



AMSTERDAM

# Foot Measuring Guide

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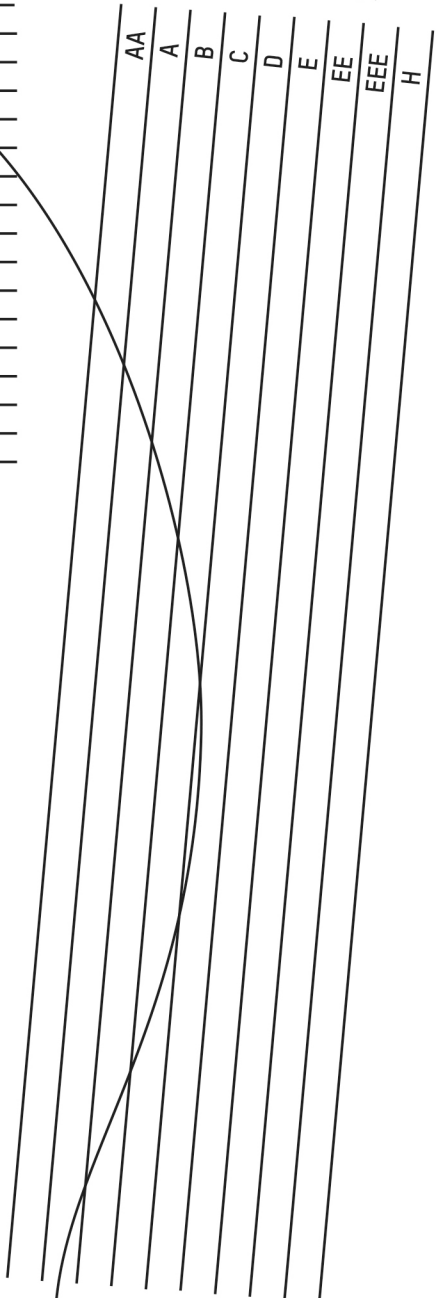
Page 1 of 2

## Foot Length

18
17.5
17
16.5
16
15.5
15
14.5
14
13.5
13
12.5
12
11.5
11
10.5
10
9.5
9
8.5
8
7.5
7
6.5
6
5.5
5
4.5
4

Right Foot

## Foot Width

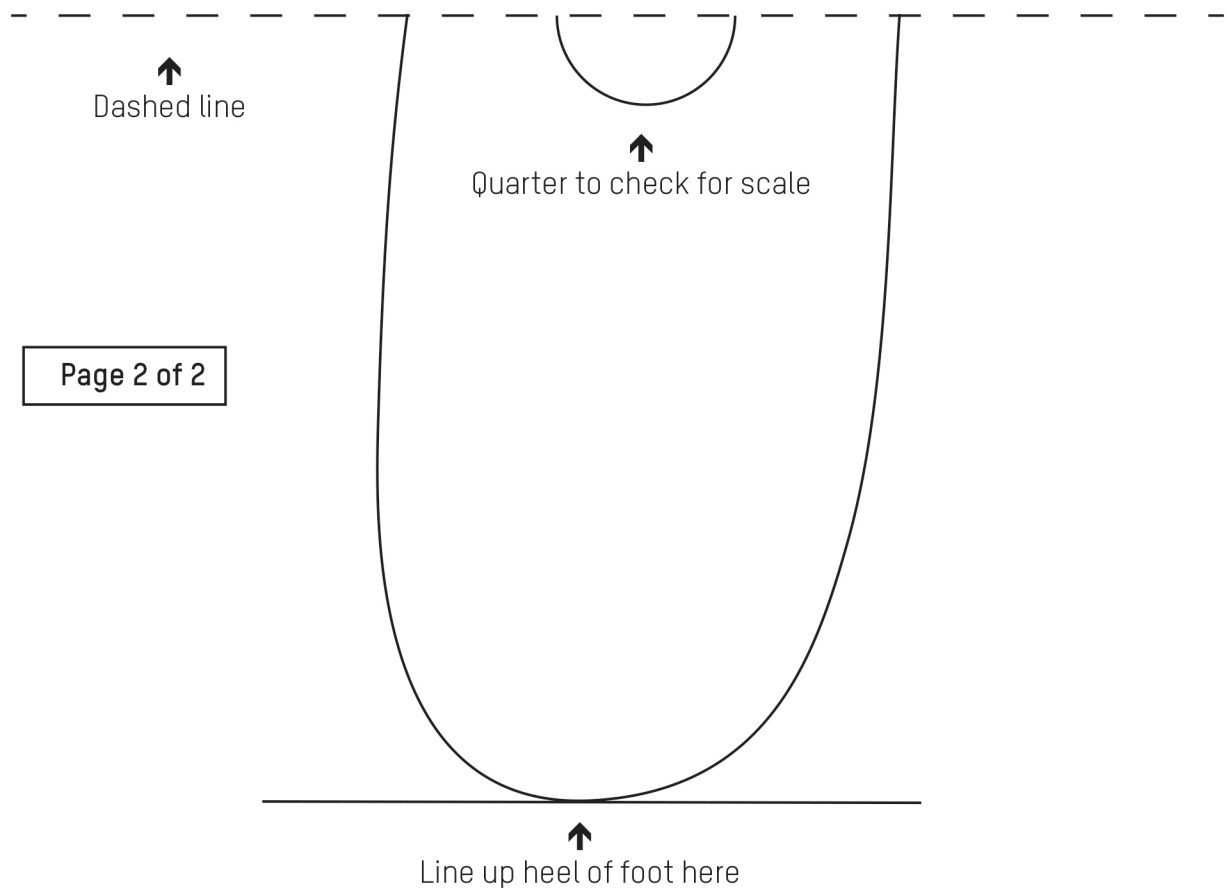


← Line up inside of foot here

Quarter to check for scale

Dashed line





## How to Use This Guide

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### How to Assemble Pages

- 1 Print page 1 and 2
- 2 Cut page 2 along dashed line
- 3 Overlap top of page 1 with bottom of page 2, and align with dashed line
- 4 Tape pages together

### How to Measure Foot

- 5 After assembling pages, lay guide on floor
- 6 Line up heel and inside of foot with lines
- 7 Use length lines and longest toe do determine foot length
- 8 Use width lines and widest part of foot to determine foot width