



I bet you just read *The You Kind of Kind* by Nina West? You did?! Great! Did you know she hosts “Storytime with Nina” and is a performer and activist, too? Nina even has a foundation that supports charities in her home state of Ohio. She loves spreading joy and her own kind of kindness. And, what about those supurbulous illustrations by Hayden Evans? Hayden is an artist, illustrator, and designer. His art celebrates the humor, uniqueness and diversity of the human experience.

Use this guide-arama to discover your own kind of kindness and create your kindness character to make Nina & Hayden proud!

KINDNESS NAME GENERATOR

Nina shows us many kinds of kind in the book. Let's explore a few using 1) adjectives as prefixes, 2) kindness super skills, and 3) silly suffixes to make fun words just like Nina does!

Name Generator: Choose one word from each column and create an outstandable kind of kind.

Adjective Prefix	Super Skill	Silly Suffix
happy	protect	aroo
speedy	dream	zee
lucky	share	magoo
magical	hug	adon
funny	friend	ster
wild	lead	ific
mighty	care	tastic
cool	read	imus
lucky	help	asaurus
serious	jump	eree

Look around! Can you spot a serious read-ster or a cool help-adon?

YOUR SPECIAL KIND OF KIND

Now that you have explored some of the many kinds of kind, let's think about what makes YOU special.

Nina wants you to find your own kind of kind, too!

Please call me:

I am kind when I:

I am good at:

I call my kind of kind:

Example: Please call me "Parker". I am kind when I "sweep the floor". I am good at "dancing." My kind of kind sounds like "silly sweeping dancierator!"

Yowweeee! It looks like you just found a power name for your kind of kind! It'll be perfect for your Kindness Character.



KINDNESS CHARACTER CARD GENERATOR

It's time to create your very own kindness:

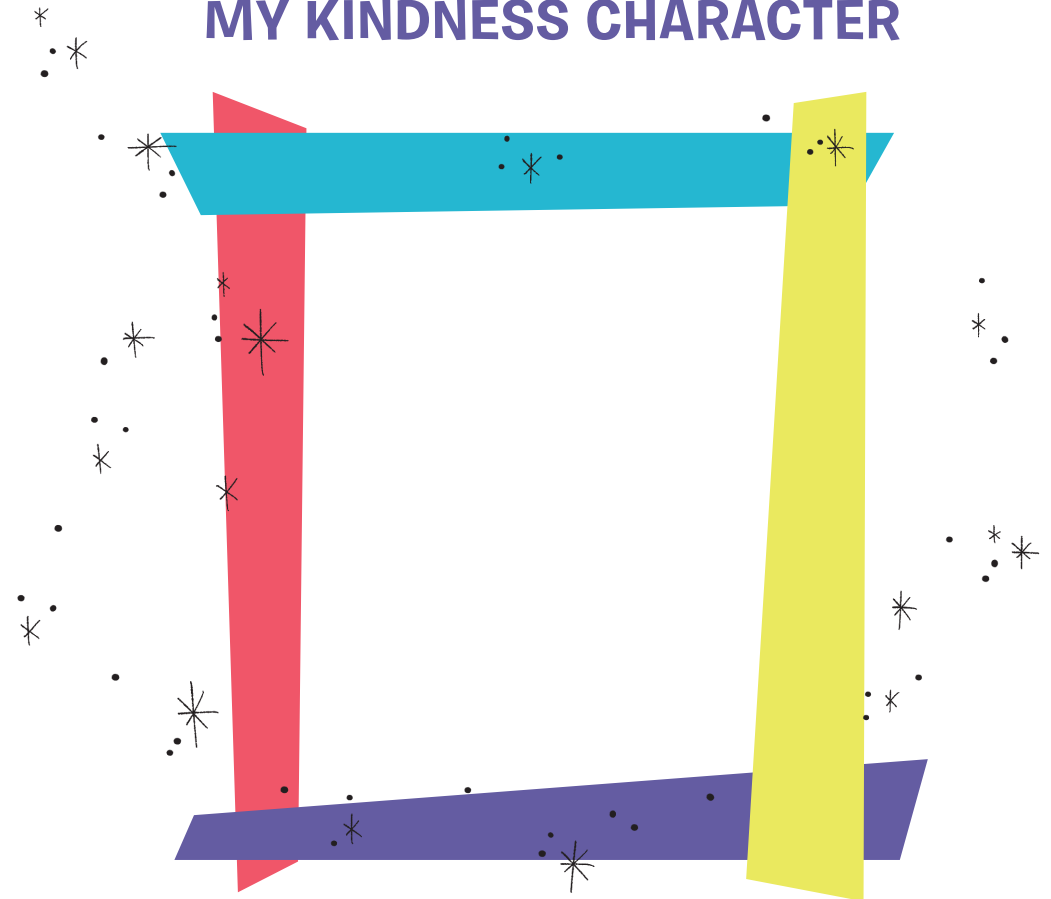
- **Kindness Name:** Luckily you just discovered this above! Write that name down on the right below the frame!
- **Kindness Types:** Action, Service, Voice, & Quiet. Which of these four types best describes your own kind of kind?
- **Experience Level:** How often do you use your kind of kind? If you only use it sometimes it may be a lower number. If you use it everyday it may be higher. What is your current level? Use a scale of 1 to 10.
- **Special Equipment:** What tools do you need to use your kind of kind? This could be anything from your arms that open up wide for the biggest hug to colored pencils you use to write friendly notes.
- **Action:** It's finally time to draw your kindness character! Remember to use lots of colors—just like Nina and Hayden!

What a wonderfuzzle world it could be!

Don't forget to share your Kindness Characters for everyone to see!
You may inspire someone else to discover their own kind of kind.
Keep spreading your kind of kind.

**“The world needs more of YOUR kind of kind.
The world needs more YOU.”**
- **NINA WEST**

MY KINDNESS CHARACTER



Kindness Name:

Kindness Type:

Experience Level:

Special Equipment:

