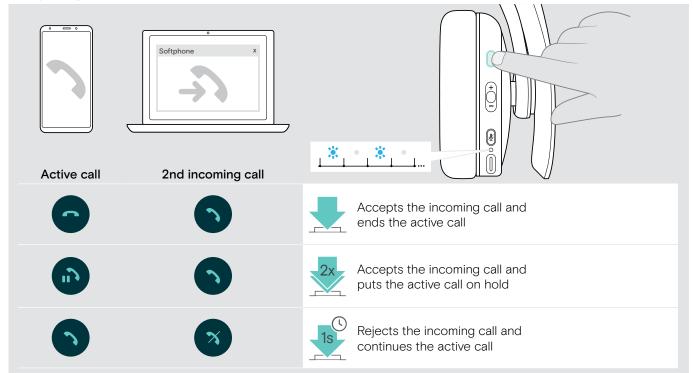


#### Accept / reject second call

You can use the Headset with up to two connected Bluetooth devices.

Two calls can be managed simultaneously.

If you receive a call during an active call, a knock on tone will be played.

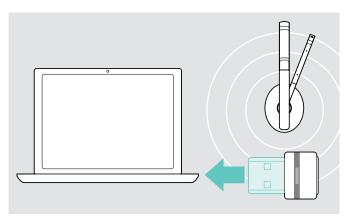


#### Toggle between calls / end active call

Active call	Softphone x	
		2x Taggles between the active and held call
		Toggles between the active and held call
6	5	Ends the active call and makes the held call active

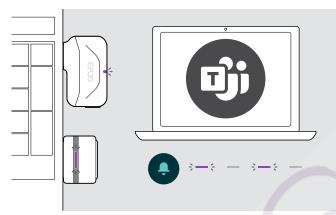
## Questions? Click to Live Chat

## Using headset and dongle with Microsoft® Teams / Cortana

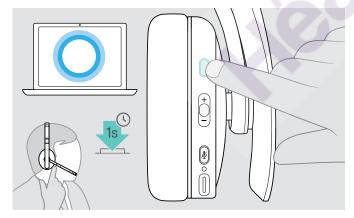


- To use Microsoft Teams and Cortana with the headset:
- Plug the dongle into the USB port of your computer see page 8.
  - If Microsoft Teams is already running, the blue LED changes to purple automatically.

#### Invoking Microsoft® Teams and check notifications



### Activating and using Microsoft® Cortana



- ▷ Start Microsoft Teams on your computer.
- The dongle connects to Microsoft Teams and the LED blue LED changes to purple.



The LED pulses purple to indicate:

- Meeting Join Notification
- Voice Mail Notification
- Missed Call Notification

To check these Notifications on your screen:

▷ Press the Teams button.

You can activate and use Cortana – Microsoft's Personal Digital Assistant using Voice command technology – with the headset.

Press the Hook button. The Dongle LED flashes purple while activating Cortana.

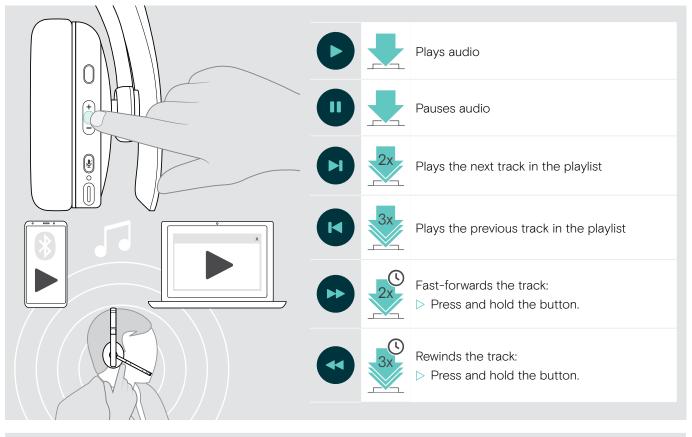
÷—÷ — ÷—÷ —

The LED lights up purple and Cortana is ready to use. z = z

## Listening to audio using the headset

You can listen to audio via a connected device. The following functions depend on the connected device.

Play the media on your connected Bluetooth device. The LED on the dongle lights up blue.

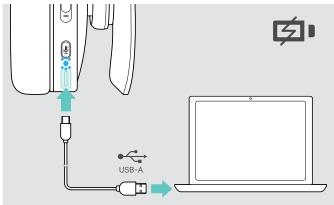


If you receive and accept a call, audio playback is paused and restarts after the call – if supported by the connected device.

## Additional functions

### Charging the headset battery

> Connect the supplied USB cable to the USB socket of the headset and a USB socket of your computer.



The battery is being charged. The LED lights up depending on the battery status of the headset and turns off when the battery is fully charged.

LED	Battery status
•	100% - Battery fully charged
*	more than 61%
*	more than 21%
*	less than 21%

#### To end charging:

▷ Disconnect the USB cable from the headset.

When the battery is flat, the headset turns off automatically.

#### Verifying remaining battery power



Some mobile devices indicate the battery status of the headset.

You can retrieve information on the remaining battery power at any time – except while you are in a call:

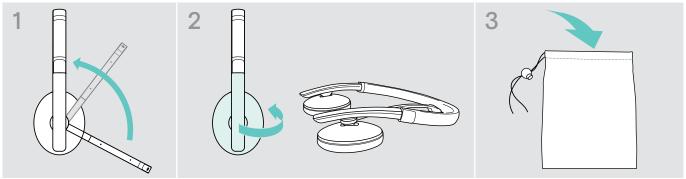
- Press the power button. The LED flashes shortly and a voice prompt is announced.
- ر ک

When the battery power drops below 21%, the LED flashes red and "Recharge headset" is announced several times.

more than 61%	
more than 21%	
less than 21% – automatic voice prompt	

#### Storing and transporting the headset

To avoid nicks or scratches on the headset:



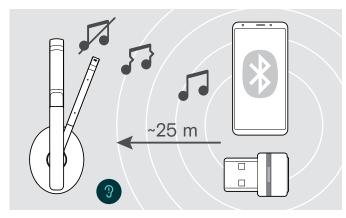
- > Rotate the microphone boom so that it disappears underneath the headband.
- ▷ Fold the ear cups inwards.
- > Store the headset in the pouch when not in use or when carrying it around. Keep it in a clean and dry environment.

If you do not use the headset for extended periods of time:

> Charge the built-in rechargeable battery every 3 months for about 1 hour.

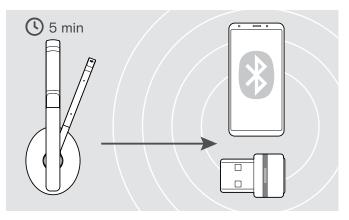
#### If you leave the Bluetooth range

The range between headset and Bluetooth device is device dependent. The transmission range largely depends on environmental conditions such as wall thickness, wall composition etc. With a free line of sight, the transmission range of most Bluetooth devices is up to 25 meters.



If the audio quality deteriorates e.g. during a call or the link breaks down completely:

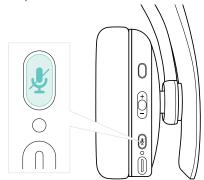
> Re-enter the radio range of the Bluetooth device.



If you re-enter the Bluetooth transmission range within 5 minutes, the connection is re-established.

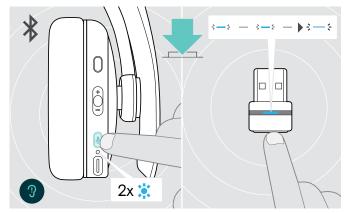
After more than 5 minutes the connection breaks down completely and you have to manually re-establish the connection:

▷ Tap the Power button.



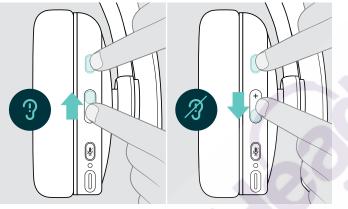
#### Reconnecting / disconnecting Bluetooth

#### **Reconnecting Bluetooth**



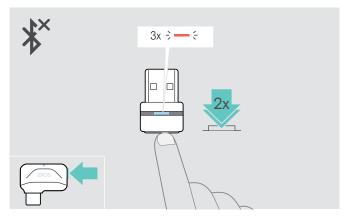
Tap the headset's Power button or the dongle's button. The headset flashes 2 times blue as soon as the headset finds a device to connect to. The dongle flashes blue and lights up dimmed blue.

#### Enabling / disabling voice prompts



## Questions? Click to Live Chat

#### **Disconnecting Bluetooth**

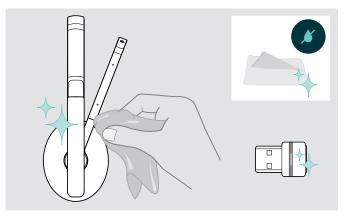


- Double tap the dongle's button. Bluetooth will be disconnected. The LED flashes 3 times red.
- In idle mode (no active call or audio playback):
- ▷ Press the Hook & Multifunction button
  - in the direction +, to enable or
  - in the direction -, to disable the voice prompts.
  - The corresponding voice prompt is announced.

If the voice prompts are deactivated you hear tones instead.

## Maintaining the products and updating the firmware

#### Cleaning the products



#### CAUTION

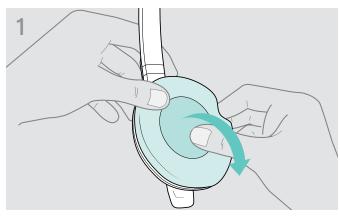
#### Liquids can damage the electronics of the product!

Liquids entering the housing of the device can cause a short circuit and damage the electronics.

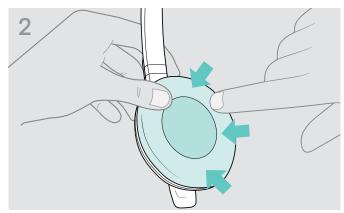
- ▷ Keep all liquids far away from the product.
- > Do not use any cleansing agents or solvents.
- > Only use a dry cloth to clean the product.

#### Replacing the ear pads

For hygienic reasons, you should replace the ear pads from time to time. Spare ear pads are available from your EPOS partner.



> Carefully remove the old ear pad from the ear cup.



> Attach the new ear pad to the ear cup by pressing firmly around the ear pad.

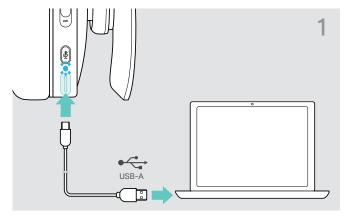
## Questions? Click to Live Chat

#### Updating the firmware of the products

To update the installed firmware:

▷ Install the free of charge EPOS Connect software (see page 10).

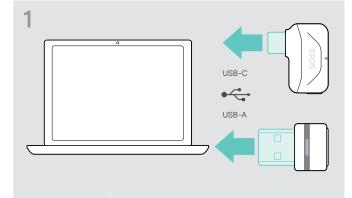
#### Updating the firmware of the headset



 Connect the USB cable to your headset and your computer.
 The LED lights up.



#### Updating the firmware of the dongle



Plug the dongle into the USB port of your computer. The LED lights up.

#### ▷ Start EPOS Connect.

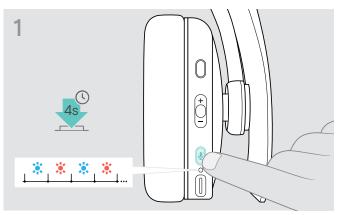
If there is a new firmware available the software will guide you through the update process.

## If a problem occurs ...

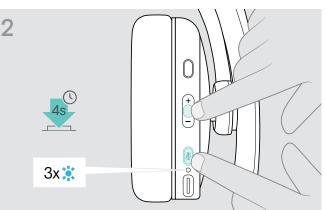
Problem	Possible cause	Solution	Page
Headset cannot be turned on	Rechargeable battery empty	Recharge the headset battery.	19
No audio signal or drop outs	Headset not paired with a Bluetooth device	▷ Pair the headset.	8
	Volume adjusted too low	▷ Increase the volume.	13
	Headset turned off	▷ Turn the headset on.	11
	Computer: Headset not selected as audio device	Change the Audio settings of your computer.	10
Headset cannot be connected via Bluetooth	Headset not paired	<ul> <li>Pair the headset with a Bluetooth device (max. 20 cm distance while pairing between devices).</li> </ul>	8
		Check if your Bluetooth device supports the HF or HS profile.	-
	off	▷ Turn Bluetooth on.	-
		Plug the dongle into the USB port of your Computer.	8
Microsoft Teams does not	Dongle or Microsoft Teams	▷ Unplug and plug the dongle again.	-
work: LED blue instead of purple	disturbed	▷ Re-start Teams on your device.	-
Beeps instead of voice prompts	Voice prompts disabled	▷ Enable the voice prompts.	21
Headset or dongle does	Software or hardware problems	$\triangleright$ Turn the headset off and on again.	11
not react to any button press		> Unplug and plug in the dongle again.	8
		▷ Clear the pairing list of the headset.	25
		▷ Clear the pairing list of the dongle.	25

If a problem occurs that is not listed in the above table or if the problem cannot be solved with the proposed solutions, please contact your local EPOS partner for assistance. To find the EPOS partner in your country, search at www.eposaudio.com.

#### Clearing the pairing list of the headset (Reset)

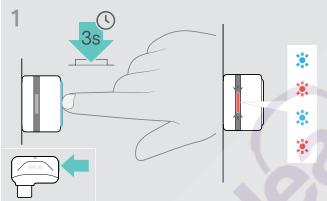


> Press and hold the Power button until the LED flashes blue and red.



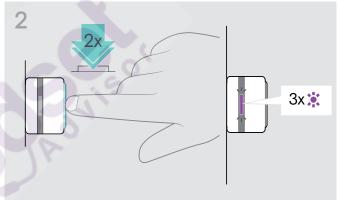
> Simultaneously press the Multifunction button and the Power button.

The LED flashes blue 3 times. The pairing list is cleared. The headset searches for Bluetooth devices to pair with - see page 8.



Clearing the pairing list of the dongle (Reset)

- ▷ Plug the dongle into the USB port of your computer.
- > Press and hold the button until the LED flashes blue and red.



> Double press the dongle's button. The LED flashes purple 3 times. The pairing list is cleared. The dongle searches for Bluetooth devices to pair with - see page 8.

## **Questions? Click to Live Chat**

## Specifications

Headset - General

Wearing style Color Dimensions (W x H x D) Weight

Transducer principle Connectivity

Connector Supported Bluetooth profiles

Supported codecs Rechargeable battery (built-in) Charging time Standby time Battery time

Range

#### Headset - Audio

Speaker frequency response Sound pressure level (SPL) Total harmonic distortion (THD) Microphone type Microphone frequency response

#### Dongle BTD 800 USB

Dimensions (W x H x D) Weight Connector Connectivity Output power

#### Dongle BTD 800 USB-C

Dimensions (W x H x D) Weight Connector Connectivity Output power Over-ear, double-sided and single-sided headband Black 200 x 165 x 58 mm Single-sided, leatherette ear pads 80.9 g / 2.8 oz Double-sided, leatherette ear pads 120.7 g / 4.3 oz Dynamic, closed Bluetooth 5.0 USB-C<sup>®</sup> cable USB-C<sup>®</sup> plug Hands-Free Profile (HFP), Headset Profile (HSP), Audio Video Remote Control Profile (AVRCP), Advanced Audio Distribution Profile (A2DP) SBC, AAC, AptX™ Lithium Polymer / 3.7 V DC / 600 mAh 2 hours Up to 12.5 days Listening time: up to 27 hours Talking time: up to 23 hours Up to 25 m / 82 feet (device dependent)

22 x 16 x 6 mm / 0.87 x 0.63 x 0.24 in	
2 g / 0.07 oz / 0.004 lbs	
USB-A plug	
Bluetooth 5.0	
max. 8 dBm (EIRP)	

27.5 x 23.5 x 7.5 mm / 1.05 x 0.93 x 0.30 in

2.8 g / 1.0 oz / 0.006 lbs

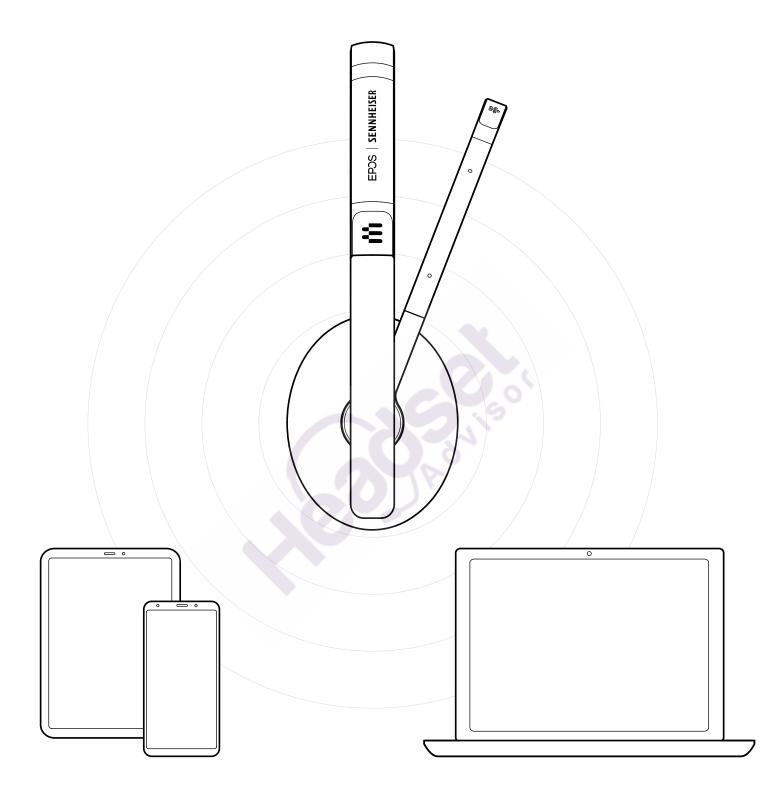
USB-C plug

Bluetooth 5.0

max. 11 dBm (EIRP)

# EPJS | SENNHEISER





### DSEA A/S

Kongebakken 9, DK-2765 Smørum, Denmark www.eposaudio.com

Publ. 05/21, A01