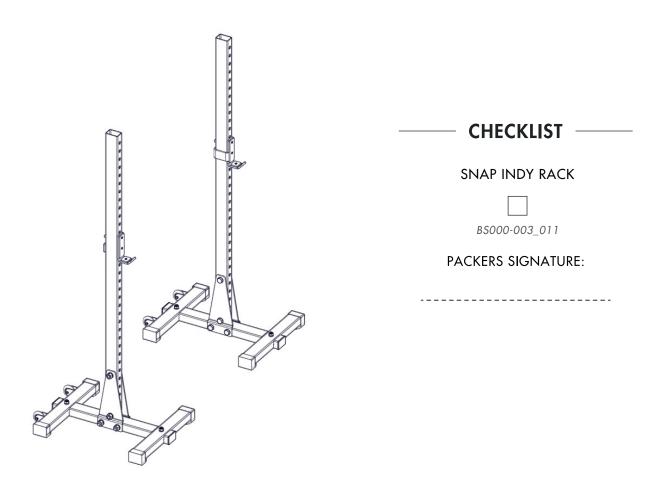
BULLDOG GEAR®

SNAP INDY RACK

INSTRUCTION MANUAL

Patent Pending 2019961.8



DISCLAIMER ——

Resistance training, gymnastics training, and activities at height are potentially dangerous and may lead to severe injury or even death. Use common sense when training - obtain instruction in the proper execution of movements, and understand your limitations. This equipment must only be used by competent and responsible persons, or under the direct and visual control of a competent and responsible person. Obtaining instruction in appropriate techniques and methods of use is your own responsibility. You assume all risks and responsibilities for all damage, injury or death, which may occur during or following incorrect use of this equipment in any matter whatsoever. Bulldog Gear LTD bears no liability beyond the replacement value of the equipment in question.

BOTH BULLDOG GEAR LTD AND BUYER DISCLAIM ANY EXPRESS OR IMPLIED WARRANTY, INCLUDING, WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY AND/OR FITNESS FOR A PARTICULAR PURPOSE WITH RESPECT TO THE EQUIPMENT.

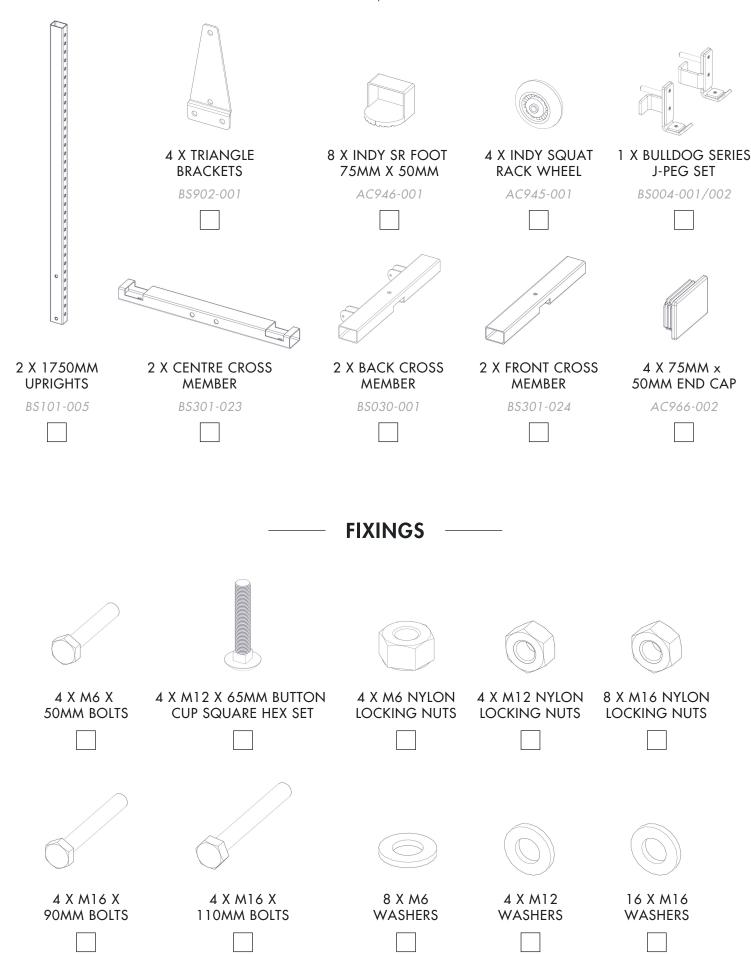


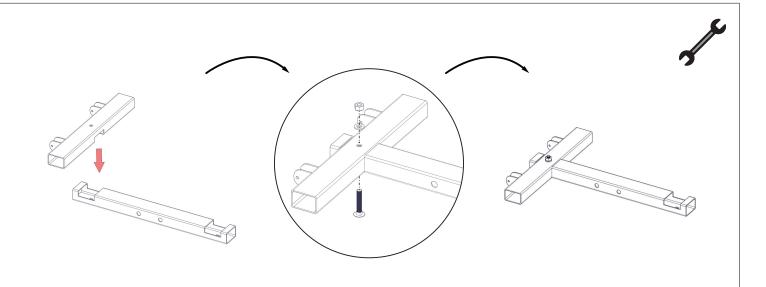
BULLDOG GEAR LTD, WAREHOUSE AND LOGISTICS, 18B, AIRFIELD INDUSTRIAL ESTATE, HIXON, STAFFORDSHIRE, ST18 OPF

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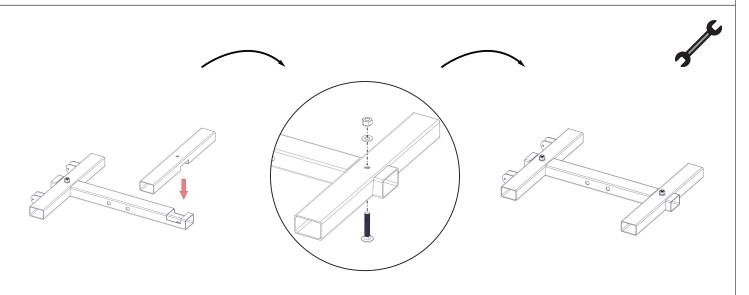
— ASSEMBLY PARTS & EQUIPMENT

TO ASSEMBLE YOUR BULLDOG GEAR **SNAP INDY RACK** YOU WILL NEED 2 X ADJUSTABLE SPANNERS, OR A SET OF 19MM AND 24MM SPANNERS. PARTS YOU REQUIRE ARE LISTED BELOW, PLEASE NOTE SOME PARTS ARE PRE-ASSEMBLED:

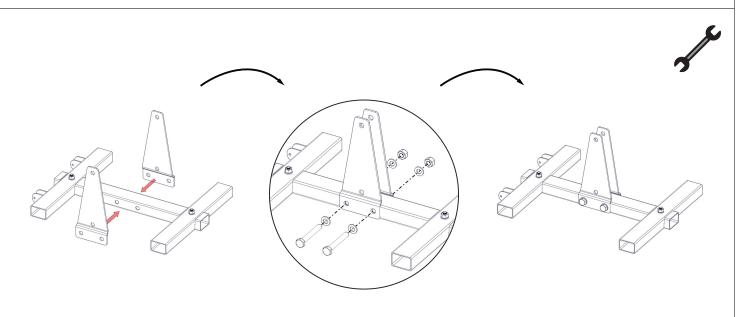


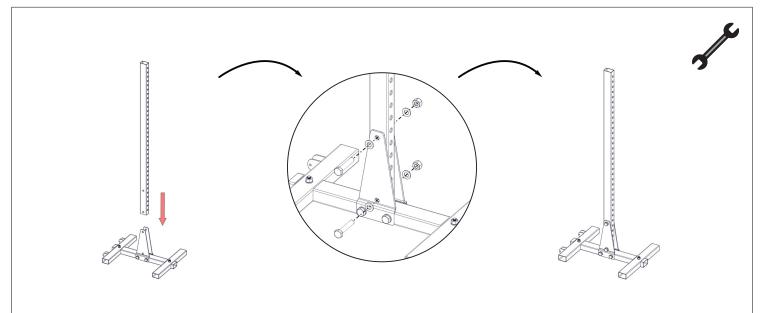


LAY THE CENTRE CROSS MEMBER BS301-023 ON THE FLOOR ENSURING THE LOCATION SLOTS ARE FACING UPWARDS. DROP IN BACK CROSS MEMBER BS030-001 AND SECURE WITH 1 X M12 X 65MM BUTTON CUP SQUARE HEX SET, 1 X M12 WASHER AND 1 X M12 NYLON LOCKING NUT. THE M12 BUTTON CUP HEX SET SHOULD SELF-LOCATE WITHIN A SQUARE SLOT ON THE UNDERSIDE OF BS301-023. USING A 19MM SPANNER FULLY TIGHTEN THE BOLT.

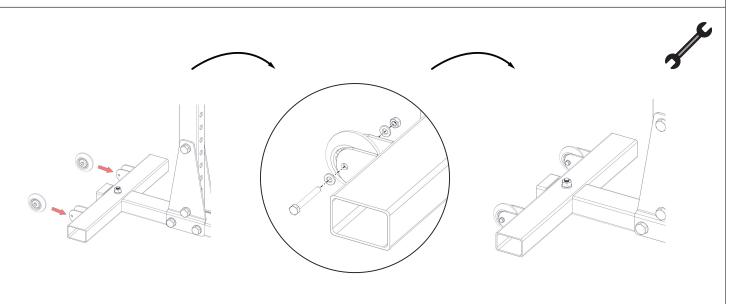


REPEAT THIS PROCESS USING FRONT CROSS MEMBER BS301-024 AND SECURE IN PLACE WITH 1 X M12 X 65MM BUTTON CUP SQUARE HEX SET, 1 X M12 WASHER AND 1 X M12 NYLON LOCKING NUT. THE M12 BUTTON CUP HEX SET SHOULD SELF-LOCATE WITHIN A SQUARE SLOT ON THE UNDERSIDE OF BS301-023. USING A 19MM SPANNER FULLY TIGHTEN THE BOLT.



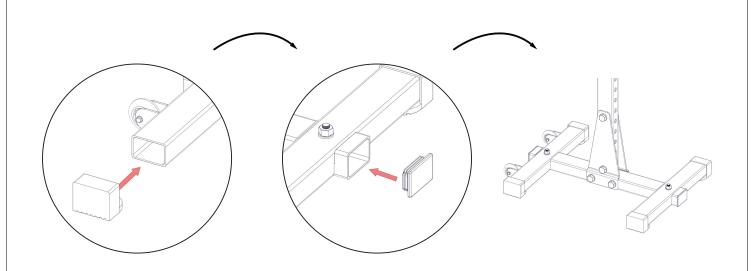


LOWER 1 X 1750MM UPRIGHT BS101-005 BETWEEN THE TWO TRIANGLE BRACKETS BS902-001 AND ENSURE THE HOLES ALIGN. USING 2 X M16 X 90MM HEX BOLTS, 4 X M16 WASHERS AND 2 X M16 NYLON LOCK NUTS SECURE THE UPRIGHT IN PLACE. TIGHTEN ALL M16 BOLTS WITH EITHER 2 X ADJUSTABLE OR 2 X 24MM SPANNERS.

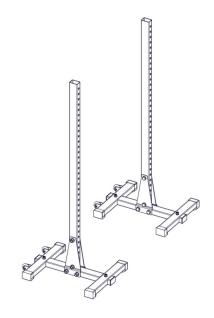


POSITION 2 X INDIE SQUAT RACK WHEELS AC945-001 BETWEEN THE SLOTS AT THE REAR OF THE BACK CROSS MEMBER BS030-001. USING 2 X M6 X 50MM BOLTS, 2 X M6 WASHERS AND 2 X M6 NYLON LOCK NUTS SECURE EACH WHEEL IN PLACE. YOU WILL NEED EITHER 2 X ADJUSTABLE OR 2 X 10MM SPANNERS.

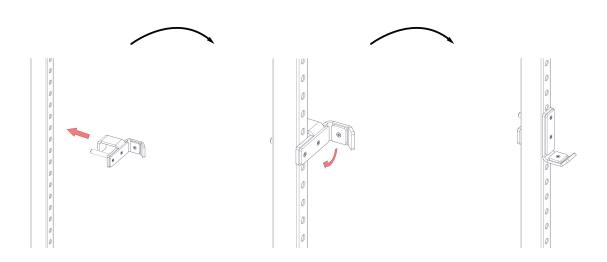
MAKE SURE YOU DON'T OVER TIGHTEN THEM AS THIS MAY PREVENT THE WHEELS FROM MOVING FREELY.







7 ENSURE ALL BOLTS ARE SECURE AND REPEAT STEPS 1-6 TO COMPLETE THE OTHER INDIE RACK ASSEMBLY.



ONCE BOTH OF THE INDIE SQUAT RACK ASSEMBLIES ARE COMPLETE ATTACH YOUR BULLDOG SERIES JPEG SET BS004-001/002. ENSURE THAT THE ARMS OF THE JPEG HUG THE INSIDE OF THE UPRIGHTS FOR MAXIMUM SAFETY. (SEE FINAL RESULT)

