

Suggestions for Using the DryBuddyFLEX 3

When using the DryBuddyFLEX 3 magnetic sensor with standard cotton briefs:

- Please attach the sensor where the urine is most likely to wet the briefs. Please remember that the DryBuddyFLEX Sensor must receive the wetness quickly ("in a rush") to operate properly. The DryBuddyFLEX is designed to not respond to perspiration, so wetness reaching the Sensor slowly may not trigger it.
- Some users may find it more comfortable or convenient to attach the magnetic sensor horizontally rather than vertically at the point of urination. That is O.K.
- Briefs with thicker and more absorbing cotton cloth will work better.
- Briefs that hold the Sensor "snugly" and close to the body will work better than looser garments.
- Do not wear briefs under the briefs to which the Sensor is attached. Briefs or diaper-like devices can be worn over the briefs to which the Sensor is attached.
- After attaching the Sensor to cotton briefs or the special DryBuddy wetness sensing briefs, diaper-like devices can be worn over the briefs so as to absorb excess fluids.

When locating the Transceiver:

- Test that the Transceiver will receive the signals from the Sensor and the Remote when they are triggered from their typical points of operation.
- The very loud alarm sound that the Transceiver can produce allows it to be placed at some distance from the user. Some parents want the child to get out of bed to switch the alarm OFF.

Test the DryBuddyFLEX and its Sensor by dipping both magnets in salt water. This should trigger the alarm. Please note that plain water may not work.

If the DryBuddyFLEX is perceived to not work or has stopped working, please synchronize it first as it may have lost its synchronization. Without synchronizing, the DryBuddyFLEX 3 system will not work.

Using a Bedwetting Alarm with Children

When using the DryBuddyFLEX with a child, please keep in mind that parental or caregiver involvement with the child is essential to help the child overcome bed wetting. This is particularly true when the alarm is first being used, as the child is not yet accustomed to hearing it. We recommend that a caregiver go to the child immediately upon the alarm sounding, and make certain that the child is awake, and help with the child's voiding of urine, and the cleanup and other procedures that may require to be done. As the child gets more accustomed to the alarm and sensing bladder pressure, the child may handle matters more adequately on his/her own. But prompt parental checking and involvement is essential to help in the child being responsive to the alarm.

Some patients, particularly children, may not want to get up or be woken by the alarm. They would prefer to remain asleep. They may switch the system OFF at some time before it can alarm, resulting in no alarm when a wetting incident occurs. This can result in the caregiver or parent thinking that the system is defective and not sensing the wetness. In such situations, the system can be set to a Remote Power (RP) mode so that the DryBuddyFLEX Transceiver can only be set to its Ready state by using the Remote, and not manually. When using RP, once the Transceiver is switched OFF from its Ready state by depressing the Power button on the Transceiver, it cannot be manually switched back to its Ready state (ready to receive the alarm signal from the Sensor). The parents/caregivers can keep the Remote in their possession, and must use it to re-arm the Transceiver and switch it to its Ready state. If the child turns OFF the alarm, the child would have the parent to turn it back ON again, so the parent knows what has happened.

Remember that a bedwetting alarm is intended to alarm when urine/wetness reaches its sensor quickly and adequately. If wetness does not reach the sensor, the device will not alarm. The alarm is NOT responsible for waking the child or patient or making the patient get up, go to the toilet, clean up, and perform other activities. Children often do not want to get up and will ignore the alarm. The parent or caregiver must be responsible for making certain that the child or patient is responsive when the alarm sounds, and wakes up and does the needful.

Using the Remote to Make the Child or Patient get out of Bed when the Alarm Sounds

A simple way to monitor that your child or patient gets out of bed when the alarm sounds is to place the Transceiver (with its very loud alarm) out of their reach, so that it can only be operated with the Remote. The Remote can then be placed with the parent or caregiver, or placed in a location such as the bathroom. The child must get up and go to the bathroom (or parent) to turn the alarm OFF. Going to the parent also alerts the parent who can then check on and support the child. Once the sensor has been cleaned and placed on the child's fresh briefs, the Remote can switch the Transceiver back to its READY state so that it can respond to the Sensor's signal.

Please refer to the DryBuddyFLEX 3 FAQ section on www.DryBuddy.com for additional information, advice and many answered questions:

www.DryBuddy.com → FAQ → DryBuddyFLEX 3

Caution when Using the DryBuddy system:

- The DryBuddy alarm is intended for use as a bed-wetting and enuresis alarm by children of age five and older, or as recommended by a medical authority. It can be used by older patients as a urine sensor and wetness alarm.
- The DryBuddy system is a medical device and should be treated as such. Do not use roughly or damage.

- Do not use as a potty training aid for babies, toddlers and young children.
- Make certain that no parts of the DryBuddy or sensor are put in the mouth for any reason as this could cause choking or other harm.
- Observe all sanitary precautions to keep the sensor clean and the alarm parts clean and dry.
- Do not use the sensor for more than one user without thorough cleaning.
- Do not strike the magnetic sensor or cap on hard surfaces or make them hot as this can reduce magnetism.
- The DryBuddy is designed to sense urine or salty water. It is less effective in sensing plain water.