



Organic Wheat Grass - NUTRITIONAL DATA

PROTEIN (DRY BASIS) g/100g	25.6
FAT (g/100g)	0
SATURATED FAT (g/100g)	0
TRANS FAT (g/100g)	0
ENERGY (Kcal/100g)	292
TOTAL DIETARY FIBER (g/100g)	29.3
TOTAL CARBOHYDRATES (g/100g)	14.7
CHLOROPHYLL (mg/100g)	821.2
VITAMIN A (mg/100g)	918
VITAMIN B (ug/100g)	29.5
VITAMIN E (mg/100g)	888
VITAMIN D (mg/100g)	0
CAROTENE (mg/100g)	45.76
FOLIC ACID (ug/100g)	49
TRACE MINERALS (mg/100g)	4758
SODIUM (mg/100g)	402
IRON (mg/100g)	12.44
POTASSIUM (mg/100g)	3672
MAGNESIUM (mg/100g)	230