

# MIKUNA®



## Wegmans, say hello to the one-ingredient plant protein

Mikuna is packed with **vitamins, minerals, fiber** and **9/9 essential amino acids**. All from an ancient Andean superfood called **Chocho**.



Also available in Vanilla (only 5 ingredients!)

## What is Chocho?

This ancient superfood grows at 11,000–14,000 feet in the Andes Mountains. It's packed with whole food nutrition and it benefits the body, the planet and the Indigenous farmers who grow it.



Chocho is milled into a fine powder.

## What's in Mikuna?

### Pure Chocho:

Chocho. That's it! Mikuna Pure Chocho is made from just one ingredient. (When we say "clean," we mean it.) No sugar, no dairy, no artificial sweeteners, and no fillers.

### Vanilla:

Mikuna Vanilla is made from just five clean ingredients, including organic vanilla, coconut, monk fruit and a bit of sea salt. It's free from artificial sweeteners and Stevia.

## What does it taste like?

Mikuna Pure Chocho has a neutral taste that's perfect for smoothies, bowls, oatmeal, coffee and even as a flour replacement for sweet and savory preparations in the kitchen.

## What makes it different from the other protein powders?

Aside from having just one ingredient, Mikuna is free from gluten, soy, blends and lectins — carb-binding proteins known to cause the digestive issues that give plant protein powders a bad rap.



Boost your smoothies, coffee & even baked goods.



Chocho grows at 11k–14k feet in the Andes.

## How does Chocho benefit the planet?

As it grows, Chocho fixes nitrogen deep into the soil, improving the soil vitality and water retention capacity, and making the soil more fertile for future crops grown after it. Chocho thrives on rainwater alone and doesn't require any pesticides or harmful chemicals.

Scan to learn more:

