



**AirCurve™ 11**  
**VAUTO**



**PAP therapy just for you.**  
**Say hello to next-level sleep.**

ResMed.com

# Start dreaming again.

One of the most inspiring things people tell us about using positive airway pressure (PAP) therapy is that they dream again. Welcome to the ResMed AirCurve 11 VAuto, the bilevel PAP device for people like you with obstructive sleep apnea (OSA) and those who are struggling with single pressure PAP therapy.

## About obstructive sleep apnea (OSA)

Obstructive sleep apnea (OSA) is a sleep-related breathing disorder that involves a decrease or complete interruption in airflow despite an ongoing effort to breathe. It occurs when the muscles relax during sleep, causing soft tissue in the back of the throat to collapse and block the upper airway.

Some signs and symptoms of OSA include lack of energy, snoring, choking or gasping while sleeping, frequent nocturnal urination, insomnia, excessive daytime sleepiness and morning headaches.<sup>1</sup>

## Breathe easy

With a goal to keep the airway open, your AirCurve 11 VAuto is designed to create an open, unobstructed path for better quality sleep throughout the night. It is a bilevel device, meaning it provides two levels of support—one for inhalation, called inspiratory positive airway pressure (IPAP) and one for exhalation, called expiratory positive airway pressure (EPAP). This technology aligns more closely with your natural breathing pattern. In a research study, ResMed VAuto therapy was shown to have a positive effect on sleep quality and daytime sleepiness for some people switching from a single continuous PAP therapy to VAuto bilevel therapy<sup>2</sup>.



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# Built-in support from the beginning



Using PAP therapy doesn't have to be overwhelming. Your AirCurve 11 VAuto offers multiple support tools to help you feel comfortable early in your PAP therapy journey, including myAir™, Care Check-In, Personal Therapy Assistant and Test Drive.† These digital health solutions are designed to help you start and benefit from therapy, from the moment you get your AirCurve 11.

## myAir

myAir is like having a personal sleep coach and support program to help you begin and stick to PAP therapy†. It tracks your sleep and therapy progress with a daily sleep score while encouraging you along the way. Easy-to-follow prompts in myAir help you get it set up to access helpful videos, tips, messaging, and even cleaning support for your device, mask and more.

## Care Check-In

Care Check-In is available on your device or on myAir after successful device pairing. Care Check-In will start by asking you a few questions, unique to patients using bilevel PAP therapy, about your sleep quality, then it will periodically check in with other questions throughout your first month of therapy. When you grant permission via myAir, your responses can be shared with your care team to better help them support your therapy journey.\*\*

In one survey,  
**87%**  
of surveyed Air11™ myAir users,  
who use myAir with their  
AirSense 11, opted to share their  
Care Check-In responses  
with their healthcare  
provider.<sup>3</sup>

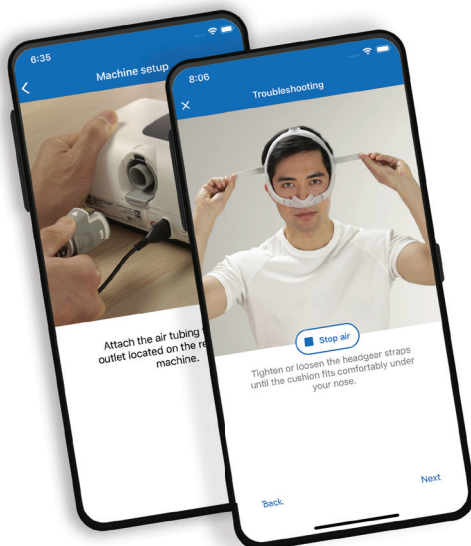


In another ResMed survey, the majority of surveyed patients who use Personal Therapy Assistant with their AirSense 11, part of the Air11 platform, reported that the feature helped them get started on PAP therapy.<sup>4</sup>

## Personal Therapy Assistant

Through myAir you have access to features like Personal Therapy Assistant for interactive, voice-guided instructions and videos to help you follow along with the device and mask setup. It also provides you with tips to adjust your mask if a leak is detected.

Image is of actual product with fictional user.



# ResMed: Working for you

Your AirCurve 11 device is part of the greater family of ResMed Air Solutions. This integrated sleep therapy system of PAP devices, masks and digital health offerings work together so you experience the benefits of therapy as soon as possible. It is also designed to allow your care team to coordinate more easily. This coordination can help them make informed decisions and support the best possible therapy and health outcomes for you.

Congratulations—you're on your way to a therapy experience designed to maximize comfort and sleep quality.



## Support your start to therapy by downloading the myAir app

Or contact your equipment provider to learn more about AirCurve 11.

\* The myAir by ResMed app is available in English and Spanish in the US. The myAir for Canada by ResMed app is available in English and French in Canada.

† Some features of myAir are only available in the myAir app and with Air11 devices.

‡ Coaching entails personalized feedback to encourage continuation of therapy. This is not a healthcare service and is not performed by licensed healthcare providers. Patients are encouraged to speak with their treating clinicians for any clinical symptoms or medical conditions.

\*\* Patient consent required for Care Check-In.

**1** Kline LR. Clinical presentation and diagnosis of obstructive sleep apnea in adults. In: Collop N, Finlay G, editors. UpToDate. Waltham, MA: Wolters Kluwer N.V.; 2023. **2** Palot A et al. Effect of switching from continuous to bilevel positive airway pressure on sleep quality in patients with OSA. J Thorac Dis. 2023; 15(2): 918–927. **3** ResMed data analysis of patients in the US using an AirSense 11 device that was first connected between April 12, 2021 and July 5, 2021. AirSense 11 is part of the Air11 platform. Survey results July, 2021. n=1534. **4** ResMed market research survey results of US AirSense 11 PAP device users. AirSense 11 is part of the Air11 platform. Survey conducted July 2021. n=78. **5** Malhotra et al. "Patient engagement using new technology to improve adherence to positive airway pressure therapy: A retrospective analysis," CHEST, 2018; 153(4):843-850.

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myAir™

