

Other Master Supplements products

Granular Theralac® is an easy to take powdered form of Theralac that contains both *Lactobacillus* and *Bifidobacteria* probiotics for complete intestinal coverage.

TruBifido® contains five strains of Bifidobacteria with targeted deep release for optimal colon support.*

TruFlora® is formulated with three probiotics and two enzymes that function primarily in the small intestine to help purge non-pathogenic bacteria, yeast and waste.*

Enzalase® is a multi-enzyme supplement that helps breakdown all major food groups. It is formulated to emulsify fat and provide digestive support deep in the G.I. tract. It can be taken with food as a digestive aid or on an empty stomach for systemic benefits.*

TruFiber® is a tasteless soluble fiber that is easy to take and supports digestive regularity.* As a prebiotic fiber, it helps beneficial probiotics within the intestinal tract.



ALL OF OUR PRODUCTS ARE
NON-GMO, VEGAN, & GLUTEN FREE



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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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Theralac®

Advanced probiotic for
digestive and immune health.



WORKS BEST FOR:

- ▶ Occasional constipation and diarrhea
- ▶ Immune system support
- ▶ Gas and bloating
- ▶ Help restoring digestive balance and regularity
- ▶ Proper nutrient absorption



RESTORE



Theralac® is a unique probiotic supplement that has been supporting regularity and digestive comfort for over 15 years.*



Theralac contains a synergistic combination of three *Lactobacillus* and two *Bifidobacteria* probiotic strains. These types of strains colonize different areas of the G.I. tract and support the body in different ways. *Lactobacillus* strains strengthen the soft lining of the small intestine, helping the body absorb nutrients and effectively eliminate waste.* *Bifidobacteria* thrive in the colon and have a long history of supporting digestive and immune health.* Together, these five strains promote healthy structure and function throughout the entire G.I. tract.*



In addition to choosing the right probiotic strains, it is imperative to deliver them through the acidic stomach. We utilize a natural carbohydrate derived from seaweed to safely deliver the bacteria to their destination. Upon arrival, **our patented prebiotic, Lactostim®**, which is effective in milligram doses, provides the bacteria with everything they need to thrive.



Choosing high quality probiotic strains, delivering them alive and stimulating their growth are the keys to an effective probiotic. We are so confident that you will feel a difference by using our products that **we offer a 60 day, 100% money back guarantee** to anyone left unsatisfied with the results.



What's inside Theralac?

FIVE PROBIOTIC STRAINS:

- *Lactobacillus acidophilus* – **10 billion** CFU (Strain LA-1)
- *Lactobacillus paracasei* – **5 billion** CFU (Strain LPC-37)
- *Lactobacillus rhamnosus* – **2 billion** CFU (Strain LR-32)
- *Bifidobacterium lactis* – **10 billion** CFU (Strain BL-04)
- *Bifidobacterium lactis* – **3 billion** CFU (Strain Bi-07)

OTHER INGREDIENTS:

- ▶ **Sodium Alginate** – Provides protection from stomach acid and is a probiotic-preferred source of prebiotic fiber (Protected by 2 US Patents).
- ▶ **LactoStim®** (Sunflower Lecithin and Oleic Acid) – Our patented prebiotic. LactoStim stimulates probiotic growth as soon as they arrive in your digestive tract. (Protected by 5 US Patents).
- ▶ **Ascorbic Acid** (Vitamin C) – Antioxidant.
- ▶ **Microcrystalline Cellulose** – A food-grade, plant fiber used to standardize the probiotic strength.
- ▶ **HPMC** (hydroxypropyl methylcellulose) – A derivative of plant cellulose which comprises the capsules.
- ▶ **Trisodium Phosphate** – Food grade buffer that assures proper pH control, supporting probiotic growth.
- ▶ **Magnesium Stearate** – Ensures a uniform mixture of all ingredients. A pharmaceutical grade, vegetable source is used in Theralac.
- ▶ **Silicon Dioxide** – Reduces moisture and improves shelf life. Silicon dioxide, or silica for short, is a micronutrient in human nutrition.
- ▶ **Calcium Silicate** – Anti-caking agent.

ALLERGY STATEMENT

- ▶ Theralac contains no: milk, eggs, gluten, wheat, soy, casein, nuts, seafood, or beef products.

Dosing

Master Supplements offers simple yet effective dosing options. Standard dosing is for mild symptoms or used as an initial loading dose. Health Maintenance programs are economical and available for ongoing digestive support. Intensive and Doctor Supervised programs are available for additional digestive support.

Standard Program:

- ✓ Take one capsule daily
- ✓ 30 capsules last 30 days

Health Maintenance Program:

- ✓ Take 2 capsules per week
- ✓ 30 capsules last 15 weeks

Intensive Program:

- ✓ Take two capsules daily
- ✓ 30 capsules last 15 days

Doctor Supervised Programs: For some instances, higher doses of probiotics may be beneficial. For these higher doses, we suggest consultation with a Healthcare Provider.

OTHER IMPORTANT DOSING NOTES

- ▶ When taking Theralac with antibiotics, allow two hours of separation.
- ▶ Theralac can be taken with or without food.
- ▶ What time of day you take Theralac depends on the individual's preference.
- ▶ For those who have difficulty swallowing capsules we recommend **Granular Theralac®**, a powdered form of the Theralac formula.

Probiotic Rotation



Certain probiotic strains colonize different regions of the G.I. tract and affect the immune system in different ways. For this reason, there are instances where it is beneficial to rotate Theralac® with either TruFlora® or TruBifido®. We recommend weekly rotation so it is easy to monitor how the body reacts to the varying probiotic actions. Please contact us for specific dosing recommendations.

Scientific References



Master Supplements uses high quality probiotic strains that are backed with significant scientific research and a history of efficacy. Since not all strains are created equal, we show individual potencies for each strain and provide DNA verification upon request.

Quality Assurance



Master Supplements posts third-party test results online for every lot of Theralac we produce. We show the purity, potency, activity and identity, because we want you to see for yourself how we continually raise the standard.

Totally Inert Packaging



During the manufacturing process we utilize Totally Inert Packaging which includes: amber glass bottles instead of plastic, rayon wadding over less effective cotton, a nitrogen flush to remove excess oxygen and both moisture and oxygen absorption packets. We take these extra precautions so you don't have to worry about the viability of the product at any point throughout its shelf life. Theralac's potency is guaranteed through expiration, when kept refrigerated.

Key Digestive Support



Diet and Nutrition: Certain people are able to digest fats, carbohydrates, proteins and fiber better than others. It is important to pay attention to your body and understand how you react to certain foods. In general, we suggest a whole food diet with a plant-based emphasis. This diet should be low on sugar, fat, and artificial ingredients. To get the best digestive results, your diet should complement your digestive supplementation.



Hydration: Water is vital for all the systems of the body to operate effectively and is especially important for proper digestive function. Often times deficient digestive motility and constipation can be helped with increased water consumption.



Lifestyle Factors: Even if you are eating properly, staying hydrated and are physically active, you may still be susceptible to digestive imbalance. Stress, anxiety, alcohol, antibiotics, medications, nicotine, and environmental pollutants are a few factors that can affect proper digestive and immune function.



Other Supplementation: To support probiotic action we recommend the digestive enzyme Enzalase® and the soluble fiber TruFiber®. For a gentle colon cleanse, take Enzalase and TruFiber together at nighttime for 10 consecutive nights. This gently cleanses the G.I. tract and helps prepare it for optimal probiotic colonization.

