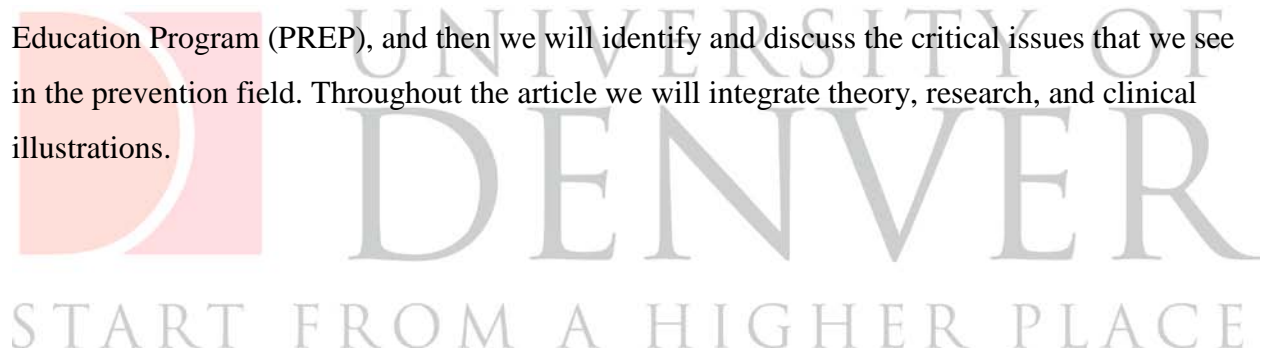


❖ Markman, H. J., Stanley, S. M., Jenkins, N. H., Petrella, J. N., & Wadsworth, M. E. (2006). Preventive education: Distinctives and directions. *Journal of Cognitive Psychotherapy*, 20, 411 - 433.

Preventive education: Distinctives and directions

ABSTRACT

This is the best of times and the worst of times for prevention education; we have more resources than ever before but more issues. In this article we focus on how we see these issues and the trends in the field from which these issues emerge. To set the context for discussing these issues, we will provide an overview of the field of preventive education in the context of public policy issues on marriage, provide an overview of trends in prevention programs that have a cognitive-behavioral therapy (CBT) emphasis, focusing on our work with the Prevention and Relationship Education Program (PREP), and then we will identify and discuss the critical issues that we see in the prevention field. Throughout the article we will integrate theory, research, and clinical illustrations.



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