



THE BEST THINGS IN LIFE AREN'T THINGS

A: amazement, awe, attention, awareness, astonishment, abundance, attitude, articulation, appreciation, acceptance, altruism, affirmation, authenticity, art, aunts...**B**: beauty, boldness, blessings, bird-song, birth, bliss, blossoming, balance, breath, being, brothers...**C**: compassion, courage, caring, creativity, celebrating, contemplation, connecting, centering, chanting, cooking, crafting, clowning, community, courtesy, communication, commitment, contribution, choice, cheer, comfort, cousins, childhood, children. **D**: determination, dreams, devotion, dancing, diversity, divinity, dignity, discipline, delight, daring, daughters...**E**: elegance, excitement, enlightenment, energy, earth, eloquence, enthusiasm, equality, empathy, epiphanies, eternity, experience, embraces, exploring, exercise, elders..

F: freedom, fairness, fire, fantasy, faith, fun, forgiveness, friendship, friends, flowing, fatherhood, fathers...**G**: generosity, gratitude, God, grace, growth, goodness, giving, genius, grandchildren, grandparents...**H**: hope, happiness, hilarity, healing, helping, humor, health, hospitality, holiness, humanity, humility, harmony, hugs, honesty, husbands...**I**: insight, inspiration, imagination, intuition, intelligence, intimacy, illumination, imperfection, ineffable, inter-being, inquiry, intention, integrity, ideas, idleness...**J**: joy, jubilation, justice, journeys...

K: kindness, kisses, kinship, knowledge, kids...**L**: love, laughter, life, listening, literacy, light, learning, lingering, loafing...

M: mystery, miracles, mindfulness, magic, mastery, musing, marriage, motherhood, mothers...**N**: nature, nurturing, nobility, napping, naturalness, nieces, nephews...**O**: optimism, openness, oneness, opportunity...**P**: peace, prosperity, patience, plenty, play, poetry, painting, places, praise, possibility, purpose, passion, presence, partners, people...**Q**: questions, questing, quizzical expressions...**R**: rejoicing, reading, running, respect, romance, receiving, radiance, refuge, reflection, relaxing, rest, reality, relationships...**S**: spirit, strength, sharing, study, singing, sincerity, smiling, space, stillness, silliness, service, soul, sacred, shadows, sky, simplicity, sanctuary, splendor, sisters, sons...

T: trust, tenderness, thoughts, thanksgiving, thoughtfulness, teaching, talking, transformation, truth, teamwork...**U**: universe, unity, uncles...**V**: vision, vitality, virtue, vigor, voyages...**W**: wisdom, wakefulness, work, writing, wonder, witness, wholeheartedness, wholeness, wandering, wives...**X**: exhilaration, exuberance, expanding...**Y**: youth, yearning, YOU...**Z**: zaniness, zest...