



# Changing the face of sleep

Wisp



**PHILIPS**

**RESPIRONICS**

# Congratulations

You are about to experience our latest innovation in minimal contact mask technology, Wisp.

Wisp, a minimal contact nasal mask designed around you.

- Wisp provides an open field of vision for feeling of greater independence
- The cushion sits below your nose bridge, making minimal contact with your face while creating an excellent seal
- Multiple cushion sizes included with the mask to achieve your best fit



**Multiple cushion sizes included with the mask to achieve your best fit.**

Wisp is designed to comfortably fit more than 98% of users.\*

\*2012 Wisp customer preference trial, data on file



# Wisp features just for you:

- Contemporary frame options to complement your style
- Soft and comfortable for an exceptional quality of sleep
- Easy to adjust for an excellent seal and personalized custom fit

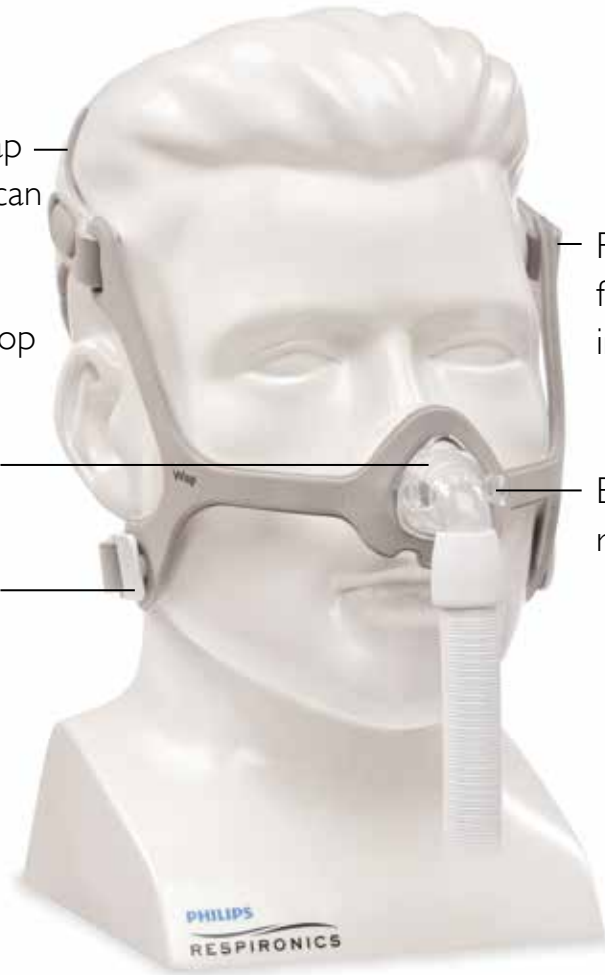
Self-adjusting strap with a loop that can hold mask tubing when the tube is placed over the top of your head

Tip-of-the-nose cushion design

Clips make the headgear easy to adjust

Reversible fabric frame; also available in silicone

Elbow quick release tabs



# Helpful tips

Here are some helpful tips to keep in mind when using your Wisp minimal contact nasal sleep apnea mask:



- 1** Your Wisp cushion may have a different airflow sensation because it's designed to fit closer to your nose. If you don't feel like you're getting enough air, try one of the larger size cushions included with your mask.
- 2** Do not over-tighten the mask to create a seal. Loosen the straps to allow the cushion to inflate with air and create a comfortable seal on your face.
- 3** Wisp was designed to cover less of your face while not having cushions inserted into your nose. The Wisp cushion fits around the tip of your nose to deliver therapy.

# Additional resources

We're dedicated to your satisfaction and aim to answer all of your questions about the Wisp sleep apnea mask. For more information, including helpful videos, visit [www.philips.us/yourwisp](http://www.philips.us/yourwisp)



Philips Respiroics Wisp is available by prescription only. As with any mask or interface, users may experience certain types of discomfort or irritation. Talk to your doctor to determine if it is right for you. Be sure to ask your homecare provider for more information about Wisp.

# Wisp fitting guide

Achieving the right fit with Wisp is easy; just follow the instructions or watch a video at [www.philips.us/yourwisp](http://www.philips.us/yourwisp)

**See OIS fitting guide for complete instructions.**



Before putting on the mask, disconnect the headgear clips by twisting them away from the frame. Your Wisp may be used with or without headgear clips. If you're not using clips, pull the tabs through the slot in the mask frame.



Pulling the headgear over your head, gently hold the cushion over your nose. If needed, you can make adjustments while sitting up.

**The headgear should lie flat against your head.**

3



Holding the mask in place, reconnect the clips by pushing them back onto the mask frame. If you are not using the clips, thread the headgear through the slots on the mask frame.

4



Pull back the tabs to evenly adjust the side and bottom straps. The mask should rest lightly on your nose. Larger headgear is available by request.

**Do not over-tighten.** The headgear should fit loose and comfortable.

5



Connect the Wisp tubing and elbow to the front of the mask. You may also slide the mask tubing through the headgear loop before pulling on the headgear.

Using the headgear loop can help make some sleeping positions much more comfortable.



6



Connect the Wisp tubing to the flexible tubing that came with your therapy device.

Some air leaking is normal. Adjust the side headgear straps to reduce leaks around your eyes.

7



Assume different sleeping positions. Move around until you're comfortable. If there are any excessive air leaks, make final adjustments while lying down.

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