

# DERMAFIRM<sup>+</sup>

## EPUS-RFS



# SPA, Triple P System

## Power-RF, Power-Vacuum, Power-LED

The SPA and TPS (Triple P System) are developed in compact sizes exclusively for skincare and are composed of Power-RF, Power-Vacuum, and Power-LED.

Radio frequency (RF) therapy has been proven its efficacy and stability in the general medicine, including medical schools, general hospitals, oriental medical hospitals, and is used for various diseases, cancer immunity and treatment.





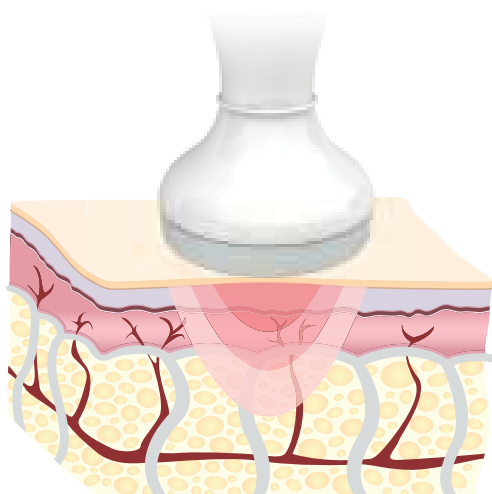
# Power-RF

The multi-bipolar high frequency is applied to generate deep heat within the body tissues.

Power-RF provides effective treatment without leaving traces.

The blood circulation is enhanced through increased metabolism and provide various pain relief.

Also, the lymphatic circulation is likewise promoted and provide waste excretion, cell activation, breakdown of fats, and increase skin elasticity.

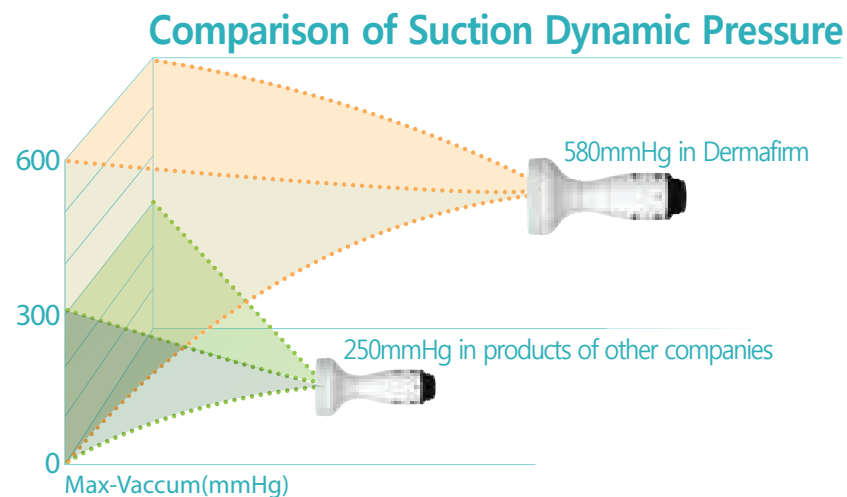
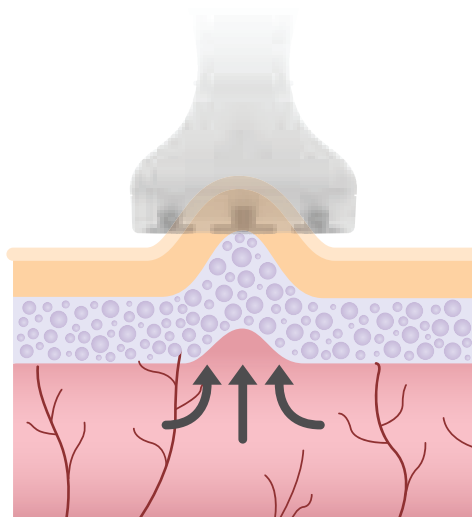


- Since the 0.5MHz multi-bipolar high frequency (HF) does not affect areas other than the treatment site, the treatment is safe.
- By providing 3 hand pieces, HF procedures can be selected according to the treatment area, and multiple HF directors are applied to overcome the limitation in narrow range of treatment areas.
- High power frequency output allows the patient to experience the heat generated within the body in a short period of time and feel maximum effect.



# Power-Vacuum

The powerful vacuum suction of up to 600 mmHg and 5 levels control physically stretch the skin tissue and provide following effects by securing the passageways of the skin: oxygen supply enhancement, loosens the skin-muscle clumps, increases skin elasticity with continuous contraction-relaxation, cycle relaxes muscle cramps, excrete wastes, and facilitate lymph drainage.





## Power-LED

Built-in high-brightness LED (630nm) provides various effects such as whitening, sterilization, inflammation treatment, and regeneration by irradiating red (visible) light

Treatment effect according to the wavelength of light

Wavelength (nm-nanometer)	Effect
405 ~ 630	Skin diseases such as acne or warts
630 ~ 660	Inflammation treatment
660 ~ 970	UV resistance
805 ~ 970	Prevent scar formation
870 ~ 970	Prevent pigmentation after dermatological laser treatment

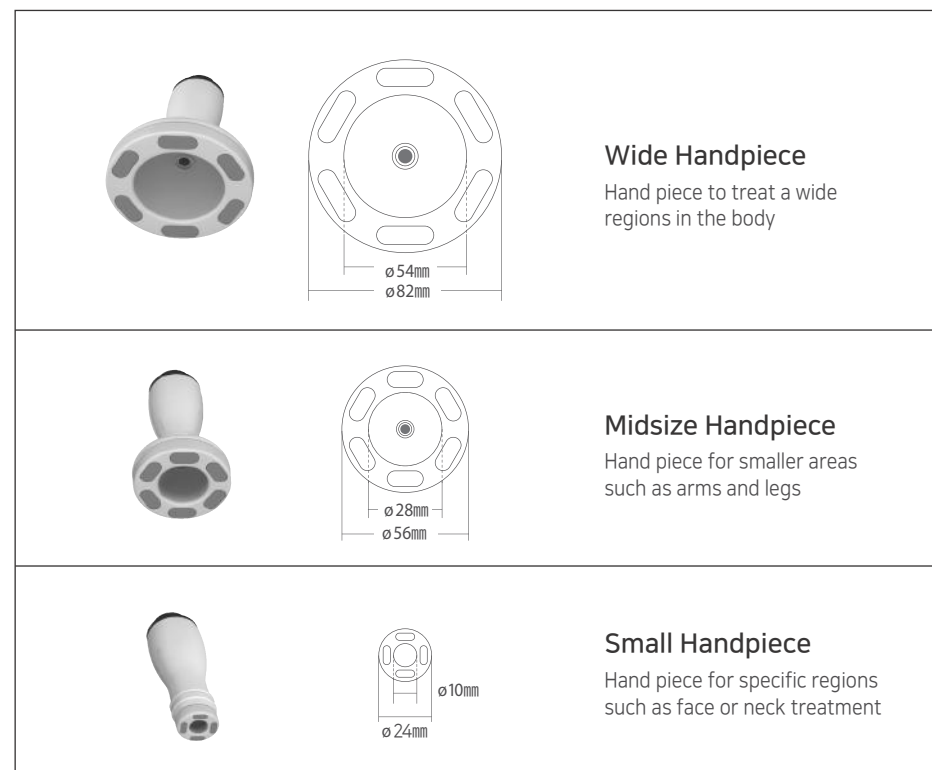
# All body, Any Parts of Body

## 3 types of hand pieces

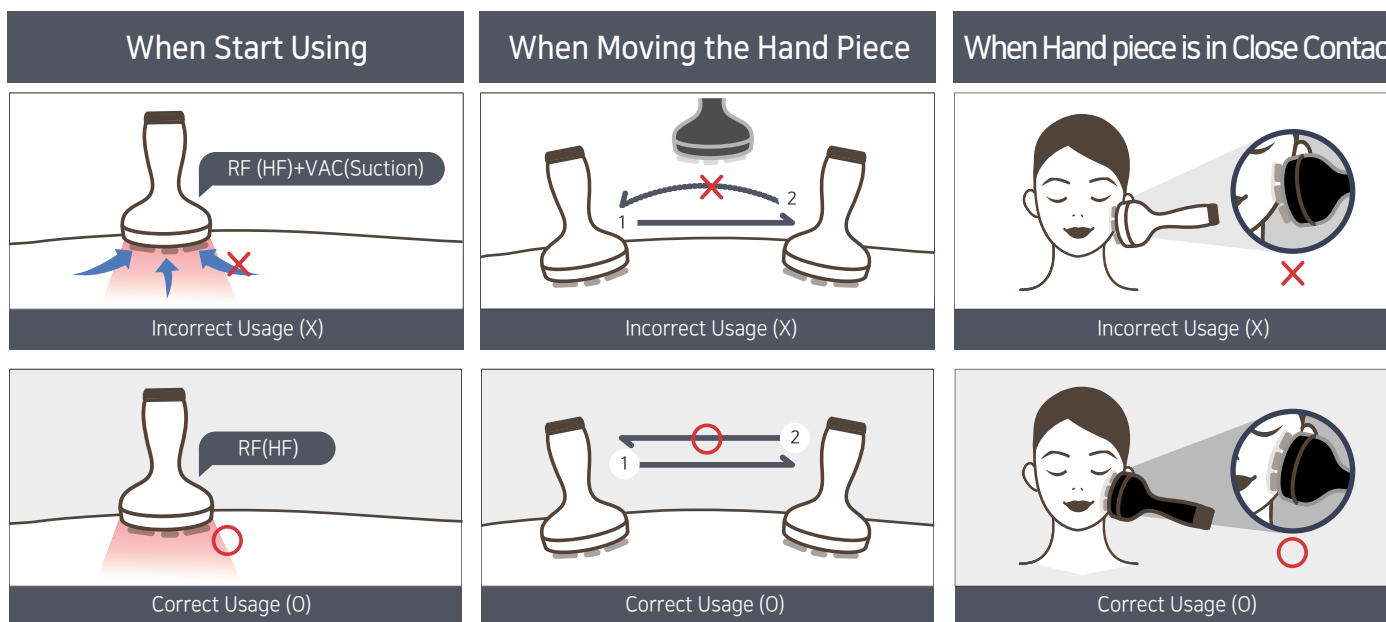


### Specifications

Radiofrequency	0.5MHz
Handpiece Type	Wide, Midsize, Small
Vacuum Range	Maximum 580mmHg
Input Voltage	100V±10% / 220V±10%, 50~60Hz
Weight	6kg
Dimension (WxLxHmm)	300 x 341 x 292



## Tips for maximizing the effects of Dermafirm EPUS-RFS



**1 First 3 min. → Use HF only**  
 ※When the suction is used in parallel with HF from the beginning, it may cause hand piece blockage or unnecessarily waste cream

**2 Use in close contact when rolling on the skin**  
 ※After rolling in close contact for the first 3 minutes and when enough heat is generated, it can be used slightly apart from the skin.

**3 Use so that the silver director is in close contact with the skin**

## Simple Tips in Using Dermafirm EPUS-RFS

Procedure	Procedure	Usage Time	HF(RF)	Suction(VAC)	Pulse (Mo)
Face [10~15 min ]	<ul style="list-style-type: none"> <li>•HF : 3 min</li> <li>→ HF + Suction : 7min</li> <li>→ HF : 2min finish</li> </ul>	2~3 times a week, 10~15 min per use	<ul style="list-style-type: none"> <li>•Sensitive skin : Levels 20~40</li> <li>•Men-general skin : Levels 50 ~70</li> </ul>	Level 1 (Level 2 for 1-2 minutes for men who want stronger suction)	<ul style="list-style-type: none"> <li>•Resiliency Massage : Mode 2~3</li> <li>•Sebum removal : Mode 4</li> </ul>
<p>※ In order to reduce the size of the face, massage the trapezius muscle (around the shoulders) and neck to reduce the submandibular line.            ※ If you want to have a better effect on your facial skin, please massage your neck first before moving to your face.</p>					
Breakdown of fats [30~45 min ]	<ul style="list-style-type: none"> <li>•HF : 3~5 min</li> <li>→ HF + Suction : 25~35 min</li> <li>→ HF : 2 min</li> </ul>	First week: 2~3 per week, 30~45 min per use	From levels 40~50 to above 70~80 according to fat nodules	Can be controlled freely from levels 2~3 to 4	<ul style="list-style-type: none"> <li>•Internal fat breakdown : Mode 3</li> <li>•Finish massage : Mode 1</li> </ul>
Pain [25~30min]	<ul style="list-style-type: none"> <li>•HF : 3~5 min</li> <li>→ HF + suction : 25min</li> <li>→ HF : 2 min</li> </ul>	<ul style="list-style-type: none"> <li>•In case of pain : 2~3 consecutive days</li> <li>•Chronic pain : 3~4 times per week</li> </ul>	Control from levels 30, 40 to 60	<ul style="list-style-type: none"> <li>•3 step management per week</li> <li>•Fast recovery, Level 4 for those who wants like cupping treatment (Excellent efficacy, extravasated blood mark remains for 2 to 3 days.)</li> </ul>	Mode 3~4

- Precautions**
1. When the face turns red: It will disappear naturally after 30 minutes.
  2. When the face turns red by capillaries dilation : Stop using immediately and calm your face with an ice pack.  
In most cases, it will come back after 1-2 days.
  3. When boils or rashes appear: This is the case when the sebaceous glands are injured by excessive suction.  
Massage around the neck with HF only until it subsides.
- ※ Since the indoor is dry during the winter season, the velar hairs on your face dries out quickly. To prevent static electricity that occurs frequently during the winter, use and spread the cream more generously and widely. If the cream dries out during the usage, re-apply it over the skin.





## Dermafirm EPUS-RFS Basic Program

**Face** Cleansing → Deep Cleansing (exfoliation) → Apply HF cream → HF (3min) → HF+ Suction (7min) → Wipe out HF cream → Finish with sheet mask [lifting, regeneration, resiliency, wrinkle removal]





**Body** HF (15min) → HF + Suction (20~30min) [Regeneration, cellulite breakdown (fat removal)]

	Stomach	Thighs	Calf	Arms	Back	Face
HF	10 ~15min	10min	5~7min	5min	5~8min	3min
HF + Suction	15 ~25min	15min	8~10min	12min	20min	7~10min
Pulse	2,3	3→4	3→1	2→1	2,3	1(lifting)
Time	30min ~	25min	15min	20min	More than 30min	10~15min


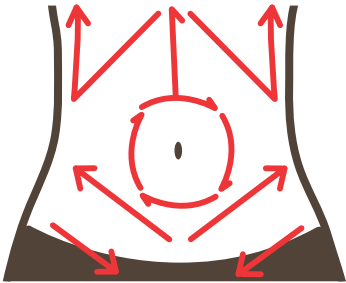
※ The pulse is from 1 → 2 → 3 → 4 levels from the top, that is, the level 4 is a powerful massage function.

※ The meaning of level 3 → 4 indicates gradual shift from level 3 to 4.

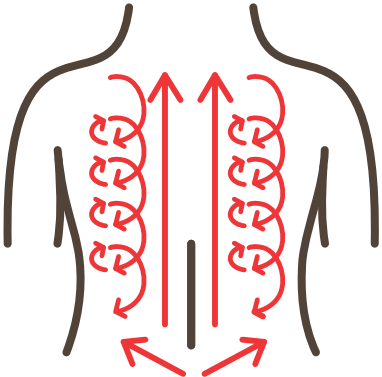
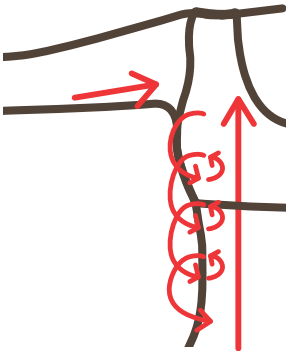
## Effects of Dermafirm EPUS-RFS by program

Program	Graphic	Effect	Application
P1 [rapid pulse]	 Mode 1	<ol style="list-style-type: none"> <li>1. Soft vibration mode to gently relax skin and muscles</li> <li>2. Gently loosen cellulites</li> <li>3. Alleviate edema</li> </ol>	<ul style="list-style-type: none"> <li>○ Use when starting the management</li> <li>○ Only use this mode for severe edema</li> <li>○ Use for post-care after lipo suction</li> </ul>
P2 [intermediate pulse]	 Mode 2	<ol style="list-style-type: none"> <li>1. Give elasticity to sagging muscles</li> <li>2. Gently loosen cellulites</li> </ol>	<ul style="list-style-type: none"> <li>○ Face: Double Chin, Saggy cheeks</li> <li>○ Body: Saggy areas such as the back (erector), shoulders, sagging belly fat</li> </ul>
P3 [slow pulse]	 Mode 3	<ol style="list-style-type: none"> <li>1. Give elasticity to the muscles</li> <li>2. Strongly loosen cellulites</li> <li>3. Relax tense muscles</li> <li>4. Pain relief</li> <li>5. Manual Lymphatic drainage (when performing at the weakest intensity)</li> </ol> <p>*Manual Lymphatic Drainage : A form of gentle massage that encourages the movement of lymph fluids around the body</p>	
C [continuous pulse]	 Mode 4	<ol style="list-style-type: none"> <li>1. Smooth out bumps and skin in line shaping mode</li> <li>2. Used in finishing phases to make bodylines</li> <li>3. Excellent for relieving muscle cramps and pain</li> </ol>	<ul style="list-style-type: none"> <li>○ Use when finishing care</li> </ul>

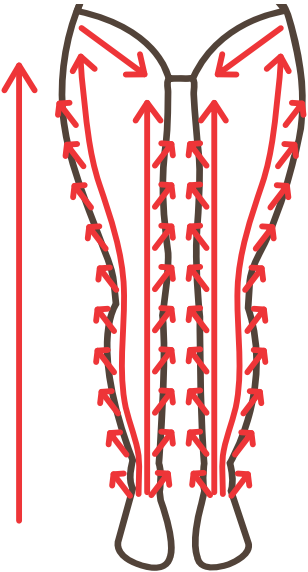
# Dermafirm EPUS-RFS Massage Method I

Region [ Face ]	Massage Method
	<ul style="list-style-type: none"> <li>○ Use a small hand piece.</li> <li>○ When you do your face, it is good to loosen and manage lymph nodes first from the neck.</li> <li>○ All massage procedures start by HF only for the first 3 minutes to ensure that the HF cream is fully melted. The 10 ~15 minutes is optimal. (3 times a week)</li> <li>1. HF is applied from the bottom of the ear down to the clavicles. Apply for 5 minutes at a low level (30-50).</li> <li>2. The face is massaged from the bottom of the chin to laugh lines, under the eyes, in the distal direction along the eyes, and to the sides of the ears.</li> <li>3. The checks are massaged from the bottom up.</li> <li>4. Massage forehead in a zigzag</li> </ul>
Region[ Stomach ]	Massage Method
	<ul style="list-style-type: none"> <li>○ Use a large hand piece.</li> <li>○ Suction is more effective if you use the C (pull) mode.</li> <li>1. Massage belly fat in clockwise.</li> <li>2. Massage from pitch of the stomach to the down sides.</li> <li>3. Massage the upper belly fat by sliding it toward the armpits.</li> <li>4. Push the lower belly fat towards the groin..</li> <li>5. Push the mid belly towards the sides</li> </ul>

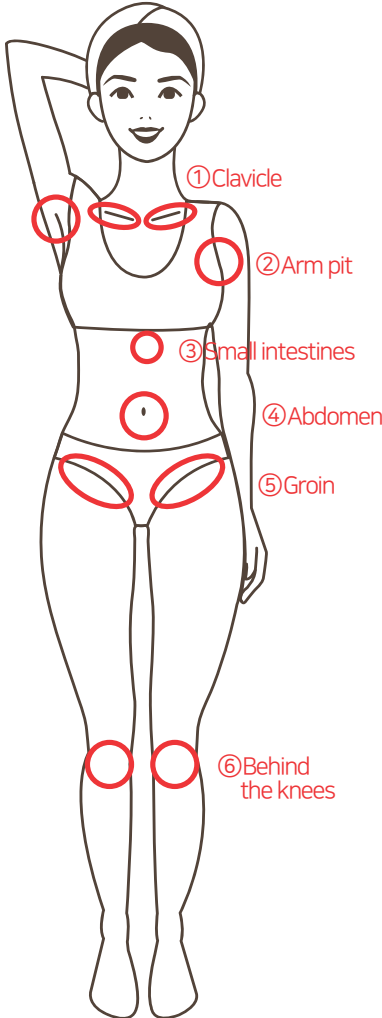
## Dermafirm EPUS-RFS Massage Method II

Region [ Back ]	Massage Method
	<ul style="list-style-type: none"> <li>○ Use a large hand piece.</li> </ul> <ol style="list-style-type: none"> <li>1. Back management is from bottom to top centering on the proximal point</li> <li>2. When coming down, massage while drawing a circle.</li> <li>3. Massage as you push towards sides centering the hip bone</li> </ol>
Region [ Sides ]	Massage Method
	<ul style="list-style-type: none"> <li>○ Use a midsize hand piece..</li> <li>○ If you feel pain, lower your suction level.</li> </ul> <ol style="list-style-type: none"> <li>1. Massage from bottom to top, and come down as you draw circles. Massage as if you're pushing towards armpits.</li> </ol>

## Dermafirm EPUS-RFS Massage Method III

Region [ Legs ]	Massage Method
	<ul style="list-style-type: none"><li>○ Use a midsize hand piece..</li><li>○ It is more effective if you start from the soles.</li><li>○ All massage procedures start by HF only for the first 3 minutes to ensure that the HF cream is fully melted. The 10 ~15 minutes is optimal. (3 times a week)</li></ul> <ol style="list-style-type: none"><li>1. Massage by pushing outward, from the ankle to the groin.</li><li>2. The inner side of the leg is pushed inwards in the same way, climbing up from the bottom to the groin.</li></ol>

# Dermafirm EPUS-RFS Massage Method IV

Lymph Nodes	Massage Method
 <p>① Clavicle</p> <p>② Arm pit</p> <p>③ Small intestines</p> <p>④ Abdomen</p> <p>⑤ Groin</p> <p>⑥ Behind the knees</p>	<ul style="list-style-type: none"> <li>○ All massages should be directed towards the lymph nodes of the body.</li> <li>○ If you know where the 3 major lymph nodes are, it's more effective.</li> <li>○ It is a passage through which edema and wastes exit. Direct massage towards the passageway (dump) to eliminate wastes</li> </ul> <ol style="list-style-type: none"> <li><b>1. Neck (clavicles) lymph node</b> - This is the recessed region of the clavicles, which is an important point.</li> <li><b>2. Armpit lymph node</b> - It is under the armpit.</li> <li><b>3. Abdominal small intestine lymph node</b> - It is the final gathering point of the lower limb lymph near the pitch of the stomach.</li> <li><b>4. Abdominal lymph node</b> - It is at around the belly button</li> <li><b>5. Groin lymph node</b> - This is the important point of the lower body in the thigh.</li> <li><b>6. Lymph node behind the knees</b> - It's an important lymph node that is called the second heart, behind the knees.</li> </ol>

## Healing Energy for My Body

# Effects of EPUS-RFS

Beauty Care	
<b>Skin elasticity</b>	Relaxes the clumped muscle with the deep heat, breakdown and excrete fats, activate cells to recover resiliency of the saggy skin
<b>Wrinkle and Skin Regeneration</b>	Activate collagen layer by promoting blood circulation and metabolism, recover skin by lifting saggy facial muscles and cheeks
<b>Acne Treatment</b>	Antibacterial action, normalizes sebaceous glands, regulates sebum secretion and promotes skin regeneration to relieve acne
<b>Abdomen</b>	Normalize release of toxins and intestinal function
<b>Back</b>	Naturally relaxes deeply clumped muscles, ligaments and tendons and activates sympathetic nervous system
<b>Hips/ The lower body</b>	loosen the clumped muscles with deep heat without pain in the regions of intense cellulite and break down fat
<b>Breast</b>	Normalize hormone secretion to restore elasticity
<b>Scalp</b>	Stimulates and activates hair roots and cells, and activates carotene, collagen and elastin fibers to promote hair growth, strengthen hair roots and hair, and prevent hair loss
Obesity Management	
	- High frequency deep heat causes blood vessels to dilate and increase blood flow and oxygen supply, resulting in body fat burn and remove fat in the form of energy.
	- Cellulite formation is caused by the blood flow dysfunction led by excessive clustering of adipose cells. The HF treatment increases the blood flow by 5 folds, thus is effective in blood and lymphatic circulations.
	- HF treatment increases absorption of active ingredient by muscle relaxation and alleviating cellular stress caused by clustering
	- Power vacuum suction with HF promotes effective excretion of burned fat and blood circulation, and maximizes muscle relaxation and body shape
Pain relief	
<b>Pain Relief</b>	When heat is transmitted to the pain area or peripheral nerves, the pain threshold is increased and provide analgesic effect. (Chronic headache, neuralgia, shoulder pain, numbness, arthritis, disc sprain, back pain, knee pain, sports pain, etc.)
<b>Muscle Pain</b>	Deep heat penetration rapidly relaxes the tendons, alleviate muscle cramp by decreasing excitation rate of alpha motor nerve fiber
<b>Increase Blood Flow</b>	Deep heat increases blood flow due to arterial and capillary dilation
<b>Chronic Inflammation</b>	Increased blood flow, oxygen, nutrients, antibodies, leukocytes, etc., and the venous circulation promotes the absorption of inflammatory exudates, facilitating the reconciliation process

Please check before use

This product is a skin care device.



- Recommended usage may vary by individual skin condition.
- HF has a heat sensation as it uses deep heat. If you have weak skin, start with the lower level and gradually increase to suit your skin.
- Likewise, as individuals also have different skin elasticity, so we recommend that you use suction after testing for sufficient usage.
- If you use excessively or apply excessive pressure for short-term effects, you may have an allergic reaction.
- You are protected by the Consumer Liability Insurance even if you have been harmed by the excessive use. (However, for proper use of the product, you can be requested of the proof of direct association by your insurance company.)

\*\*\*Precautions\*\*\*



1. If you suspect a heart disease or electrical device sensitivity syndrome, we recommend that you use it after consultation.
2. In the case of oily skin, skin trouble may be caused by the oil content of high frequency cream.
3. For other sensitive skin and idiosyncrasy, please use after low-frequency skin test.