

BIOTOC recommended application

Using the instructions below, you can choose to incorporate specific BIOTOC products into your standard practice or you can treat your customers using the BIOTOC solution in full.

1. Wash and exfoliate face as usual.
2. Apply Dermafirm Cream mask for 10-15 minutes and then clean before the next step. This first mask is optional and should be determined based on your customer's skin type. For example, if your customer has acne prone skin, consider using Dermafirm Sulfur Mask for troubled skin.
3. Apply BIOTOC Regen Ampoule to the face and let it absorb into the skin for a minute. Do not wash off.
4. Apply BIOTOC Regen Peel to the face. Apply Peel also to the neck if under treatment.. Watch the "[How to apply BIOTOC Regen Peel](#)" video for hand application movements and the "[How to use EPUS-Pro](#)" video if you plan to use the EPUS-Pro device to aid in the Peel's efficacy. Always remember that applying BIOTOC Regen Peel has a "prickling sensation" similar to being touched by fine cactus needles. It is important to inform your customer about what to expect before applying the Peel and especially using EPUS-Pro in this step. Some individuals may enjoy the slight tingling sensation, and others may not. The prickling sensation goes away after 12 - 14 hours. Although rare, some customers may complain about the prickling sensation for longer period which may last up to about 20 hours.
5. Apply BIOTOC Regen Serum to the face in quarters; do not apply to the whole face at once. If you apply the serum to the entire face, the serum will dry out. Just apply to a quarter of the face and work in using your hands in that area only, before moving on to the next quarter of the face. Repeat until the whole face is treated. Also treat the neck if requested by the customer. It is strongly recommended to use EPUS Pro or similar devices in this step to increase the efficacy of the BIOTOC treatment. Use it for about 5 minutes in each section of the face where you applied the serum.

Please note: Do not use EPUS-Pro for more than 5 minutes on a targeted area. Watch the "[How to use EPUS-Pro](#)" video for visual instructions on how to use the device.

6. This step is optional but recommended. Apply Dermafirm sheet mask (or Mud/Powder Mask) for about 15 – 20 minutes. If your customer shows some redness reaction, apply a "soothing" type of sheet mask or mud pack mask. If your customer is showing no signs of redness, apply a facial lifting type of mask, such as collagen or hyaluronic. You may also want to add vitamin c and brightening type of mask for additional benefits to your customer.

7. Apply BIOTOC Regen Cream to the entire treated area and let it absorb into the skin for a few minutes.

8. After BIOTOC treatment is complete, you may apply makeup base, sunblock creams, makeup, etc... You can be very flexible given that the BIOTOC treatment is non-invasive with zero downtime. You can treat your customer with BIOTOC before big events such as a wedding or party. This BIOTOC treatment can help your customers look their best with just one treatment!

How to apply BIOTOC

<https://www.youtube.com/watch?v=FzW3sF-18qc&t=28s>

How to use EPUS Pro

<https://www.youtube.com/watch?v=Wzt4cC6MSsc&t=76s>