

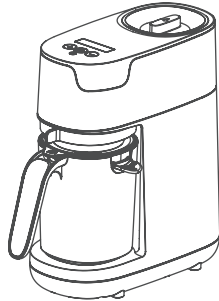


# baby food maker

INSTRUCTIONS FOR USE

## 嬰兒食物蒸煮攪拌器

產品使用說明



### IMPORTANT NOTICE FOR CLEANING AND REASSEMBLY

The blade, sealing ring and locking ring are not dishwasher safe.

If you notice any wear and tear to your unit, discontinue use and contact us at

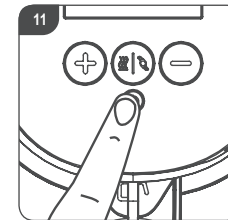
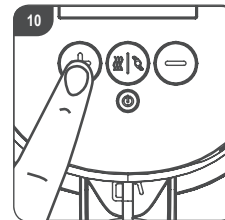
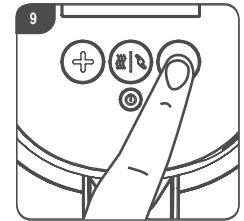
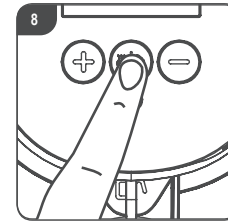
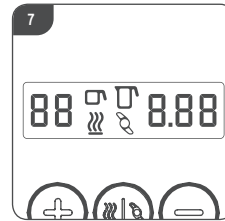
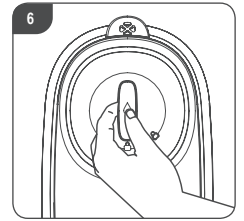
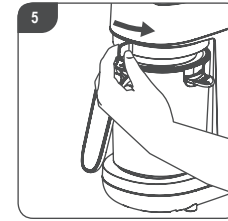
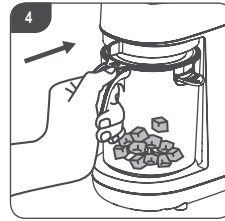
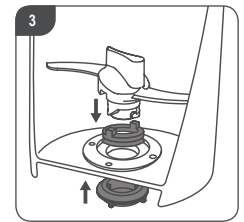
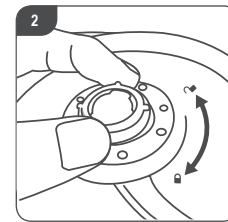
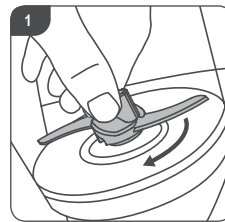
[www.tommeetippee.com](http://www.tommeetippee.com)

### 清洗及組裝重要提示

切割刀片、密封圈及鎖圈不能放於洗碗碟機內清洗

如發現有任何破損，應立即停止使用，並瀏覽

[www.tommeetippee.com](http://www.tommeetippee.com) 與我們聯絡



Mayborn (UK) Limited,  
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Newcastle upon Tyne,  
NE12 8EW, UK

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Made in China.  
Model number: 1156. Voltage:  
220-240V~ 50-60Hz 630W.  
(Steamer:500W) (Blender:130W)



Any questions?  
Visit our website  
[tommeetippee.com](http://tommeetippee.com)



Please read and keep these instructions  
請仔細閱讀並保留此重要的使用說明

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## IMPORTANT WARNINGS!

These instructions can also be found at  
[www.tommeetippee.com](http://www.tommeetippee.com)

**Keep this instruction sheet for future reference as it includes important information.**

This appliance is intended for household use only. Do not use outdoors. Before plugging in the Baby Food Maker for the first time ensure that the voltage is compatible with your electricity supply by checking the label on the base of the unit. Ensure water has been added to the unit before switching the unit on. Do not immerse in water. To protect against fire, electric shock and injury to persons do not immerse cord, plugs or other parts of the unit in water or other liquid. Misuse of the product may result in the risk of fire, electric shock and/or personal injury. Keep the appliance and its cord out of reach of children. Do not let the cord hang over the edge of the kitchen work surface or touch hot surfaces. The product has been fitted with a cord wind on the base of the unit to allow you to adjust the length of the cord safely. It is recommended that the cord be kept as short as possible. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning the use of the appliance by a person responsible for their safety. Children do not understand the dangers associated with operating electrical appliances. Never allow children to use this appliance. User maintenance other than cleaning and descaling is not required for this product. Cleaning and user maintenance shall not be made by children.



**The surfaces will get hot during use.**

The heating element surface is subject to residual heat after use. Do not touch hot surfaces use handles and knobs. When in use the Baby Food Maker contains hot water and steam.

Keep hands away from steam vents as it can cause burns and scalds. Use in a well ventilated area. Be careful if hot liquid is poured into the Baby Food Maker as it can be ejected out of the appliance due to sudden steaming. Ensure that the heating guidelines are followed to ensure that the food is not heated for too long. Always check food temperature before feeding. Always stir heated food to ensure even heat distribution and test the temperature before serving. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. If the supply cord is damaged it must be changed by a qualified person in order to avoid a hazard. Always use on a flat heat resistant kitchen surface. Steam from the daily use of the baby food maker can damage kitchen units, consider positioning the baby food maker below an open area or away from wall units to allow the steam to dissipate into the air. Do not move appliance when in use. Do not place anything on top of the Baby Food Maker. Do not use any accessories other than those supplied with this appliance. Always disconnect the appliance from supply if it is left unattended and before assembling, disassembling or cleaning. Switch off the appliance and disconnect from supply before changing accessories or approaching parts that move in use. Allow to cool before putting on or taking off parts and before cleaning the appliance. Handle the blade carefully as it is extremely sharp. Care shall be taken when handling the sharp blades, when emptying the bowl and during cleaning. Before first use and after every use wash the jug, basket and lid in warm soapy water or use a dishwasher (top shelf only) and dry thoroughly. Wash the blade in warm soapy water and dry thoroughly. The blade is not dishwasher safe. Do not fill above maximum fill level indicated on the product. **CAUTION:** To prevent damage to the appliance do not use alkaline cleaning agents when cleaning, use a soft cloth and a mild detergent.

**Any questions? Visit our website [www.tommeetippee.com](http://www.tommeetippee.com)**

## SET UP (Complete set up section before first using the unit).

Please refer to instructions leaflet before use and remember to clean and descale your unit regularly.

**WARNING!** Handle the blade carefully as it is extremely sharp. Care should be taken when handling the sharp blades, emptying the bowl and during cleaning.

- To remove blade, hold the blade tab inside the unit while turning the locking ring on the bottom of the container. (Pictures 1,2,3) This will remove the locking ring and the blade will split into two parts. To re-assemble, reverse these steps.
- Wash blade, jug, basket, sealing ring and lid in soapy water then dry and reassemble. Place unit on a clean, dry kitchen work surface. Place basket inside jug, place lid on jug in the correct orientation and lock in place using the locking dial (Pictures 4,5).
- Unlock water tank by rotating lid anti-clockwise, fill water tank with 350ml of cold water, replace cap and lock in place. Ensure the water level is not filled above the inside edge of the water tank (Picture 6).
- Plug unit into the mains power supply and turn on the mains. Press the start button to turn on the unit and the LCD display will illuminate (Picture 7).
- Set the steam time to 30 minutes using the + buttons (Pictures 8,10).
- Press the start button to start (Picture 11). The unit will now run the steam cycle automatically.
- When the cycle has finished the unit will beep, the LCD display will turn off.  
Turn off at the power supply, unplug the unit and allow unit to cool completely. Unlock jug and remove residual water and clean jug and steamer basket following instructions in the cleaning section. Discard any remaining water from the water tank by tipping the unit sideways over a sink.
- Wipe unit clean and dry.
- The unit is now ready to use.

## CLEANING & DESCALING

The descaling process will remove deposits of calcium and other minerals in the system that may affect its performance.

### CLEANING

Turn off at the power supply, unplug the unit and allow unit to cool down completely before cleaning. Before first use and after every use wash the jug, lid and basket in warm soapy water or use a dishwasher (top shelf only) and dry thoroughly. Wash the blade, sealing ring and locking ring in warm soapy water and dry thoroughly.

**PLEASE NOTE THE BLADE, SEALING RING AND LOCKING RING ARE NOT DISHWASHER SAFE.**

**WARNING!** Handle the blade carefully as it is extremely sharp. Care shall be taken when handling the sharp blades, emptying the jug and during cleaning.

After every use wipe the jug housing with a damp cloth but do not submerge in water. Do not clean with abrasive cleaners or allow to come in to contact with solvents or harsh chemicals, damage could result.

### DE-SCALING

You should de-scale the water tank of your Baby Food Maker every 4 weeks however if you notice limescale earlier de-scaling may be required sooner. Unplug the unit and allow to cool before cleaning. After each use allow to cool before pouring away remaining water from the water tank by tipping the unit sideways over a sink. A build up of limescale can negatively affect the performance of the unit. Living in a hard water area can produce limescale quicker than other areas therefore descaling is required sooner. Use a descaler that is suitable for use with stainless steel and use as per the manufacturer's guidelines. Alternatively you can use white vinegar to descale your unit, please use as per manufacturer's guidelines. Once you have descaled then follow instructions under set up to perform a final cleaning cycle. You may need to repeat the process if you find that limescale is still present. DO NOT use metal objects or scourers to clean your unit. DO NOT use bleach to clean the unit. DO NOT use abrasive or anti-bacterial materials.

## TROUBLESHOOTING

- Do not use the unit for anything other than the intended use.  
This unit is not suitable for:
  - Cooking rice, noodles and pasta
  - Heating liquids, soup or water
  - Chopping hard ingredients such as ice cubes and sugar lumps
  - Cooking frozen foods
  - Defrosting and reheating food or keeping food warm
  - Heating baby food jars
  - Heating bottles
- Do not use before water tank is filled with water, unless using the blend only cycle.
- During the automatic steam and blend cycle, the blades will turn to circulate the food. The unit is designed to do this and is a normal part of cycle.
- Once a steam and blend, steam only or blend only cycle has been set, if the jug has not been assembled correctly and the start button is pressed to start a cycle, a beep will sound.
- The unit will not start operating if the lid is not placed on the jug before locking into place, if the lid has not been placed on the jug in the correct orientation or if the basket has not been placed in the jug correctly.
- If the jug is loosened or removed from the unit during a cycle, it will automatically stop and a beep will sound. The cycle will be paused and the unit will return to standby state until the jug is put back and fixed in place, to continue the cycle, press the start button.
- (E1) In the unlikely event that the water tank boils dry during steaming the unit will beep and the LCD will display error E1. If this occurs you will need to re-start the cycle and replace the food. Unplug the unit, allow the unit to stand for 2 minutes before filling the water tank with 350ml of cold water. Re-set cycle following the instructions in the usage section.
- Quickly set the timer by holding down the + and - buttons (Pictures 9 and 10).
- If you find that your machine is not working as efficiently as it was, we would recommend carrying out the descaling process as there may be a build-up of limescale.
- Do not use the Baby Food Maker without food in the jug or steaming basket. If this happens press the cancel button.
- (E2) If you use the smart memory function but have changed the lid orientation between uses, the unit will beep and the LCD will display error message E2. You will need to reset the unit, previous setting will be lost and you will be required to re-input the steam/ blend time.

Information on the disposal for Waste Electrical & Electronic Equipment (WEEE) This symbol on the products and accompanying documents means that used electrical and electronic products should not be mixed with general household waste. For proper disposal for treatment, recovery and recycling, please take these products to designated collection points where they will be accepted on a free of charge basis. In some countries you may be able to return your products to your local retailer upon the purchase of a new product. Disposing of this product correctly will help you save valuable resources and prevent any possible effects on human health and the environment, which could otherwise arise from inappropriate waste handling. Please contact your local authority for further details of your nearest collection point for WEEE. Penalties may be applicable for the incorrect disposal of this product in accordance with national legislation. The product is fitted with a BS 1363 mains plug containing a 5A fuse. If it ever becomes necessary to replace the fuse, only use fuses that are marked BS 1362, and rated at 5A. In the unlikely event that this plug is not suitable for the sockets in your home, it should be removed and a suitable plug fitted as follows: The wires of the mains lead are coloured in accordance with the following code: GREEN AND YELLOW – EARTH. BLUE – NEUTRAL. BROWN – LIVE As these colours may not correspond with the coloured markings sometimes used to identify the terminals in the plug, connect as follows. The wire coloured GREEN AND YELLOW must be connected to the terminal marked E or by the earth symbol or coloured GREEN or GREEN AND YELLOW. The wire coloured BLUE must be connected to the terminal marked N or coloured BLACK. The wire coloured BROWN must be connected to the terminal marked L or coloured RED. If you are in any doubt about how to wire a plug or replace a fuse safely, consult a qualified electrician.



## USAGE

**For your child's safety always check food temperature before feeding**

This unit can steam and blend vegetables, fruits (peeled and cored/pips removed), meals and fish (with bones removed). All food must be diced into approximately 1-2cm cubes before being placed into the jug or basket for cooking. Cooking times can be found in these instructions and for recipes visit tommeetippee.com. During the steaming process hot steam passes through the vent at the back of the unit. Position this unit away from walls and make sure it is not underneath any overhanging shelves or cabinets.

- Place unit on a flat dry kitchen work surface. Place jug or basket with diced food in unit (4) and lock in place using the locking dial (5). Steam no more than 200gms in one cycle. Fill water tank with 350ml of cold water and replace the cap (6).
- Plug unit into mains power supply, the unit will beep. Press the start button to turn on the unit. The LCD display will illuminate.
- CYCLE OPTIONS

- TO SET AN AUTOMATIC STEAM TO BLEND CYCLE: Use jug with no basket, ensure correct lid orientation.
  - Press the mode button and choose steam option. Set the steam time using the +/- buttons. Maximum steam time of 30 minutes.
  - Press the mode button and choose blend option. Set the blend time using the +/- buttons. Maximum blend time of 2 minutes.
  - Press the start button to start. The unit will now run the steam and blend cycle automatically.

When setting the automatic cycle, the blend time can be set first, but the unit will always start with the steam cycle first. During the automatic steam and blend cycle, the blades will rotate once every 2 minutes to move food around the container. When cooking meat, it is extremely important to pause the unit every 10 minutes and stir food thoroughly. This is to ensure even cooking.

- STEAM AND BLEND WITH BASKET: Reduced water for a chunkier texture.

- Ensure the food is placed in the steaming basket, the lip of the basket is resting in place on the edge of the jug and the lid is in the correct orientation. (see parts guide)

- Set the steam time using the +/- buttons. Maximum steam time of 30 minutes.

- Press the start button to start. The unit will now run a steam cycle.

- Wait for the steam basket to cool, unclip the lock and remove from the unit. Remove the water from the jug then transfer the steamed food into the jug. Ensure the lid orientation is changed to show the food is now in the jug.

- Press the mode button and choose the blend option, set the blend time using the +/- buttons. Maximum blend time of 2 minutes.

- Press the start button to start. The unit will now start a blend cycle.

- TO SET A STEAM ONLY CYCLE: Our recommendation is to use the basket, especially for stage 2 and 3 where a chunkier texture is required. Please ensure lid is in the correct orientation.

### STEAMING WITHOUT BASKET

- Press the mode button and choose the steam option, set the steam time using the +/- buttons. Maximum steam time of 30 minutes.

- Press the start button to start. The unit will now run a steam cycle.

### STEAMING WITH BASKET

- Set the steam time using the +/- buttons. Maximum steam time of 30 minutes.

- Press the start button to start. The unit will now run a steam cycle.

- TO SET A BLEND ONLY CYCLE: Use the jug with no basket, ensure correct orientation with lid.

- Press the mode button and choose blend option. Set the blend time using the +/- buttons. Maximum blend time of 2 minutes.

- Press the start button to start. The unit will now run a blend cycle.

To control the texture of the food a pulse blend can be set. Press the start button, then mode, choose the blend only option, select the time (using 5 second intervals), press start. The unit will pulse once. Repeat the above process for a further pulse.

- When the cycle has finished the unit will beep, the LCD display will turn off.

During steaming water will collect in the jug. In stage 1 weaning, where food consistency should be a smooth puree we recommend that you stir in this nutrient rich water. In later weaning stages, when thicker textures are required we would recommend removing some/all of this water depending on your baby's preference. Steam and blend separately with the addition of the steam basket and there will be no water mixed with the food. Leave the unit to stand for 2 mins before unlocking jug and decanting food into storage. Take care when removing the jug and lid as steam may still be present and jug hot to touch.

- Turn unit off at the power supply and unplug the unit. Disassemble blade from the jug and wash all parts in warm soapy water.
- If preparing another batch of food straight away, make sure that you top up the water tank with more water. You must wait for the unit to cool before topping up the water tank.

## EXTRA FUNCTIONS

### PAUSE

To pause while mid cycle, press and hold the mode button for three seconds until the unit beeps. The LCD will flash. This will pause the cycle indefinitely. The jug can be removed during this time however it will be hot so wait until it is cool. Press the start button to continue the cycle.

### CANCEL

To stop a cycle while mid cycle, press the start button for three seconds until unit turns off.

### SMART MEMORY FUNCTION

If using the Baby Food Maker again within 30 minutes of the last use you can press the start button to switch the unit on, then press and hold "+" and "-" button at the same time, press the start button again and it will repeat the last cycle. Please note that the smart memory function cannot be used with 3.2 Steam and Blend with basket.

### STEAMING TIMES

All times are approximate per 200gms. Steam no more than 200gms in one cycle. The MAX fill line on the jug should not be exceeded when using a blend only cycle. Always check food is cooked and food temperature before feeding.

VEGETABLES	FRUIT	MEAT
Potatoes 15min	Apple 10min	Fish 15min
Carrots 15min	Pear 10min	Chicken 25min
Broccoli 15min	Oranges 10min	Veal / Beef 25min
Courgette 15min	Peach 10min	
auliflower 15min	Plum 10min	
Pumpkin 15min		

When cooking meat, it is extremely important to use the steaming basket only. Pause cooking every 10 minutes and stir food thoroughly to ensure even cooking.

### BLENDING TIMES

The unit can be set to different times to control the texture of the food. These times can be used as a guide to achieve different consistencies for each weaning stage.

#### STAGE ONE

When introducing first tastes food needs to be pureed. Blend for ~ 2 minutes to get a smooth consistency.

#### STAGE TWO

Here you can start experimenting with a combination of flavours that are smooth lumpy chunks. Blend for ~ 20 – 30 seconds.

#### STAGE THREE

Now they can eat bigger portions with a chunky texture. Blend for ~ 4-10 seconds.

The water that collects in the jug when using the jug to steam and blend is nutrient rich and can be kept for a smoother consistency. When preparing food for latter stages our recommendation is to use the separate steam and blend mode with the jug and basket to create a chunkier texture with less water. If your preferred option is to use the automatic steam and blend function with the jug then the water can be discarded to allow for a chunkier texture. (Blend times outlined are approximate).

**To help with your weaning journey find more information about the Tommee Tippee Baby Food Maker, and recipes at [www.tommeetippee.com](http://www.tommeetippee.com)**

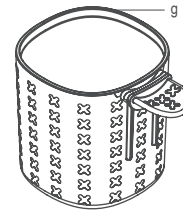
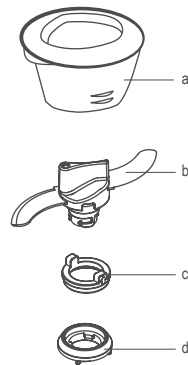
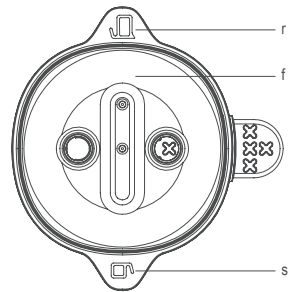
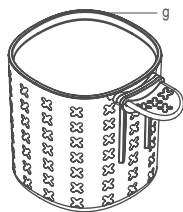
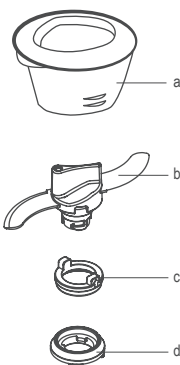
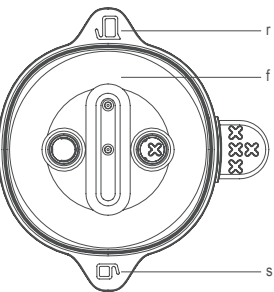
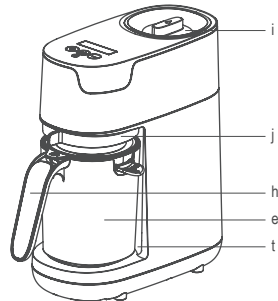
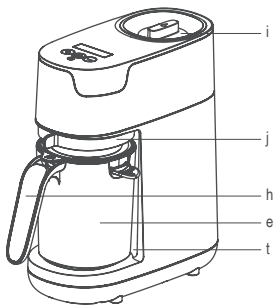
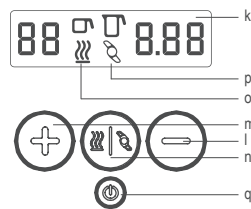
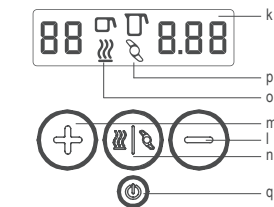
Department of health recommends that solid food should not be introduced before 6 months. Although you can start earlier (but not before 4 months) if advised by your health visitor or GP.

- a. Storage pot
- b. Blade
- c. Sealing ring
- d. Locking ring
- e. Jug
- f. Jug lid
- g. Steaming basket
- h. Integrated spatula
- i. Water tank and cap
- j. Locking dial
- k. LCD display
- l. Time setting -
- m. Time setting +
- n. Mode button (steam, blend, steam and blend)
- o. Steam icon
- p. Blend icon
- q. Start button
- r. Jug symbol (lid)
- s. Steaming basket symbol (lid)
- t. Jug housing

Note: If using the jug only orientate the jug lid so the jug symbol r. is facing forwards.  
If using the jug and basket orientate the jug lid so the basket symbol s. is facing forwards.

- a. 食物盒
- b. 切削刀片
- c. 密封圈
- d. 鎖圈
- e. 容器
- f. 容器蓋
- g. 小蒸煮籃
- h. 抹刀
- i. 水箱及蓋
- j. 鎖盤
- k. LCD液晶顯示
- l. 時間設定 -
- m. 時間設定 +
- n. 模式按鈕 (蒸煮, 攪拌, 蒸煮及攪拌)
- o. 蒸煮圖示
- p. 攪拌圖示
- q. 啟動按鈕
- r. 容器符號
- s. 小蒸煮籃符號
- t. 容器固定位

注意: 如只使用容器, 蓋上容器蓋時, 請將蓋上的容器符號 (r.) 向外與手柄的位置一致。  
如同時使用容器及小蒸煮籃, 蓋上容器蓋時, 請將容器蓋上的小蒸煮籃符號 (s.) 向外與手柄的位置一致。



**重要警告!**

你亦可於 [www.tommeetippee.com](http://www.tommeetippee.com) 找到此說明書。

**此說明書內有重要資訊, 請小心保存, 以作日後參考。**

本產品只供家居使用, 請勿在戶外使用。將產品接上電源前, 請檢查你家居的電壓是否與顯示在食物蒸煮攪拌器底部的電壓一致。開始使用前, 請確認已將清水倒入產品的水箱內。請勿把蒸煮攪拌器浸於水中, 為免造成火災、觸電及危害他人, 請勿將電線、插頭及蒸煮攪拌器浸於水或任何液體中。不適當使用本產品, 會產生火災、觸電及受傷等危險。請確保此產品及電線遠離兒童。請勿將電線懸掛在廚房工作檯面的邊緣或接觸高溫表面。本產品的電線可繞在底部, 方便安全地調校電線的長度。我們建議電線的長度應保持越短越好。本產品不適合生理、感官或精神有殘障、或缺乏經驗及知識 (包括兒童) 的人仕使用, 除非有負責他們安全的人仕, 從旁監督或指導下才可使用本產品。兒童未能瞭解有關操作電器的風險。切勿讓兒童使用本產品。除清潔及除垢外, 本產品不需其他特別的保養工序。清潔及除垢工序不應由兒童進行。

**使用時, 本產品的表面會變熱。**

使用後, 產品的發熱部份會有餘熱。



不要觸摸變熱的表面。請利用手柄及旋鈕。當本產品在運作時, 會產生熱水及蒸氣。雙手應遠離排氣孔免被蒸氣燙傷。請在通風良好的地方使用本產品。如需注入熱的液體入蒸煮攪拌器內, 請小心。因為突然的蒸汽會令熱的液體從蒸煮攪拌器噴出。請依照說明書上的指示操作此產品, 以確保食物不會加熱太長時間。餵食前請檢查食物溫度。將食物攪拌以確保平均受熱, 在餵食前要測試食物溫度。如發現產品的電線或插頭有損壞, 或產品發生故障, 應立即停止使用。電線如有損壞, 應立即聯絡合資格的電器技師維修或更換, 以免發生危險。請在耐熱的平面上使用本產品。蒸煮攪拌器在運作時會產生大量蒸氣, 可能會損壞周邊的廚具設施。建議將產品放置在沒有遮掩的地方或遠離牆壁, 以使蒸汽消散。請不要移動運作中的蒸煮攪拌器。請勿在蒸煮攪拌器上置放任何物件。除了本產品提供的配件外, 請勿使用其他配件。在無人使用時, 或需要組裝、清洗或拆除配件前, 請先切斷蒸煮攪拌器電源。更換配件及接觸切削刀片前, 請關掉及切斷蒸煮攪拌器電源。

請讓蒸煮攪拌器冷卻後才清洗或安裝及拆除配件。切削刀片非常鋒利, 接觸時請小心。當處理鋒利的切削刀片時、或把食物從容器倒出來或清洗容器時都要小心。首次使用前及每次使用後, 請用溫水加清潔劑清洗容器及蓋子, 或可放在洗碗碟機上層清洗。清洗後, 請徹底弄乾。用溫水加清潔劑清洗切削刀片、密封圈及鎖圈並徹底弄乾。切削刀片並不能放於洗碗碟機內清洗。食材不可超過容器上“MAX”的標示。**注意:** 清潔機座時, 請勿使用鹼性清潔劑。請使用軟布和溫和的清潔劑。**如有疑問, 請瀏覽[www.tommeetippee.com](http://www.tommeetippee.com)**



**設定 (首次使用前, 請依照以下的指示完成設定步驟)**

**使用前, 請細閱說明書上的指示, 並緊記定期清潔及為蒸煮攪拌器除垢。**

**警告!**

**切削刀片非常鋒利, 接觸時請小心。當處理鋒利的切削刀片、或把食物從容器倒出來、或清洗容器時都要小心。**

- 要拆除切削刀片, 按著切削刀片上突出的小片, 同時逆時針方向轉動在容器底部的鎖圈, 令刀片及鎖圈分開。(圖1, 2, 3)  
要重新組裝時, 把切削刀片放入容器內並順時針方向轉動在容器底部的鎖圈。
- 用溫水加清潔劑清洗容器、蓋子及切削刀片, 然後弄乾及組裝。將產品置放在清潔及乾爽的桌面上。把小籃子放入容器內, 蓋上蓋時請確認方向正確, 然後轉動鎖鑰把容器鎖緊。(圖4, 5)
- 逆時針方向轉動打開水箱的蓋子, 注入350毫升冷水入水箱內。然後蓋上蓋, 順時針方向轉動鎖緊蓋子。請確保水位不要超過水箱內的邊緣。(圖6)
- 將蒸煮攪拌器接上電源。按下啟動按鈕, 啟動蒸煮攪拌器, LCD液晶顯示會亮起。(圖7)
- 然後按“+”按鈕, 把蒸煮時間設定至30分鐘。(圖8, 10)
- 按下啟動按鈕(圖11), 蒸煮攪拌器便開始運作。蒸煮過程便會自動開始。
- 蒸煮完成後, 蒸煮攪拌器會發出“嗶”聲; LCD液晶顯示亦會關上。把電源關上, 拔除插頭並讓蒸煮攪拌器完全冷卻。把容器從蒸煮攪拌器內取出, 倒去容器內的水並依照“清洗”指示清洗容器及小蒸煮籃。把水箱內餘下的水倒去。
- 將蒸煮攪拌器抹乾。
- 蒸煮攪拌器已可預備使用。

**清洗及除垢**

**除垢可把影響蒸煮攪拌器功能的鈣及其他礦物質沉積物除去。**

**清洗**

把電源關上, 拔除插頭並讓攪拌器完全冷卻後才開始清洗。首次使用前及每次使用後, 請用溫水加清潔劑清洗容器及蓋子, 或可放在洗碗碟機上層清洗。清洗後, 請徹底弄乾。用溫水加清潔劑清洗切削刀片、密封圈及鎖圈並徹底弄乾。

**請注意切削刀片、密封圈及鎖圈不能放在洗碗碟機清洗。**

**警告! 切削刀片非常鋒利, 接觸時請小心。當處理鋒利的切削刀片、或把食物從容器倒出來、或清洗容器時都要小心。**

每次使用後, 用濕布抹淨機身, 但不要浸入水中。請勿用具磨損性之清潔劑清洗, 或接觸帶有刺激性的溶劑及化學品, 產品可能會受損。

**除垢**

我們建議每四星期為蒸煮攪拌器進行除垢。如水垢問題嚴重, 可能需要提前進行除垢。每次使用後, 請待蒸煮攪拌器完全冷卻後才倒去水箱內剩餘的水。拔除電源插頭並讓蒸煮攪拌器完全冷卻後才開始清洗。水垢積聚會影響蒸煮攪拌器功能。如居住地方的食水是硬水, 可能會較快出現水垢, 需要較頻密清潔水垢。請使用適合不銹鋼使用的除垢劑並依照生產商的使用說明除垢。或可使用白醋除垢。使用時, 請依照生產商的說明使用。當除垢完畢後, 請按“設置”指引, 重新設置蒸煮攪拌器一次。如發現未能完全清除水垢, 可能需要重覆除垢的工序。請勿使用金屬刷用品刷洗產品。請勿使用漂白劑清潔蒸煮攪拌器。請勿使用具磨損性或抗菌功能的清潔劑。

**使用**

**為寶貴安全, 餵食前必須先檢查食物的溫度。**

此產品可蒸煮及攪拌蔬菜、水果(已去皮及去芯/去核的)、肉類及魚類(已去骨的)。所有食材都須預先切成約1-2厘米的小塊, 才放入容器或小蒸煮籃內蒸煮。蒸煮時間可參考“蒸煮時間”一欄或在tommeetippee.com網站內的食譜找到。在蒸煮過程中, 高溫的蒸氣會通過蒸煮攪拌器背部的排氣口排出。使用時, 請將攪拌器背部遠離牆壁及確定不要放在櫃懸掛式的架子或櫥櫃的下面。

**檢修故障**

- 除了指定的用途外, 蒸煮攪拌器不應被用作其他用途。  
此產品不適用於:
  - 蒸煮白飯、麵條及意大利麵
  - 加熱液體、湯或水
  - 切碎堅硬的食材如冰塊及糖塊
  - 烹煮冷凍食材
  - 為食材解凍及加熱或保溫食材
  - 加熱嬰兒食物瓶
  - 加熱奶瓶
- 在水箱未有注入水之前, 不要使用, 除非只使用攪拌功能。
- 在自動蒸煮攪拌過程中, 切削刀片會轉動攪動食材。這是正常的。
- 不論是蒸煮攪拌功能、只蒸煮或只攪拌功能設定之後, 如容器未有被鎖緊, 當按下啟動按鈕啟動時, 會發出“嗶”聲。
- 如容器的蓋未有放在正確的方向或未有鎖緊在攪拌器內, 或小蒸煮籃未有正確地放置在容器內, 攪拌器則不能開始運作。
- 如容器在運作過程中被鬆開或移走, 攪拌器會自動停止運作並發出“嗶”聲。攪拌器便會進入待機狀態, 預設的運作時間會暫停, 直至容器被正確放回及鎖緊在攪拌器內。之後可按下次啟動按鈕繼續運作。
- 萬一水箱內的水在蒸煮過程中煮乾了, 蒸煮攪拌器會發出“嗶”聲, 並顯示“E1”在LCD液晶顯示上。如發生此情況, 需要重新開始及放入食材。請先拔除插頭, 讓蒸煮攪拌器閒置2分鐘, 之後注入350毫升冷水入水箱內。依照“使用”說明重設蒸煮過程。
- 要加快設定時間, 可按著+及-按鈕, 直至達到所需時間。(圖9, 10)
- 如您發現蒸煮攪拌器的運作效率降低, 我們建議進行一次除垢程序, 因為累積的水垢會影響產品運作。
- 在容器或小蒸煮籃沒有食物的情況下, 請勿開始運作攪拌器。如果有需要, 可按啟動按鈕取消運作。
- 如果使用智能記憶功能, 但在兩次使用之間轉換過容器蓋的方向, 蒸煮攪拌器會發出“嗶”聲並顯示“E2”在LCD液晶顯示上。這樣, 你需要重新設定蒸煮/攪拌時間; 而上一次的設定亦會取消。

關於棄置電器及電子設備 (WEEE) - 這個在產品及附帶文件上的符號代表舊的電子及電器產品不應跟其他一般生活垃圾混合。要妥善處理, 回收和循環再造, 請把此產品送到指定的收集站。有一些國家, 當你購買新電器時, 可以把舊電器退回零售商。正確棄置此產品可幫助保護寶貴的資源及防止影響人類健康及環境。請聯絡當地的政府詢問關於就近的廢棄電器及電子設備 (WEEE) 的收集站。在某些國家, 如不正確棄置電器及電子產品有可能會被罰款。請聯絡當地政府, 查詢有關詳情。此產品的電源插頭是BS1363配有5A保險絲。如果必需更換保險絲, 只可使用標明BS1362及5A的保險絲。

如插頭不適合你的插座, 請先移除及安裝合適的插頭如下: 接線的顏色有以下不同的代碼:

綠色及黃色 - 地線

藍色 - 水線

棕色 - 火線

由於接線顏色可能會與插頭上的顏色標示不一樣, 因此請根據以下指示連接插頭。綠色及黃色的電線必須連接插頭上標示為 E / 地球符號/綠色/綠色及黃色的位置。而藍色的電線必須連接插頭上標示為 N / 黑色的位置。棕色的電線必須連接插頭上標示為 L / 紅色的位置。如果你對連接插頭或對更換保險絲有任何疑問, 請諮詢合資格的電器技師。

- 把蒸煮攪拌器放在耐熱的平面上使用。把已切好的食材放入容器或小蒸煮籃內(圖4)。轉動鎖鑰把容器鎖緊(圖5)。每次不要蒸煮多於200克的食物。注入350毫升冷水入水箱內, 然後蓋上蓋(圖6)。
- 將蒸煮攪拌器接上電源, 蒸煮攪拌器會發出“嗶”聲。按下啟動按鈕, 啟動攪拌器。LCD液晶顯示會亮起。
- 運作模式選項
- 設定自動蒸煮及攪拌模式  
拿走容器內的小蒸煮籃, 並確保蓋子擺放方向正確。
  - 按下“模式按鈕”, 並選擇蒸煮選項。按+/-按鈕, 設定蒸煮時間。最長蒸煮時間為30分鐘。
  - 按下“模式按鈕”, 並選擇攪拌選項。按+/-按鈕, 設定蒸煮時間。最長攪拌時間為2分鐘。
  - 按下啟動按鈕, 蒸煮攪拌器便開始運作。攪拌器會自動開始蒸煮及攪拌過程。設定自動運作模式時, 可以先設定攪拌時間, 但攪拌器仍會先進行蒸煮過程。在自動蒸煮及攪拌模式運作期間, 切削刀片會每2分鐘轉動一次以確保食物不會聚積在容器的某一處。蒸煮肉類時, 最重要的是每隔10分鐘將蒸煮攪拌器暫停一下, 把容器取出及將食物攪拌, 這樣能確保肉類煮熟。
- 蒸煮及攪拌時使用小蒸煮籃: 能減少水份, 製作質感較厚實的食物。
  - 請確保食材放在小蒸煮籃內, 小蒸煮籃的把手扣在容器邊緣, 並確保蓋子方向正確。(請參考組件指南)
  - 設定蒸煮時間, 按+/-按鈕, 設定蒸煮時間。最長蒸煮時間為30分鐘。
  - 按啟動按鈕, 蒸煮攪拌器便開始蒸煮食物。
  - 待小蒸煮籃冷卻, 鬆開扣在容器邊緣的把手, 把小蒸煮籃取出。倒去容器內的水, 並將已蒸熟的食材倒入容器內。蓋上蓋子時, 請確定蓋子的方向正確。
  - 按“模式按鈕”, 選擇攪拌選項。按+/-按鈕, 設定攪拌時間。最長攪拌時間為2分鐘。
  - 按啟動按鈕, 蒸煮攪拌器便開始攪拌食物。
- 只設定蒸煮模式: 我們建議使用小蒸煮籃, 尤其是第2和第3斷奶階段時, 食物的質感要厚實一點。請確保蓋子擺放方向正確。  
蒸煮時取出小蒸煮籃
  - 按下“模式按鈕”選擇蒸煮選項。按+/-按鈕, 設定蒸煮時間。最長蒸煮時間為30分鐘。
  - 按下啟動按鈕, 蒸煮攪拌器開始蒸煮食物。  
蒸煮時使用小蒸煮籃
    - 選擇蒸煮選項, 按+/-按鈕, 設定蒸煮時間。最長蒸煮時間為30分鐘。
    - 按啟動按鈕, 蒸煮攪拌器開始蒸煮食物。
- 只設定攪拌過程: 請拿走容器內的小蒸煮籃, 確保蓋的方向正確。
  - 按啟動按鈕, 並選擇攪拌設定。按+/-按鈕, 設定蒸煮時間。最長攪拌時間為2分鐘。
  - 按下啟動按鈕, 蒸煮攪拌器便開始攪拌食物。  
要控制食物的質感, 可以設定快速的攪拌時間。按下啟動按鈕, 選擇攪拌模式, 設定時間(使用5秒鐘間隔), 按啟動按鈕, 蒸煮攪拌器便會攪拌一次。如需重再攪拌, 只需重覆以上步驟。
- 當蒸煮攪拌完成後會發出“嗶”聲, LCD液晶顯示亦會熄滅。在蒸煮過程中, 產生的蒸餾水會收集在容器內。斷奶初期的食物, 一般都是幼滑的泥糊, 我們建議可以將食物跟這些營養豐富的水份一起攪拌。斷奶期的後期, 需要質感較厚實一點的食物, 我們建議可以根據寶貴的喜好, 可保留少量水份或把水份瀝乾。利用小蒸煮籃將食材分開蒸煮及攪拌, 水份便不會與食物混合。待2分鐘後才把容器從攪拌器內取出並將食物倒出儲存。取出容器時請小心, 因蒸氣可能還未消散及容器還是很燙。
- 關上蒸煮攪拌機及拔除插頭。從容器中把切削刀片拆下, 並把各組件用溫水加清潔劑清洗。
- 如要立即預備另一批食物, 請確保重新注滿水箱。在裝滿水箱之前, 必須等待攪拌器冷卻。

**附加功能**

**暫停**

要在運作中途暫停, 請按下模式按鈕3秒, 直至聽到“嗶”聲。啟動按鈕會閃動, 運作會無限期地暫停。這時可以把容器在攪拌器內取出, 但容器可能會很熱, 請先讓容器冷卻後才取出。要繼續運作, 請放回容器, 再按下啟動按鈕。

**取消**

要停止運作, 按著啟動按鈕3秒, 直至攪拌器關掉。

**智能記憶功能**

如在30分鐘內再次使用蒸煮攪拌器, 您可以按啟動按鈕啟動蒸煮攪拌器, 然後同時按下“+”及“-”按鈕, 再按一下啟動按鈕, 便可重覆上一次的設定。請留意智能記憶功能不適用於3.2蒸煮及攪拌時使用小蒸煮籃的設定。

**蒸煮時間**

以下是根據大約200克食材所需之蒸煮時間, 每次不要蒸煮超過200克食材。當使用攪拌功能時, 容器內的食材不可超過“MAX”的標示。餵食前要檢查食物是否已煮熟及測試食品溫度。

蔬菜	水果	肉類	
土豆	蘋果	魚	15分鐘
胡蘿蔔	梨	雞肉	25分鐘
西蘭花	橙	牛肉	25分鐘
翠玉瓜	桃		
椰菜花	李子		
南瓜	15分鐘		

蒸煮肉類時, 每隔10分鐘把攪拌器暫停一下, 把容器取出及將食物徹底攪拌, 這樣能確保肉類煮熟。

**攪拌時間**

攪拌器可設定不同的攪拌時間以控制食物的質感。你可參考以下指引為不同的質感食物。

**第一階段**

最初期給實實的食物應該是幼滑糊狀。可將食材攪拌約2分鐘的時間以達至幼滑質感。

**第二階段**

可嘗試給實實一些幼滑帶粗粒的食物, 將食材攪拌20至30秒。

**第三階段**

實實可以吃較厚實質感的食物, 將食材攪拌4-10秒便可。

蒸煮後, 食物內會收集了蒸煮時產生的水份。這些水份含有豐富的營養, 如想食物質感較幼滑, 可保留水份。斷奶期的後期, 我們建議利用小蒸煮籃將食物分開蒸煮及攪拌, 食物便不會混合水份, 食物質感會較厚實。如果你所選擇的是自動蒸煮及攪拌功能, 可以先把水份倒去, 並根據上面的建議攪拌時間製作出較厚實質感的食物。

**詳細產品資訊及食譜, 歡迎瀏覽www.tommeetippee.com了解更多。**

衛生署建議在幼兒6個月前不應引入固體食物。但如果您已得到的健康護理人員或家庭醫生建議, 您亦可以提前(但在不是4個月之前)開始。

