Print this eye test on A4 paper and read it without glasses at a distance of 35cm/14".

The first line you have difficulty reading is the strength you should buy.

- 3.0 All our eyewear is designed in the UK.
- 2.5 We also make sunglasses.
- 2.0 We have so many great styles to choose from.
- 1.5 All our readers have sprung temple hinges.
- 1.0 If you can read this your presbyopia is quite mild.
- 0.0 If you can read this then maybe you don't need reading glasses, but you could consider some of our blue blockers.

