

2020 Pamper Pedal Rider Information Sheet

Thank you for registering for the 2020 Pamper Pedal! Please review the information below and we look forward to seeing you on Friday, June 12 for the pre event Wine & Cheese Social and Saturday, June 13 for the ride! If you have any questions, please contact Caroline Casey at 760.914.0301 or eastsideveloinfo@gmail.com

Your 2020 Entry Includes:

- 2019 Eastside Velo Membership (\$40 Value)
- Pamper Pedal Rider Bicycle Plate
- Signature Handmade Cycling Pottery Dish
- Footloose Sports Premium Water Bottle
- Chamois Butter
- Clif Bar Products
- Friday Night Raffle Ticket
- Saturday Post Ride Party Raffle Ticket
- Complimentary Apps/Wine or Beer at Friday Evening Social
- Four On Course Aid Stations (Eastside Bakery, Melin Estate, Top of Swall Meadows, Round Valley School)
- Post Ride Party with Food Truck (The Rolling Chef) at Bishop Elks Park
- On Course SAG Support
- Special Pre-Event Rides (Check ESV Calendar) and Bike Fit Clinic/Social at Footloose Sports



Schedule of Events

Friday, June 12, 2020: Pre-Ride Wine & Cheese Social

Location: Footloose Sports (3043 Main Street, Mammoth Lakes, CA 93546)

Time: 5:00pm-7:00pm (Raffle & Rider Info @ 6:30pm)

Events/Happenings: Please join us for a fun wine and cheese social + rider briefing at Footloose Sports! On Friday, all riders are encouraged to come to Footloose Sports for goodie bag pick-up, on-site registration (if not already registered), complimentary apps, and glass of wine or beer courtesy of the event. We will also do a few fun raffle prizes that evening and there will be a rider briefing reviewing the course and safety messaging at 6:30pm.

Saturday, June 13, 2020

Location: Footloose Sports (3043 Main Street, Mammoth Lakes, CA 93546)

Timeline:

7:30am-8:15am: Day Of/Last Minute Registration at Footloose Sports

8:15am: Group Photo & Rider Safety Briefing

8:30am: Start with MLPD Lead Out

11:00am-3:00pm: Post Ride Party at Bishop Elks Park

2:00pm: Raffle

2:30pm: Bus Departs for Mammoth

Ride Details

Ride Theme: Cowgirls

What to Bring:

- Properly Tuned/Functioned Bicycle
- Helmet
- Sunglasses/Eyewear
- Bike Clothing Appropriate for the Weather – Dressing to the Theme Highly Encouraged!
- Saddle Bag Containing – Tube, Tire Levers, Co2 and/or Pump
- Two Water Bottles Filled
- Energy Bar/Gels/Snacks As Needed (Note there will also be Four Rest Stops)
- Cell Phone
- Photo ID
- Sunscreen
- Extra Backpack with Clothing to Change into at Bishop Elks Park (Attach Name to Bag)

Friends/Family Options: We love family and friends and we want them to be able to celebrate your great accomplishments! They are welcome to join you after the ride at the Bishop Elks Park and may purchase food and drink from The Rolling Chef!

Parking: We suggest that you park in the Rite Aid/old Bank of America side of the parking lot near Footloose to keep spaces open for their customers.

Bag Drop: You will see a designated vehicle with “Bag Drop” signage in the parking lot at Footloose Sports! Please feel free to drop a bag in the vehicle prior to the ride and it will be transported to the Bishop Elks Park for you!

Transportation: Participants may purchase the “bus ride back” as part of their entry. Space is limited. The bus will depart the Bishop Elks Park at **2:30pm** and return to the Footloose Parking Lot in Mammoth Lakes, CA

Course Markings/Wayfinding: All participants will receive a laminated “cue sheet”. Please bring this with you. All turns will be marked with pinwheels! Look for the pinwheels along the course to guide you.

Rest Stops: There are four rest stops along the 48 mile ride course to keep you fully fueled! Each rest stop will have a range of hydrating beverages and food. If you have any specific dietary needs, we suggest you carry your own food!

Bathrooms: Bathrooms are available at the Start (Footloose Sports), Eastside Bake Shop, Crowley Lake Park, Tom's Place Restaurant, Millpond Park, and at the Finish at Bishop City Pool.

Post Ride Party: The post ride party will take place at Bishop Elks Park! The Bishop Elks Park is located off Line Street at 151 East Line Street . You will be greeted by volunteers who will help you with your bike as well as hand you a nice cold towel!

The Rolling Chef Food Truck is back for 2020 and there will also be complimentary wine, beer, apps, and desserts. Menu is below! Friends and Family may purchase food at the truck as well!

CHOICE OF:

CUBANITO BOWL:

Whole black beans, jasmine white rice, meat of your choice (steak or chicken), queso frito, lettuce, pico de gallo & avo spread.

CUBANO SANDWICH:

The sandwich combines the pleasures of Cuban marinated roast pork, ham, cheese, pickles, and mustard on a pressed roll and served with plantain chips.

GREEN ENSALADA: Mix of greens, baby tomatoes, red onions and your choice of steak or chicken.

INCLUDES: One Container of our Guava Juice Drink

SAG: SAG stands for Support and Gear! Footloose Sports will be the SAG vehicles for the event and will follow the last rider. They are there to help with any mechanical issues! Feel free to flag them down if you need assistance. You can also check-in and ask for help from the many "Man Slaves" along the route!

About The Route: The route is 45 miles long (see below for cue sheet and map link). **Note: Due to Road Damage on North Round Valley Road, the Route Will Go Up Pine Creek Road.** It is mainly downhill and a very enjoyable ride with little traffic. We do expect all riders to obey the rules of the road! It takes most riders around 3.5 hours to four hours to arrive in Bishop.

Pamper Pedal Route (45 Miles):

Downloadable Version: <https://ridewithgps.com/routes/31849020>

Leg	Dir	Type	Notes	Total
	←	Left	Turn left onto Old Mammoth Rd	0.0
0.0	→	Right	Turn right onto Main St (signs for US-395)	0.0
2.8	↑	Straight	Make a U-turn	2.8
0.0	↑	Straight	Take the US-395 S ramp	2.8
0.3	↑	Straight	Merge onto US-395 S	3.2
6.9	→	Right	Turn right onto Crowley Lake Dr	10.0
8.4	→	Right	Turn right onto US-395 S	18.4
14.0	→	Right	Turn right onto Pine Creek Rd	32.4
7.9	→	Right	Turn right onto Sawmill Rd	40.3
1.7	→	Right	Turn right onto Ed Powers Rd	42.0
1.1	←	Left	Turn left onto Red Hill Rd	43.1
1.3	←	Left	Turn left onto CA-168 E/W Line St	44.4