

# Vitamin D Gummy



## Clinical Applications

- Supports Immune Function and Daily Wellness\*
- Support for Cellular Health\*

**Vitamin D Gummy** provides support for a healthy immune system and cellular health in the form of a naturally flavored gummy. Each gummy contains 1,000 IU of vitamin D as cholecalciferol.

All Absolute Health Formulas Meet or Exceed cGMP Quality Standards

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## Discussion

Vitamin D is a fat-soluble vitamin that provides general cellular support, in part by supporting immune cell activity and by maintaining healthy cell metabolism. In a clinical trial, Vitamin D supplementation was shown to support Vitamin D-regulated genes associated with immune function, response to stress, and DNA repair. Vitamin D also supports healthy immune cell activation due to the presence of vitamin D receptors in immune cells, including lymphocytes and macrophages.

## Supplement Facts

Serving Size 1 Gummy  
Servings Per Container 100

	Amount Per Serving	%DV
Total Carbohydrate	1 g	<1%*
Total Sugars	<0.5 g	*
Includes <0.5 g of Added Sugars		<1%*
Vitamin D <sub>3</sub> (as cholecalciferol)	25 mcg (1,000 IU)	125%
Sodium	10 mg	<1%
Organic Fruit Blend	25 mg	*
Organic Strawberry ( <i>Fragaria x ananasa</i> ) Fruit,		
Organic Raspberry ( <i>Rubus ideaus</i> ) Fruit, Organic		
Wild Blueberry ( <i>Vaccinium angustifolium</i> ) Fruit,		
Organic Sour Cherry ( <i>Prunus cerasus</i> ) Fruit,		
Organic Pomegranate ( <i>Punica granatum</i> ) Fruit,		
Organic Cranberry ( <i>Vaccinium macrocarpon</i> ) Fruit		

\*Percent Daily Values are based on a 2,000 calorie diet  
\*Daily Value (DV) not established

Other ingredients: Isomalto-oligosaccharides, water, organic cane sugar, pectin, natural raspberry flavor, citric acid, sodium citrate, black carrot color, stevia leaf extract, coating (organic sunflower oil, carnauba wax)

## Directions

As a dietary supplement, adults, and children 4+ take 1 gummy 1-2 times daily with food, or as directed by your healthcare provider. Do not use if tamper seal is damaged.

## Does Not Contain

Gluten, corn, yeast, artificial colors, and flavors.



## References

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\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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