PREBIOTIC PLUS

WITH PRETICX™ & ACTAZIN™

Promotes healthy gut microflora, daily regularity & digestive health



Since 1978

WHAT IS IT?

Prebiotic Plus is a chewable dietary supplement that features clinically effective amounts of two ingredients for digestive health: PreticX™ Prebiotic Complex and Actazin™ Kiwifruit Powder.

HOW DOES IT WORK?

Prebiotic Plus helps relieve occasional constipation and promotes intestinal regularity. It works by selectively stimulating the growth of beneficial bacteria (probiotics) in the colon, while promoting daily regularity and relief of occasional constipation.

Formulated for effective, yet gentle, daily use.

WHO CAN BENEFIT?

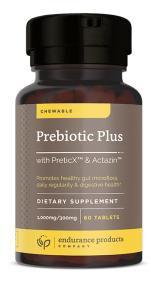
For adults interested in nutritional support to balance gut microflora and combat occasional constipation.

PRODUCT AVAILABILITY

Bottle Size(s): 60 tablets

PRACTITIONER DISTRIBUTION

■ WholeScript[™] (www.wholescript.com)



Supplement Facts Serving Size 1 Chewable Tablet

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Amount Per Tablet		% DV
Xylooligosaccharides (from PreticX™ Prebiotic Complex)	1,000 mg	*
Actazin™ Kiwifruit Powder	300 mg	*
* Daily Value (DV) not established.		

Other Ingredients: Isomalt (vegetable), stearic acid (vegetable), magnesium stearate (vegetable), and silica.

Suggested Use: As a dietary supplement, chew one (1) tablet, twice daily, or as directed by your healthcare practitioner. May be taken with or without food. Drink a full glass of water.



RESEARCH HIGHLIGHTS

Actazin Kiwifruit Powder

Actazin Kiwifruit Powder is a non-GMO powder derived from whole New Zealand green kiwifruit (*Actinidia deliciosa*), commonly known as Hayward kiwi. The skin and seeds are removed using a proprietary method, and the remaining flesh is cold-processed to retain maximum nutrient content.

Results from one double-blind, placebo-controlled trial¹ indicate Actazin supplementation promotes bowel regularity in healthy adults.

High-dose Actazin (2,400 mg/day) significantly (P<.05) increased mean daily bowel movements, while low-dose Actazin (600 mg/day) showed a trend (P=.06).

A subgroup analysis of "responders" in the healthy cohort (14/19; 74%) reveals that both low- and high-dose Actazin supplementation significantly (*P*<.05) increased daily bowel movements compared to washout. Responders are participants who had an increase of at least one bowel movement per week compared to the preceding washout period on at least one Actazin intervention.

Actazin supplementation in amounts up to 2,400 mg/day is well tolerated in healthy adults and adults with functional constipation with no reported digestive upset other than increased flatulence with high-dose (2,400 mg/day), but not low-dose (600 mg/day), supplementation.

PreticX Prebiotic Complex

PreticX Prebiotic Complex is a source of xylooligosaccharides (XOS) specially enriched with short chain (2-4) XOS for optimal effectiveness. It is derived from non-GMO corn and manufactured via enzymatic hydrolysis of xylan from corncob and holds Generally Recognized as Safe (GRAS) status.

Results from one double-blind, randomized, placebo-controlled study² involving healthy adults (n=32) indicate supplementing with 1-2 g/day XOS from PreticX (1.4-2.8 g/day) for 8 weeks significantly increased Bifidobacteria in the colon and gut microflora balance in a dose-dependent manner. Supplementation was well tolerated without digestive side effects.

Results from one double-blind, randomized, placebo-controlled, pilot study³ involving healthy adults (n=16) and pre-diabetic adults (n=13) indicate that PreticX supplementation (2.8 g/day providing 2 g/day XOS for 8 weeks) modified gut microflora to promote a bacterial balance associated with health.

Supplementation with PreticX providing 1-2 g/day XOS is well tolerated in adults without digestive side effects.

- 1. Ansell J, et al. Nutr Res. 2015;35(5):401-8.
- 2. Finegold SM, et al.. Food Funct. 2014;5(3):436-45.
- 3. Yang J, et al. Front Physiol. 2015;6:216.