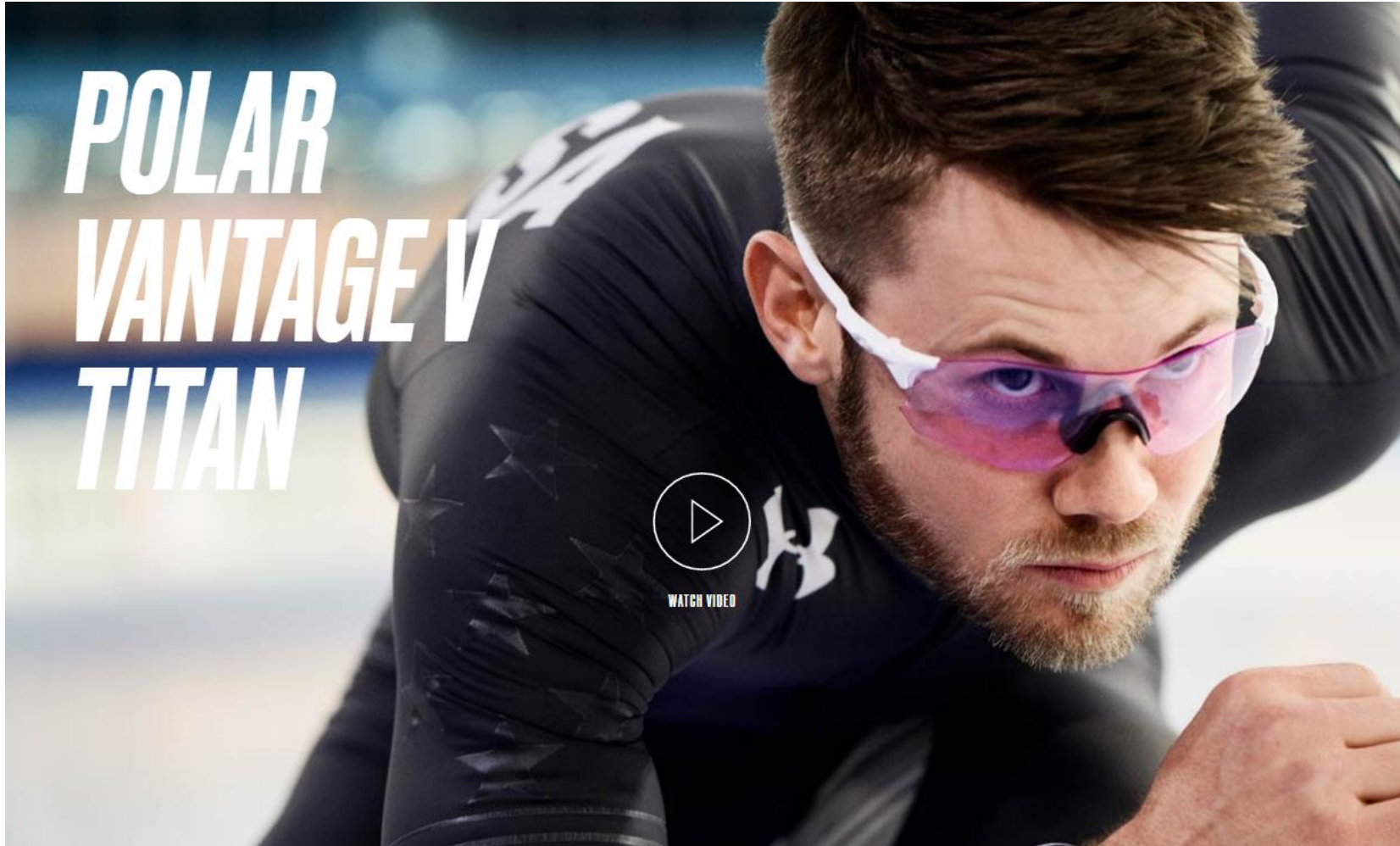


POLAR®



**POLAR
VANTAGE V
TITAN**



WATCH VIDEO



MULTISPORT & TRIATHLON WATCH WITH PREMIUM MATERIALS

Polar Vantage V Titan is a premium multisport watch for anyone who trains like a pro – now lighter than ever with a polished look. This top-level training partner comes with ultra-long battery life and extensive training features.





PRO-LEVEL PERFORMANCE MEETS PREMIUM MATERIALS

Polar Vantage V Titan is a combination of premium materials and the latest precision sports technology of the Polar Vantage V pro multisport watch.

A TOUCH OF TITANIUM

The titanium case gives Polar Vantage V Titan a premium look & feel and makes it one of the lightest multisport watches on the market.

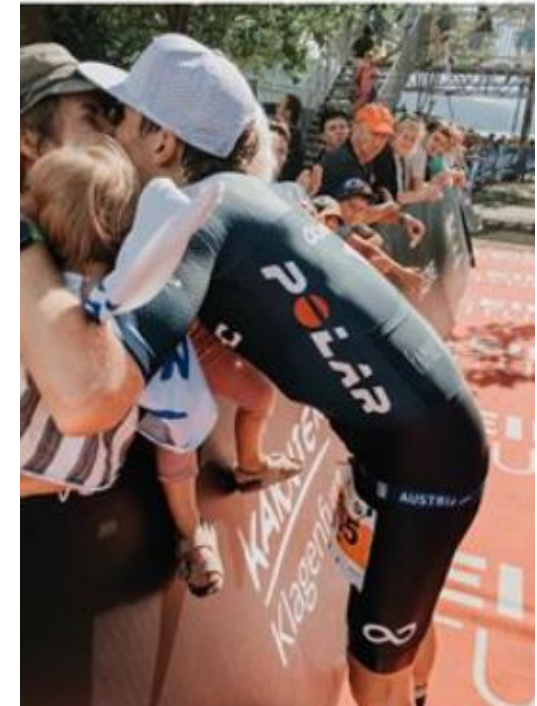
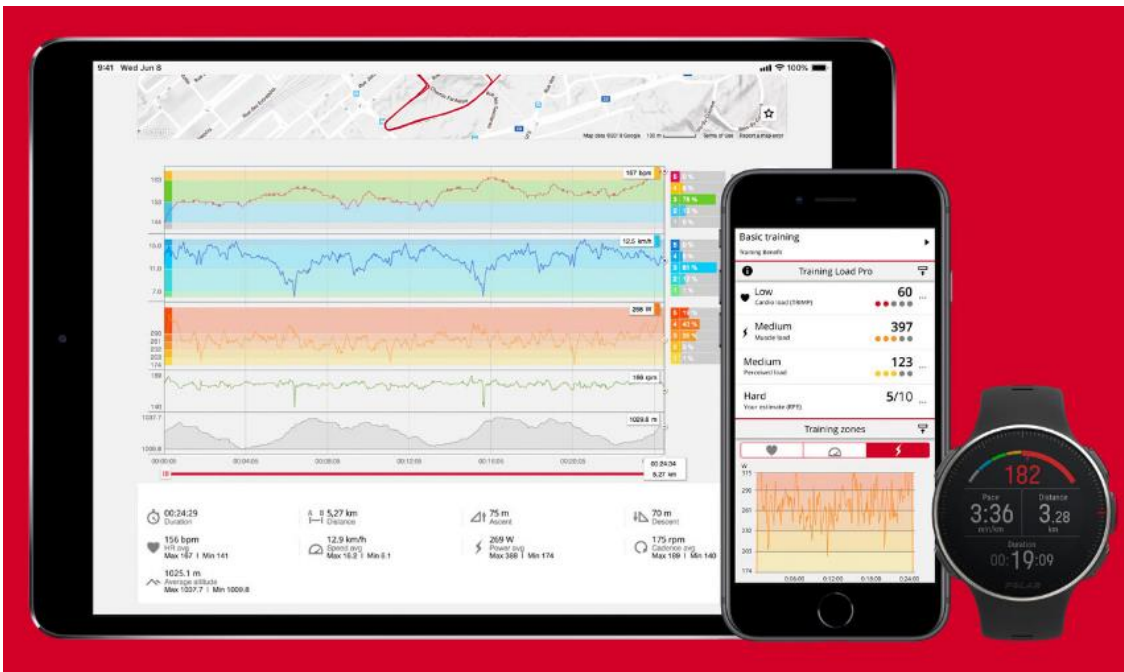
DESIGNED TO THRILL

Polar Vantage V Titan comes with a textured two-colour wristband that gives a boost to both your workday look and your training session.

MILITARY-LEVEL DURABILITY

Polar Vantage V Titan has passed several military standard tests, including extreme temperatures, drop and humidity.





DIVE DEEP INTO THE DATA

With Polar Vantage V Titan, all your training data is conveniently available on Polar Flow, the ultimate training platform for all athletes.

ANALYSE EVERY DETAIL

Dive into the details of every training session, plan your training from individual workouts to full season plans and track your progress.

CONNECT TO OTHER COMMUNITIES

You can automatically sync your training data to Strava, TrainingPeaks or many other online sports communities.

MAXIMISE YOUR PERFORMANCE WITH THE LATEST SPORTS TECH

Polar Vantage V Titan draws its strength from the same advanced features and functionalities as the Polar Vantage V pro multisport watch.

TOP HEART RATE SOLUTIONS BY THE PIONEERS

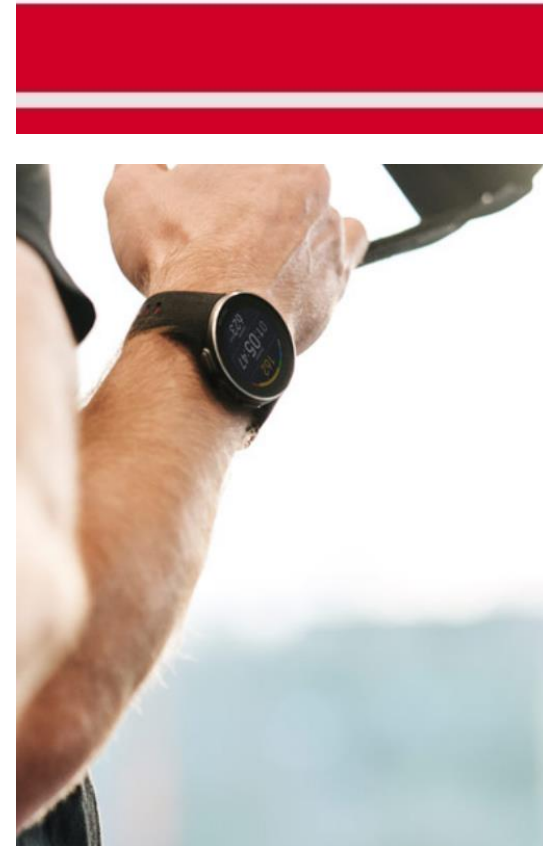
Polar Vantage V Titan measures heart rate from the wrist with the Precision Prime sensor fusion technology. Polar's comprehensive range of heart rate tracking solutions helps you find the optimal heart rate monitoring method for your sports.

[LEARN MORE](#)

OPTIMISE YOUR TRAINING

[TRAINING LOAD PRO](#) & [RECOVERY PRO](#) help you balance your training and recovery.

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TECH SPECS

Measurements

46 x 46 x 13 mm

Materials

Titanium case, glass fibre reinforced polymer back cover.

Battery

320 mAh Li-pol battery. Battery life up to 40 h in training mode (GPS and wrist-based heart rate) or up to 7 days in watch mode with continuous heart rate tracking.

Connectivity

Bluetooth Low Energy. Custom USB cable for charging and data synchronisation.

Weight

59 g with wristband, 37g without wristband.

Display

Always-on colour touch display. Laminated Gorilla Glass lens with anti-fingerprint coating. Size 1.2", resolution 240 x 240.

GPS & Barometer

Integrated GPS & GLONASS. Assisted GPS for fast fix times. Barometric altitude, incline, ascent and descent.

Watch

Time & date. Vibrating alarm with snooze.

UI languages

English, German, French, Italian, Dutch, Norwegian, Spanish, Portuguese, Swedish, Finnish, Danish, Polish, Russian, Turkish, Indonesian, Czech, Japanese, Chinese (simplified)

Water resistant

Water resistant 50m (suitable for swimming)

Durability

Tested against military standards (MIL-STD-810G).

Sensors

Compatible with all standard BLE heart rate sensors and running cadence and power sensors as well as cycling speed, cadence and power sensors.

Wristbands

Durable and comfortable silicone.

Sizing:

M/L: wrist circumference 155-210 mm



POLAR FLOW

POLAR FLOW

Plan your training

Plan all your training from individual workouts to full season plans.

Analyse your results

Get to the heart of your performance with the extensive training analysis tools.

Share with your coach

Share your training data with your coach or PT with the free Polar Flow for Coach service.

Get social

Share your highlights, join groups and let the Polar Flow community help you on your way to your goals.

CONNECTIVITY

Connect with online sports communities

Strava
TrainingPeaks
MyFitnessPal
Endomondo
Nike+ Run Club

[READ MORE](#)

FEATURES



Polar Precision Prime

Track your heart rate from the wrist with Polar's new sensor fusion technology.



Training Load Pro

Quantify the strain of your training session and see how your training strains the different parts of your body.



Running Index

Get an estimate of your running VO2max and see how your running performance is developing.



Recovery Pro™

See how recovered your body is and get recovery feedback.



Running Power

Get more comprehensive insight into the intensity of your running sessions.



Smart Calories

Know exactly how many calories you've burned based on your weight, height, age, gender, your individual maximum heart rate (HRmax) and how hard you're training.



Nightly Recharge™

See how well you recover from your day during the night.



Sleep Plus Stages™

Follow your sleep stages and get insights to your sleep quality.



Continuous Heart Rate

Get a comprehensive view on how your heart behaves during your day. Continuous heart rate monitoring gives you even more accurate calorie burn and activity data and tells you the lowest and highest heart rate of your day.



Sport profiles

Polar Vantage V Titan supports over 130 different sports. Add your favourite sports to your sports watch in Polar Flow.



Swimming metrics

Follow your progress in the pool – Polar Vantage V Titan automatically detects your heart rate, swimming style, distance, pace, strokes and rest times. Distance and strokes get tracked also in open water swimming.

FEATURES



Running Programme

Get a personal and adaptive training plan that fits you and your goals.



FitSpark™ daily training guide

Get ready-made daily workouts that match your recovery, readiness and training history.



Fitness Test

Test your fitness level easily in just 5 minutes without breaking a sweat.



Training Benefit

Get motivating feedback immediately after training describing the effect of the session.



Phone notifications

Stay connected with notifications from your phone. Get alerts for incoming calls, messages, emails, calendar events and more.

Strava Live Segments

Make your runs and rides more exciting with Strava Live Segments. Get alerts about nearby segments, see real-time performance data during a segment and check your results right after you finish.



Serene™ breathing exercise

Relax your body and calm down your mind with the help of a guided breathing exercise.

IN THE BOX

POLAR VANTAGE V TITAN

Polar Vantage V Titan premium multisport watch
Charging cable
Polar Vantage V user manual
Information note

POLAR VANTAGE V TITAN WITH H10 HEART RATE SENSOR

Polar Vantage V Titan pro multisport watch
Charging cable
Polar H10 heart rate sensor
Polar Vantage V user manual
Information note