

BergaMax



Clinical Applications

- Helps Maintain Healthy Cholesterol Levels Already Within the Normal Range*
- Multidimensional Support for Cardiovascular Health*
- Supports Healthy CoQ10 Levels*
- Preserves Arterial Health and Elasticity*

BergaMax is a powerful and unique array of cholesterol-balancing and cardio-protective polyphenolic flavonoids. Emerging clinical research has demonstrated that BPF help maintain healthy total cholesterol (TC), high density lipoprotein (HDL), low density lipoprotein (LDL), very low-density lipoprotein (VLDL) and triglyceride (TRI) levels. Research has also demonstrated that BPF provides antioxidant-balancing properties and maintains normal inflammatory balance to help preserve coronary arteries.

All Absolute Health Formulas Meet or Exceed cGMP Quality Standards

Discussion

Optimizing cardiovascular health is a leading concern for many adults and maintaining balanced cholesterol levels are an important part of that process. Though cholesterol can be consumed through food, circulating cholesterol levels are primarily produced and controlled by the liver using the rate control enzyme, HMG-CoA reductase (HMGCR). Because of its pronounced role in cholesterol synthesis, inhibiting HMGCR has become a primary target of many traditional therapies. Numerous clinical trials have shown the specific BPF found in BergaMax works at the level of the liver to help maintain and support healthy cholesterol levels and preserve coronary arteries by maintaining normal inflammatory balance.

What are Bergamot Polyphenolic Fractions? Bergamot (*Citrus bergamia*) is a citrus plant that grows almost exclusively in the narrow coastal Calabria region in southern Italy. The local population quickly discovered bergamot juice could be used to help support healthy cholesterol levels and optimize cardiovascular wellness. Bergamot's health benefits derive from its unique profile of phenolic compounds such as, neoeriocitrin, neohesperidin, naringin, rutin, neodesmin, rhoifolin and poncirin. Naringin has been shown to be beneficial in maintaining normal inflammatory balance, while neoeriocitrin and rutin have been found to exhibit a strong capacity to quench free radicals and maintain healthy LDL cholesterol levels. Also, bergamot is rich in brutieridine and melitidine, which have a unique ability to dampen HMG-CoA reductase. Using a patented extraction technology through collaborative works of various universities and research institutions, BergaMax contains BergamonteR, the highest concentration available of these potent phenolic compounds.

Cholesterol-Balancing Properties In a placebo-controlled, clinical trial consisting of 77 patients divided into four treatment groups, 1,000 mg of BPF helped maintain healthy levels of all blood lipid markers (HDL, LDL, TC, TRI).¹ Also, this same clinical trial showed that BPF activated the inflammatory-balancing enzyme AKT and reduced malondialdehyde production in neutrophils.¹ Another clinical trial conducted on 80 patients over six months showed 1,500 mg of BPF maintained normal levels of small density LDL and supported normal carotid IMT thickness.² In a placebo controlled study involving 238 patients, 1,000 mg of BPF maintained healthy cholesterol levels and outperformed the group receiving the traditional therapy.³

Cardiovascular Properties In a placebo-controlled, clinical trial consisting of 77 patients divided into four treatment groups, 1,000 mg of bergamot polyphenols helped maintain healthy levels of all blood lipid markers (HDL, LDL, TC, TRI).¹ Also, this same clinical trial showed that BPF activated the inflammatory-balancing enzyme AKT and reduced malondialdehyde production in neutrophils.¹ Another clinical trial conducted on 80 patients over six months showed 1,500 mg of BPF maintained normal levels of small density LDL and supported normal carotid IMT thickness.² In a placebo-controlled study involving 238 patients, 1,000 mg of bergamot polyphenols maintained healthy cholesterol levels and outperformed the group receiving the traditional therapy.³

Following a 60-day wash out phase in patients who had been on traditional therapies, 1,500 mg of bergamot polyphenols maintained normal LDL levels and optimized several other parameters of cardiovascular health.³ Several other recently published placebo-controlled clinical trials have also documented that bergamot can help maintain many other parameters of cardiometabolic health including healthy levels of fasting glucose, HOMA-IR as well as leptin and ghrelin, and normal inflammatory balance, antioxidant potential and CoQ-10 levels in humans.⁴⁻¹³

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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BergaMax



Supplement Facts^{V3}

Serving Size 2 Capsules
Servings Per Container 30 & 60

2 capsules contain	Amount Per Serving	% Daily Value
Bergamot Orange Extract (<i>Citrus bergamia</i> Risso)(Fruit) (Bergamonte®) (38% Bergamot Polyphenolic Fraction® comprised of Neohesperidin, Naringin, Neoterocitrin, Brutieridin, and Melitidin)	1 g	*
* Daily Value not established		

Other Ingredients: Natural Vegetable Capsules, Magnesium Stearate, Stearic Acid, and Silicon Dioxide.

Directions

1 capsule per day or as recommended by your healthcare provider.

Does Not Contain

Gluten, yeast, artificial colors, or artificial flavors.

Caution

Do not consume this product if you are pregnant or nursing. Consult your healthcare provider for further information.



References

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